

Swimming Timetable

Monday 6 November – Friday 22 December 2023

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £2.70 Leeds card Extra

Junior: £2.70 Standard, U3s Free

Monday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:10 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Lane Swim
13:00 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool

Time	Session
10:30 - 11:30	Fun Swim
11:45 - 12:45	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 14:30	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Fun Swim
13:00 - 14:30	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

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Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 15:00	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Fun Swim
13:00 - 15:00	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 14:30	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Fun Swim
13:00 - 14:30	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

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Friday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 14:00	School Swimming Lessons
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
20:00 - 21:00	Lane Swim

Friday – Small Pool

Time	Session
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Fun Swim
13:00 - 14:00	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Saturday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool

Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool

Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

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Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 – 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

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