

Leeds Sailing & Activity Centre

2024 Programme and Activities



Leeds Sailing & Activity Centre

YEADON TARN

The **Leeds Sailing and Activity Centre** operated by Leeds City Council, is situated at Tarnfield Park Yeadon approximately 8 miles from Leeds City Centre.

The Centre offers Sailing, Kayaking, Open Canoeing, Stand-Up Paddleboarding, Improvised Rafting, Windsurfing, Rowing, Climbing, Abseiling, Orienteering, Off Road Biking, Problem Solving, Bushcraft, Soft Archery and Team Building.

The Centre is a **Royal Yachting Association** Recognised Training Centre for Dinghy Sailing, Windsurfing, Powerboating and Shorebased Theory courses; A **British Canoeing** approved activity provider; A **British Rowing** Training Centre; Licensed by The **Adventure Activities Licensing Authority**.

All our instructors are fully qualified and experienced to ensure a high level of safety and quality of instruction.

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THE CENTRE RESERVES THE RIGHT TO AMEND, MODIFY OR CANCEL ANY COURSE DUE TO ADVERSE WEATHER OR LACK OF ENROLMENTS, OR FOR ANY OTHER REASON BEYOND THE CENTRE'S CONTROL

OPEN DAYS

Come and try a variety of the outdoor activities that we offer.

Indulge in an hour and a half taster session from most of the activities we offer including: Sailing, Canoeing, Kayaking, Indoor Cave, Soft Archery, Windsurfing, or Biking.

Cost £10.00 per person per activity

Date to be confirmed look out for advertising on our social media pages and on our website. active.leeds.gov.uk/our-centres/leedssailingandactivitycentre, Facebook, Active Leeds App,

Disability

We offer a range of activities and a great chance to enjoy sailing, canoeing, Kayaking, indoor cave sessions plus more. Most activities can be adapted if needed to meet the needs of the participant.

Please contact the centre for any further information required.

Disability Outdoor Activity Clubs

Junior (age 8-16yrs)

Tuesdays 16.30pm - 17.30pm Dates to be confirmed **£TBC**

Adult (age 17+)

Fridays 13.00pm – 14.00pm starts from April to July during term time

£12.50 per session.

(pre booking essential)

Women on Water Fridays 11.00am -12.00pm term time **£12.50** per session

(pre-booking advisable)

Weekly term-time women only session with an instructor for all ages over 16 years for an introduction to Sailing, Windsurfing, Canoeing, Kayaking and Stand Up Paddleboarding. Boat hire if you have the pre-requisites. Safe, sociable and fun. Pre booking advisable weekly.

Active Adults Thursdays 15.00pm – 16.00pm **£12.50** per session

(pre-booking advisable)

A weekly term time only mixed group for adults who are free in the daytime and want to try out a Canoe, Kayak or Stand Up Paddleboard or practice with an instructor.

Pre booking advisable weekly

Group Instruction

Adult and Junior sessions available for all of our activities. Contact Centre for more details.

Private Instruction 1:1 **£35.00** and 2:1 **£45.00** sessions available in most of our activities. For 3 or more people our normal group rates apply.

RYA SAILING COURSES

Youth Sailing Sceme (8-15 years)

An Introduction to the parts of the boat and the basic principles of how to get a boat sailing and developing the skills needed to sail around a course to become a confident sailor. Juniors with Stage 2 can develop further by joining the after school weekly On Board club. Courses are modular so certificates are awarded when all sections are signed off.

JUNIOR SAILING TASTER SESSIONS

Code	Day	Date	Month	Start	Time	Finish	Time	Cost
SJT1	Tuesday	2 nd	April	Start	10.00am	Finish	12.00pm	£27.00
SJT2	Saturday	6 th	April	Start	10.00am	Finish	12.00pm	£27.00
SJT3	Thursday	30 th	May	Start	10.00am	Finish	12.00pm	£27.00
SJT4	Friday	31 st	May	Start	10.00am	Finish	12.00pm	£27.00
SJT5	Thursday	25 th	July	Start	10.00am	Finish	12.00pm	£27.00
SJT6	Monday	29 th	July	Start	10.00am	Finish	12.00pm	£27.00
SJT7	Monday	12 th	August	Start	10.00am	Finish	12.00pm	£27.00
SJT8	Monday	19 th	August	Start	10.00am	Finish	12.00pm	£27.00
SJT9	Tuesday	27 th	August	Start	10.00am	Finish	12.00pm	£27.00

