

Swimming Timetable

Monday 6 November – Friday 22 December 2023

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £2.70 Leeds card Extra

Junior: £2.70 Standard, U3s Free

Monday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
10.00-10.45	Disability Swim
11.00-11.30	School Swimming Lessons
12.00-13.00	Lane Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.15-19.45	Public Swim (with 1 Lane)
20.00-21.00	Lane Swim

Monday – Small Pool

Time	Session
09.00-09.45	Fun Swim
09.45-11.00	Junior Swimming Lessons
11.00-11.30	School Swimming Lessons
12.00-13.00	Fun Swim
14.45-15.30	Fun Swim
15.45-18.45	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.20-10.05	Aqua Aerobics
12.00-13.00	Lane Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-21.00	WDSC Private Hire

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Tuesday – Small Pool

Time	Session
09.00-09.45	Fun Swim
09.45-11.00	Junior Swim Lessons
12.00-13.00	Fun Swim
14.45-15.30	Fun Swim
15.45-18.45	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
9.20-10.05	Aqua Aerobics
12.00-13.00	Lane Swim
13.00-14.00	School Swimming Lessons
14.15-15.15	Staff Training
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Disability Hub
19.00-19.45	Disability Swim
20.00-21.00	Lane Swim

Wednesday – Small Pool

Time	Session
09.00-09.45	Fun Swim
09.55-11.30	Junior Swimming Lessons
12.00-12.45	Fun Swim
14.15-15.15	Staff Training
15.45-18.00	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.15	Public Swim (with 1 Lane)
09.30-11.30	School Swimming Lessons
12.00-13.00	Lane Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim
19.00-21.00	WDSC Private Hire

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Thursday – Small Pool

Time	Session
09.30-11.30	School Swimming Lessons
12.00-13.00	Fun Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Fun Swim

Friday – Main Pool

Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 1 Lane)
09.05-09.50	Aqua Aerobics
10.00-11.30	School Swimming Lessons
12.00-13.00	Lane Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Public Swim (with 1 Lane)
15.45-18.00	Junior Swimming Lessons
18.30-19.30	Public Swim (with 1 Lane)
20.00-21.00	Lane Swim

Friday – Small Pool

Time	Session
09.00-09.45	Fun Swim
10.00-11.30	School Swimming Lessons
12.00-12.45	Fun Swim
13.00-13.30	Junior Swimming Lessons
13.30-14.30	School Swimming Lessons
14.45-15.30	Fun Swim
15.45-18.00	Junior Swimming Lessons

Saturday – Main Pool

Time	Session
08.00-13.05	Junior Swimming Lessons
13.30-14.30	Lane Swim
14.45-15.45	Family Swim

Saturday – Small Pool

Time	Session
08.00-13.05	Junior Swimming Lessons
13.30-14.30	Family Swim
14.45-15.45	Family Swim

Swimming Timetable**Monday 6 November – Friday 22 December 2023**

Sunday – Main Pool	
Time	Session
09.00-10.00	Junior Swimming Lessons
10.05-11.05	Public Swim (with 1 Lane)
11.15-12.15	Family Swim
13.00-14.00	Family Swim
14.15-15.15	Lane Swim
15.30-16.30	Staff Training
16.30-18.00	WDSC Private Hire

Sunday – Small Pool	
Time	Session
09.00-10.00	Fun Swim
10.05-11.05	Fun Swim
11.15-12.15	Fun Swim
13.00-14.00	Fun Swim
14.15-15.15	Fun Swim

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