

Swimming Timetable Monday 6 November – Friday 22 December 2023

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds Card, £2.70 Leeds Card Extra

Junior: £2.70 Standard, U3s Free

Monday	
Time	Session
12.00-12.45	Lane Swim
13.00-14.30	School Swimming Lessons
14.35-15.20	Public Swim (with 2 Lanes)
15.45-18.00	Junior Swimming Lessons
18.15-19.00	Public Swim
19.15-20.15	Lane Swim

Tuesday	
Time	Session
07.00-09.00	Lane Swim
09.15-09.45	Adult & Child Swimming Lessons
10.00-11.30	School Swimming Lessons
12.00-12.45	Aqua Aerobics
12.00-13.00	Adult Width Swim (Deep Water)
13.30-14.30	School Swimming Lessons
15.45-18.00	Junior Swimming Lessons
18.30-21.00	Private Hire

Wednesday	
Time	Session
13.30-14.30	Lane Swim
14.35-15.20	Public Swim (with 2 Lanes)
15.45-19.10	Junior Swimming Lessons
18.00-19.00	Rookie Lifesaving
19.30-20.15	Public Swim (with 2 Lanes)
20.25-21.25	Lane Swim

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Thursday	
Time	Session
07.00-09.00	Lane Swim
09.15-10.30	Adult & Child Swimming Lessons
10.30-11.30	School Swimming Lessons
11.45-13.00	Lane Swim
13.30-14.30	School Swimming Lessons
14.45-15.30	Lane Swim
15.45-19.10	Junior Swimming Lessons
19.25-20.25	Lane Swim
20.30-21.30	Private Hire

Friday	
Time	Session
13.30-14.30	School Swimming Lessons
14.45-15.30	Disability Swim
16.00-17.00	Public Swim
17.15-18.15	Public Swim (with 2 Lanes)
18.45-20.45	Private Hire

Saturday	
Time	Session
08.00-12.10	Junior Swimming Lessons
12.15-13.15	Public Swim (with 3 Lanes)
13.15-15.00	Synchro Training Squad

Sunday	
Time	Session
08.45-09.45	Lane Swim
10.00-10.45	Public Swim
11.00-11.45	Family Fun Swim
12.00-13.00	Lane Swim

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