JUNIOR SAILING COURSES (8-15 years)

Code	Stage	Day	Date	Month	Start	Time	Finish	Time	Cost
SJ1	1-2	Tue – Wed	2 nd – 3 rd	April	Start	9.30am	Finish	16.00pm	£130.00
SJ2	2-3	Thu – Fri	4 th – 5 th	April	Start	9.30am	Finish	16.00pm	£130.00
SJ3	1-2	Tue – Wed	28 th – 29 th	May	Start	9.30am	Finish	16.00pm	£130.00
SJ4	1-3	Mon – Fri	5 th – 9 th	August	Start	9.30am	Finish	16.00pm	£300.00
SJ5	1-3	Mon - Fri	12 th - 16 th	August	Start	9.30am	Finish	16.00pm	£300.00
SJ6	4	Tue – Wed	20 th – 21 st	August	Start	9.30am	Finish	16.00pm	£130.00
SJ7	1-2	Thu – Fri	29 th – 30 th	August	Start	9.30am	Finish	16.00pm	£130.00

Stage 1-2 and 2-3, or stage 2-3 and 4 booked together combined price £245.00 Please contact the office.

JUNIOR SAILING CLUB (Onboard)

Code	Weeks	Day	Date From	Date To	Start	Time	Finish	Time	Cost
SJC1	6 wks	Thursday	18 th April	23 rd May	Start	18.00pm	Finish	20.00pm	£96.00
SJC2	7 wks	Thursday	6 th June	18 th July	Start	18.00pm	Finish	20.00pm	£112.00
SJC3	8 wks	Thursday	5 th Sept	24 th Oct	Start	17.30pm	Finish	19.30pm	£128.00

ADULT SAILING

ADULTS (aged 16+)

An introduction to sailing for complete beginners, covering everything you need to know to get afloat under supervision. Build your confidence and develop your skills. By the end of this course you'll be a competent sailor in light winds. Improve your sailing consolidating skills and trying new ones in a variety of conditions.

START SAILING -TASTER SESSIONS (2 hours)

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Cost
SLT1	Taster	Thursday	25 th	April	Start	18.00pm	Finish	20.00pm	£32.50
SLT2	Taster	Saturday	1 st	June	Start	09.30am	Finish	11.30am	£32.50
SLT3	Taster	Thursday	11 th	July	Start	18.00pm	Finish	20.00pm	£32.50
SLT4	Taster	Saturday	7 th	Sept	Start	09.30am	Finish	11.30am	£32.50

ADULT SAILING COURSES (16+ years)

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Cost
SL1	1 - 2	Mon – Fri	18 th – 22 nd	March	Start	9.00am	Finish	17.00pm	£400.00
SL2	1	Mon – Tue	22 nd – 23 rd	April	Start	9.00am	Finish	17.00pm	£195.00
SL3	2	Wed – Thu	24 th – 25 th	April	Start	9.00am	Finish	17.00pm	£170.00
SL4	1	Sat Wkly	8 th – 29 th	June	Start	9.00am	Finish	13.00pm	£195.00
SL5	1	Mon – Tue	24 th – 25 th	June	Start	9.00am	Finish	17.00pm	£195.00
SL6	2	Wed - Thu	26 th - 27 th	June	Start	9.00am	Finish	17.00pm	£170.00
SL7	1 - 2	Mon - Fii	2 nd – 6 th	Sept	Start	9.00am	Finish	17.00pm	£400.00
SL8	1	Wed - Thu	2 nd – 3 rd	Oct	Start	9.00am	Finish	17.00pm	£195.00
SL9	2	Mon – Tue	7 th – 8 th	Oct	Start	9.00am	Finish	17.00pm	£195.00
SL10	3	Mon – Tue	4 th - 5 th	Nov	Start	9.00am	Finish	17.00pm	£170.00

Level 1 and 2, if booked together price £330.00 Please contact the office.

IMPROVERS SAILING

Courses available on request if sufficient number of bookings are made.

SEAMANSHIP SKILLS

Improve your boat handling and manouevering ability in a range of different circumstances and develop the seamanship skills needed to solve problems afloat.

*Requires Level 3 or equivalent experience.

Sailing with Spinnakers

Gain the knowledge and understanding to sail the best possible course downwind. Everything you need to know to sail a boat confidently with conventional or asymmetric spinnakers.

