

Gym code of conduct

To ensure the enjoyment of all customers the code of conduct show below must be followed.

- All customers must have an induction.
- Induction/membership cards must be swiped at the centre's main reception, prior to entering the gym. Be prepared to show your valid receipt on entry to the gym.
- No spectators are allowed in the gym environment.
- All bags and valuables must be left in a locker.
- The use of mobile phones is not permitted whilst using any equipment.
- Safe and appropriate sports wear, including footwear must be worn at all times.
- Strictly no glass bottles or cans allowed in the gym. Plastic drink bottles are allowed.
- No food is to be consumed in the gym.
- The use of alcohol or illegal drugs is strictly forbidden.
- Leeds City Council operates a zero tolerance policy for foul and abusive language towards staff or customers.
- Please respect the equipment and wipe off any perspiration after use.
- At busy times we may restrict your time on the C.V. equipment to 20 minutes per machine.
- Please report any equipment faults to the gym staff on duty.
- Please deposit litter in the bins provided.