

Swimming Timetable

Monday 6 November – Friday 22 December 2023

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £2.70 Leeds card Extra

Junior: £2.70 Standard, U3s Free

R = restricted lanes, pool may be shared with another booking

Monday	
Time	Session
06:45-09:00	Lane Swim
09:05-09:55	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-11:55	Public Swim (with 1 Lane)
12:00-13:00	Lane Swim
13:30-14:30	School Swimming Lessons
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday	
Time	Session
06:45-09:00	Lane Swim
09:05-10:00	Public Swim (with 1 Lane)
10:30-12:00	School Swimming Lessons
12:30-13:00	Parent & Child Swimming Lessons
13:30-14:30	School Swimming Lessons
15:45-18:00	Junior Swim Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Wednesday	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:30-11:30	Public Swim (with 1 Lane)
12:00-13:00	Lane Swim
15:45-19:30	Junior Swim Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

Swimming Timetable

Monday 6 November – Friday 22 December 2023

Thursday	
Time	Session
06:45-09:00	Lane Swim
10:30-11:30	School Swimming Lessons
12:00-13:00	Lane Swim
13:30-15:00	School Swimming Lessons
15:45-18:00	Junior Swim Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Lessons
21:00-22:00	Female Lane Session

Friday	
Time	Session
06:45-09:30	Lane Swim
10:00-11:30	School Swimming Lessons
12:00-13:00	Lane Swim
13:30-15:00	School Swimming Lessons
15:45-20:00	Junior Swim Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Saturday	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday	
Time	Session
09:00-10:00	Family Fun Swim
10:00-11:00	Family Fun Swim
11:00-12:00	Family Fun Swim
12:15-13:45	Lane Swim
13:50-16:00	Junior Swim Lessons - Disability
16:15-17:00	Disability Swim
17:15-18:15	Junior SwimFit

For session descriptions please visit active.leeds.gov.uk/swimming