*Requires Level 3 or equivalent experience.

WINDSURFING

An introduction to the basic principles of getting on the water and sailing the board across the wind and back. Develop the skills needed to sail around a course and understand the basic principles needed to become a confident sailor

Juniors (Age 10+) RYA Stage 1

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
WJ1	Stage 1	Wed - Thu	3 rd – 4 th	April	Start	10.000am	Finish	16.00pm	£110.00
WJ2	Stage 1	Thu - Fri	8 th – 9 th	August	Start	10.000am	Finish	16.00pm	£110.00
WJ3	Stage 1	Tue - Wed	13 th – 14 th	August	Start	10.000am	Finish	16.00pm	£110.00

Juniors (Age 10+) RYA Stage 2

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
WJ1	Stage 2	Thu – Fri	15 th – 16 th	August	Start	10.000am	Finish	16.00pm	£100.00

Junior Onboard Club

Junior Windsurf club designed to enable the practice and development of windsurfing skills. Contact the office for more details

Adults

Taster Sessions

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
AWT1	Taster	Saturday	18 th	May	Start	9.30am	Finish	11.30am	£32.50
AWT2	Taster	Saturday	22 nd	June	Start	9.30am	Finish	11.30am	£32.50
AWT3	Taster	Thursday	4 th	July	Start	18.00pm	Finish	20.00pm	£32.50
AWT4	Taster	Saturday	7 th	Sept	Start	9.30am	Finish	11.30am	£32.50

Start Windsurfing Course (Age 16+)

An Introduction to Windsurfing for complete beginners, covering everything you need to know to get afloat under supervision.

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
W1	StartWS	Thu – Fri	9 th – 10 th	May	Start	9.30am	Finish	15.00am	£160.00
W2	StartWS	Mon - Tue	3 rd – 4 th	June	Start	9.30am	Finish	15.00pm	£160.00
W3	StartWS	Mon–Tue	9 th – 10 th	Sept	Start	9.30am	Finish	15.00pm	£160.00

Windsurfing refresher and Improver Clinics are also available on request. Contact the Centre for details.

RYA POWERBOAT LEVEL 1&2 COURSE

This course has no minimum prerequisite. It teaches safe boat handling in an context and is the minimum standard for powerboat drivers. Holders can apply for an International Certificate of Competence.

Adult Courses (16+)

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
PB1	2	Mon - Tues	22 nd – 23 rd	January	Start	9.00am	Finish	16.30pm	£280.00
PB2	2	Mon - Tues	4 th – 5 th	March	Start	9.00am	Finish	16.30pm	£280.00
PB3	2	Thu – Fri	10 th – 11 th	October	Start	9.00am	Finish	16.30pm	£280.00
PB4	2	Thu – Fri	7 th – 8 th	November	Start	9.00am	Finish	16.30pm	£280.00

Other Powerboat Level 2 courses are available on request October to March.

RYA Safety Boat Course

Courses available on request if sufficient bookings are made.

This course will cover rescuing other water users, providing skills and techniques for those escorting race or training fleets or working in a water sports environment including different types of craft.

Pre-requisites – candidates must hold the RYA Level 2 National Powerboat certificate and should have a basic understanding of sailing and windsurfing.

Other courses are available on request October to Mar

BRITISH CANOEING KAYAKING & CANOEING COURSES

JUNIOR COURSES(Age 8-15 years)

The Award scheme provides a logical progression through safety awareness, skills, varied experiences and developing supporting knowledge in a variety of craft. Courses are modular and the award completed when all sections are signed off.

Taster - Start The start award is exactly what it says on the tin. It's place to start your paddling journey. If your new to the sport and really want to learn the basics to get started then this is the award for you.

Discover - The Discover Award allows you to develop your decision making and practical skills for a fun and safe time on the water, as you become a more skilled and independent paddler.

Through this award you will learn how to choose and effectively use equipment, whilst developing an understanding of the factors which affect your paddling.

