



Welcome back to Active Leeds



We are now ready to welcome back customers into our leisure centres, and it's been great to see so many of you 'Make the Comeback with Active Leeds. You will notice that some things may have changed since your last visit!

Before you look to book, join or attend a session in any of our leisure centres, please read this document carefully. It provides you with all the information you need to know before safely returning to an Active Leeds leisure centre.

We've made some changes!

We have been working hard to make sure you can return to Active Leeds, but what are we doing to keep you safe?

- All sessions are to be booked and paid for in advance.
- Numbers for sessions are reduced to help with social distancing.
- Please arrive to site 5 minutes before your session time.
- When you arrive at a leisure centre, you will notice that social distancing measures are in place.
- Signage has been installed in all sites to help guide you safely through your visit.
- Protective screens have been installed in reception areas.
- Members of staff are present in reception to advise and guide you through your visit.
- One way systems are in operation and we have new exit points to avoid congestion in corridors and narrow spaces.
- Towels are only allowed in spin rooms and group exercise activities, they are not permitted in gyms. Towels must be kept with you at all times and stored in a plastic bag. Your chosen site will allocate a space for you to store any outdoor clothing.
- Some group exercise sessions may have been moved to different areas to support social distancing.
- If attending a group exercise session, please bring your own mat or yoga block. Mats can be purchased at reception.
- Equipment in the gym has been reduced to assist with social distancing and cleaning.
- Hand sanitising stations are available throughout the centre.
- Cleaning materials are available for you to clean equipment before and after use.
- Staff are cleaning all equipment between sessions.
- Staff have been trained to provide the support you require to enjoy your visit in a safe and clean environment.

How to book, pay and attend a gym or group exercise session

Following the issuing of Government guidelines, we are introducing new temporary measures to provide customers with fair access to activities. Careful consideration has been given to ensure you enjoy your visit. Please work with us as we reopen leisure centres and be patient. Respect Active Leeds staff, as well as your fellow customers.

- You can book a session through the Active Leeds website or App. You need to register to book online, if you haven't already done so. No bookings or walk-ins at site are being allowed.
- Bookings can be made up to 9 days in advance, but initially customers are limited to an average of 9 visits in any rolling 9 day period.
- If you need to cancel a booking, please do so at least 24 hours before your booking and re-book your session. This provides time for other customers to book
- All sessions are for a maximum of up to 60 minutes and a minimum of 45 minutes. There will be a minimum 15 minute break between sessions to allow for cleaning of equipment.
- Time is limited to 15 minutes maximum on any piece of equipment
- You should arrive no more than 5 minutes before the start of your session. Should you arrive early, please wait in your car or outside the building, whilst maintaining a safe distance from other customers.
- Some equipment is out of use in the gym and is clearly marked. Please avoid using this equipment, wait until other equipment becomes available.
- Spaces have been marked out for group exercise classes. Please keep within your marked area.
- You should clean all equipment before and after use. Cleaning materials are available.
- Blue roll is available for all customers and should be disposed of in the bins provided. Personal towels are not permitted for reasons of hygiene.
- Water fountains are not in use, so please bring your pre-filled water bottles.

When you return, please remember.

- Clean your hands regularly for at least 20 seconds with soap and water or sanitiser.
- Clean all equipment before and after use with disinfectant and blue roll. Dispose of the blue roll in the nearest bin.
- Cough or sneeze into your elbow or a tissue. Dispose of the tissue in a bin and wash your hands.
- Maintain social distancing.
- Follow directional and instructional signage and one-way systems.
- Respect our staff and any requests they make.
- Respect fellow customers.

Accessibility

- Should you have any additional needs and need support accessing our facilities and / or are unsure how this guidance affects your ability to access our facilities, please contact the centre before your visit.

Feeling Unwell

- Please do NOT visit one of our sites if:
 - You are showing any symptoms of Covid-19 i.e. you have a new continuous cough OR fever OR loss of/change in smell or taste
 - You are in self-isolation or in the “shielded” category.
- Should you test positive for Covid-19 following a visit to one of our sites, please contact the NHS Track and Trace team

Further information

To keep up to date with all the latest news from Active Leeds, visit our website at <https://active.leeds.gov.uk/home/alert> or download our app, making sure you have notifications switched on. And you can also follow us on any of our social media channels, sharing your thoughts and experiences on returning to Active Leeds.