

## Swimming Timetable

### Monday 6 November – Friday 22 December 2023

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)**

### Cost

Adult: £5.70 Standard, £5.10 Leeds card, £2.70 Leeds card Extra

Junior: £2.70 Standard, U3s Free

Monday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Lane Swim
13.30 - 15.00	Adult Width Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
20.45 - 21.30	Lane Swim

Monday – Small Pool	
Time	Session
09.00 - 12.00	Parent & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Lane Swim
13.30 - 14.30	Public (with 2 Lanes)
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes) & Diving
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

Tuesday – Small Pool	
Time	Session
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.30 - 15.00	Parent & Child Swimming Lessons
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

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### Wednesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Lane Swim
15.30 - 18.00	Junior Swimming Lessons
13.30 - 14.15	Aqua Aerobics
18.15 - 19.00	Public Swim (with 2 Lanes) & Diving
19.15 - 20.15	Lane Swim

### Wednesday – Small Pool

Time	Session
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

### Thursday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Lane Swim
14.30 - 15.15	Public Swim (with 2 Lanes)
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes) & Diving
20.45 - 21.30	Lane Swim

### Thursday – Small Pool

Time	Session
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

### Friday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 2 Lanes)

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**Monday 6 November – Friday 22 December 2023**

#### Friday – Small Pool

Time	Session
09.00 - 12.00	School Swimming Lessons
12.15 - 13.15	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

#### Saturday – Main Pool

Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Public Swim (with 2 Lanes) + Diving
14.30 - 15.30	Inflatable Fun Session
15.45 - 17.30	Private Party Hire

#### Saturday – Small Pool

Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Family Fun Swim
14.30 - 15.30	Family Fun Swim
15.45 - 17.30	Private Part Hire

#### Sunday – Main Pool

Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Fun Swim
12.00 - 13.00	Lane Swim
13.15 - 14.00	Public (with 2 Lanes) + Diving
14.30 - 15.30	Inflatable Fun Session
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

#### Sunday – Small Pool

Time	Session
07.45 - 08.45	Family Fun Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Family Fun Swim
12.00 - 13.00	Family Fun Swim
13.15 - 14.00	Family Fun Swim
14.30 - 15.30	Fun Swim
16.45 - 17.30	Disability Hub

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)