Explore - Includes peer rescues, capsizing and advanced skills in a variety of craft

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
PP1	START	Tuesday	2 nd	April	Start	13.00pm	Finish	15.00pm	£27.00
PP2	DISCOVER	Tue - Wed	2 nd – 3 rd	April	Start	9.30am	Finish	15.30pm	£110.00
PP3	START	Tuesday	28 th	May	Start	10.00am	Finish	12.00pm	£27.00
PP4	DISCOVER	Tue – Wed	28 th – 29 th	May	Start	9.30am	Finish	15.30pm	£110.00
PP5	START	Wednesday	24 th	July	Start	13.00pm	Finish	15.00pm	£110.00
PP6	START	Monday	29 th	July	Start	13.00pm	Finish	15.00pm	£27.00
PP7	DISCOVER	Tue – Wed	30 th – 31 st	July	Start	9.30am	Finish	15.30pm	£110.00
PP8	START	Monday	5 th	August	Start	13.00pm	Finish	15.00pm	£27.00
PP9	DISCOVER	Thu – Fri	8 th – 9 th	August	Start	9.30am	Finish	15.30pm	£110.00
PP10	START	Monday	12 th	August	Start	10.00am	Finish	12.00pm	£27.00
PP11	START	Monday	19 th	August	Start	13.00pm	Finish	15.00pm	£27.00
PP12	DISCOVER	Tue – Wed	20 th – 21 st	August	Start	9.30am	Finish	15.30pm	£110.00
PP13	EXPLORE	Thu – Fri	22 nd – 23 rd	August	Start	9.30am	Finish	15.30pm	£110.00
PP14	DISCOVER	Tue – Wed	27 ^h – 28 th	August	Start	9.30am	Finish	15.30pm	£110.00

Explore Canoeing Week

An action packed week exploring all things paddlesport – Canoeing, Kayaking, Bell Boating and Stand Up Paddleboarding. Suitable for all abilities.

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
EC1	EXPLORE	Mon - Fri	19 th – 23 rd	August	Start	9.30am	Finish	15.30pm	£230.00

JUNIOR CANOE & KAYAK CLUB

Our Junior Club is aimed at providing some regular water based activity for 8-15 year olds, where young people can continue to develop their skills on a weekly basis during term times.

Code	Weeks	Day	Date From	Date To	Start	Time	Finish	Time	Price
CJC1	11wks	Monday	15 th April (excluding 6 th & 27 th May)	15 th July	Start	16.30pm	Finish	17.30pm	£88.00
CJC2	13wks	Thursday	18 th April (excluding 1 st June)	18 th July	Start	16.30pm	Finish	17.30pm	£104.00
CJC3	13wks	Saturday	20 th April (excluding 31 st May)	20 th July	Start	9.00am	Finish	10.00am	£104.00
CJC4	8wks	Monday	2 nd Sept	21 st Oct	Start	16.30pm	Finish	17.30pm	£64.00
CJC5	8wks	Thursday	5 th Sept	24 th Oct	Start	16.30pm	Finish	17.30pm	£64.00
CJC6	8wks	Saturday	7 th Sept	26 th Oct	Start	9.00am	Finish	10.00am	£64.00

JUNIOR STAND UP PADDLEBOARD Taster Sessions

An introduction to basic skills for an enjoyable experience in Stand up Paddleboarding

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
JSUP1	Taster	Tuesday	2 nd	April	Start	13.00am	Finish	15.00pm	£27.00
JSUP2	Taster	Tuesday	27 th	May	Start	13.00pm	Finish	15.00pm	£27.00
JSUP3	Taster	Wednesday	24 th	July	Start	10.00am	Finish	12.00pm	£27.00
JSUP4	Taster	Monday	29 th	July	Start	10.00am	Finish	12.00pm	£27.00
JSUP5	Taster	Wednesday	2 nd	August	Start	10.00am	Finish	12.00pm	£27.00
JSUP6	Taster	Tuesday	6 th	August	Start	13.00pm	Finish	15.00pm	£27.00
JSUP7	Taster	Monday	12 th	August	Start	13.00pm	Finish	15.00pm	£27.00
JSUP8	Taster	Monday	19 th	August	Start	10.00am	Finish	12.00pm	£27.00

BRITISH CANOEING PERSONAL PERFORMANCE AWARDS CANOEING AND KAYAKING ADULT COURSES

PADDLE START The Start Award is exactly what it says on the tin, it's a place to start your paddling journey. If you're brand new to the sport and really want to learn the basics to get started, then this is the award for you

PADDLE DISCOVER The Discover Award allows you to develop your decision making and practical skills for a fun and safe time on the water, as you become a more skilled and independent paddler. Through this award you will learn how to choose and effectively use equipment, whilst developing an understanding of the factors which affect your paddling.

PADDLE EXPLORE If you want to become independent on the water, go on self-guided adventures and know how to control your craft and stay safe on the water, this is the award for you. In this award you will take ownership of your own decisions and learn to make confidence choices, based on the places you paddle, wind and weather.

STAND UP PADDLEBOARD 16+

An introduction to basic skills for an enjoyable experience in Stand up Paddleboarding

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
SUP1	Taster	Saturday	20 TH	April	Start	10.30am	Finish	12.30pm	£32.50
SUP2	Taster	Thursday	23 rd	May	Start	18.00am	Finish	20.00pm	£32.50
SUP3	Taster	Wednesday	5 th	June	Start	10.30pm	Finish	12.30pm	£32.50
SUP4	Taster	Thursday	27 th	June	Start	18.00pm	Finish	20.00pm	£32.50
SUP5	Taster	Saturday	6 th	July	Start	10.30pm	Finish	12.30pm	£32.50
SUP6	Taster	Wednesday	11 th	Sept	Start	10.00am	Finish	12.00pm	£32.50
SUP7	Taster	Saturday	12 th	Oct	Start	10.30am	Finish	12.30am	£32.50

CANOEING AND KAYAKING

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
CT1	Start	Saturday	27 th	April	Start	10.30am	Finish	12.30pm	£32.50
CT2	Start	Thursday	6 th	June	Start	18.00pm	Finish	20.00pm	£32.50
CT6	Start	Thursday	18 th	July	Start	18.00pm	Finish	20.00pm	£32.50
CT3	Start	Saturday	7 th	Sept	Start	10.30am	Finish	12.30pm	£32.50
CT4	Start	Wednesday	11 th	Sept	Start	10.30am	Finish	12.30pm	£32.50
CT5	Start	Saturday	21 st	Sept	Start	10.30am	Finish	12.30pm	£32.50

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
C1	Discover	Tuesday	26 th	March	Start	9.00am	Finish	16.30pm	£100.00
C2	Discover	Friday	17 th	May	Start	9.00am	Finish	16.30pm	£100.00
C3	Discover	Thursday Weekly	13 th June	4 th July	Start	18.00pm	Finish	20.00pm	£100.00
C4	Explore	Thu - Fri	20 th - 21 st	June	Start	9.00am	Finish	13.00pm	£100.00
C5	Discover	Monday	2 nd	Sept	Start	9.00am	Finish	16.30pm	£100.00

Courses available on request if sufficient bookings are made.

The Foundation Safety and Rescue Training Course (FSRT)

This training course aims to provide paddlers with the key **safety and rescue** skills required to operate safely and to be able to deal with common emergencies. These skills form the **foundations for safety and rescue** throughout BCU qualifications. Course price excludes BC certification fees.

LEADERSHIP AWARDS

Provide qualifications for paddlers to lead others in a range of disciplines and environmental conditions. Includes one day off-site.

(*pre-requisite a relevant first aid qualification)

Paddlesport Instructor Course

The **Paddlesport Instructor** qualification is for people whose main focus of work is delivering paddlesport taster/starter sessions within clubs, centres or other organisations. The qualification is not discipline specific and is suitable for instructors who work with paddlers from any of the competitive and non-competitive paddlesport disciplines.

See www.leeds.gov.uk/sailingcentre for more details and prerequisites.

SUP Discipline Specific Module (DSM) Course

Courses available upon Request.

ROWING

British Rowing Learn to Row Scheme, using single sculls with sliding seat.

Junior(age 11+) Go Row

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
JR1		Thur - Fri	30 th – 31 st	May	Start	9.00am	Finish	12.00pm	£60.00
JR2		Tue - Wed	30 th - 31 st	July	Start	13.00pm	Finish	16.00pm	£60.00
JR3		Mon - Tue	5 th - 6 th	August	Start	9.00am	Finish	12.00pm	£60.00

Junior Rowing Club Age 11+

Must have attended a Go Row Course. Contact the office for more details.

ADULT Rowing Taster Sessions

Code	Level	Day	Date	Month	Start	Time	Fininsh	Time	Price
ART1	Taster	Saturday	27 th	April	Start	10.30am	Fininsh	12.30pm	£32.50
ART2	Taster	Saturday	15 th	June	Start	10.30am	Fininsh	12.30pm	£32.50
ART3	Taster	Thursday	27 th	June	Start	18.00pm	Fininsh	20.00pm	£32.50
ART4	Taster	Saturday	7 th	Sept	Start	10.30am	Fininsh	12.30pm	£32.50

Indoor Cave

Find your way through our maze of stalactites and stalagmites in search of hidden fossils in our fabulous, multi layered, indoor cave. It's fun for all ages (8 years +) and abilities. There are trolleys for disabled access allowing everyone to enjoy the twists and turns of our very own subterranean adventure.

Available for groups for up to 8 people. Contact Centre for details of group rates.

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
CA1		Thursday	4 th	April	Start	15.00pm	Finish	16.00pm	£8.00
CA2		Wednesday	29 th	May	Start	15.00pm	Finish	16.00pm	£8.00
CA3		Wednesday	24 th	July	Start	10.00pm	Finish	11.00pm	£8.00
CA4		Tuesday	6 th	August	Start	10.00pm	Finish	11.00pm	£8.00

Off-Road Biking

(Bikes, gloves and helmets provided).

Off-Road Biking Taster (8+)

Develop your ability on an off-road bike using gears and managing different terrain.

Code	Level	Day	Date	Month	Start	Time	Finish	Time	Price
B1		Thursday	4 th	April	Start	12.30pm	Finish	14.30pm	£18.00
B2		Wednesday	29 th	May	Start	12.30pm	Finish	14.30pm	£18.00
B3		Thursday	25 th	July	Start	13.00pm	Finish	15.00pm	£18.00
B4		Thursday	29 th	Aug	Start	13.00pm	Finish	15.00pm	£18.00

Junior Off Road Biking Club Age 8 – 12

Introduces you safely and confidently to progressive steps to enhance your biking capabilities. Includes an insight into basic trailside maintenance.

Outdoor Activity Camp

A week Canoeing, Kayaking, Orienteering, Sailing, Raftbuilding, Standup Boarding, Problem solving, Mountain biking, Indoor Cave, Bushcraft.

Code	Days	Day	Date	Month	Start	Time	Finish	Time	Price
OA1	4	Tue - Fri	2 nd – 5 th	April	Start	10.00am	Finish	16.00pm	£170.00
OA2	4	Tue - Fri	28 th – 31 st	May	Start	10.00am	Finish	16.00pm	£170.00
OA3	5	Mon - Fri	29 th - 2 nd	July	Start	10.00am	Finish	16.00pm	£215.00
OA4	5	Mon - Fri	5 th - 9 th	August	Start	10.00am	Finish	16.00pm	£215.00
OA5	5	Mon - Fri	12 th - 16 th	August	Start	10.00am	Finish	16.00pm	£215.00
OA6	5	Mon - Fri	19 th – 23 rd	August	Start	10.00am	Finish	16.00pm	£215.00
OA7	4	Tue - Fri	27 th - 30 th	August	Start	10.00am	Finish	16.00pm	£170.00

Multi Activity Day Age 8+

A shorter version of our popular Activity Camps and a chance to try various activities for a day, indoor and outdoor depending on the weather.

Code	Days	Day	Date	Month	Start	Time	Finish	Time	Price
MD1	1				Start	10.00am	Finish	16.00pm	£48.00
MD2	1				Start	10.00am	Finish	16.00pm	£48.00

Bushcraft/Survival skills/Campcraft Age 8+

Code	Days	Day	Date	Month	Start	Time	Finish	Time	Price
P1	1	Friday	5 th	April	Start	14.30am	Finish	16.30pm	£27.00
P2	1	Friday	12 th	April	Start	11.00am	Finish	13.00pm	£27.00
P3	1	Friday	26 th	July	Start	10.00am	Finish	12.00pm	£27.00
P4	1	Friday	30 th	August	Start	13.00pm	Finish	15.00pm	£27.00
P5	1	Friday	1 st	November	Start	12.30am	Finish	14.30pm	£27.00

EQUIPMENT HIRE

Prices are per hour. Pre booking essential.

Dinghy Hire From £12.50 Adult & Junior

Adult Hire Adults must have RYA Level 2 and demonstrate competence before hire or demonstrate equivalent Level 2 competence.

Junior Hire Junior hire is at the discretion of the Senior Instructor. Juniors must have RYA Stage 3 and demonstrate competence before hire.

Kayak/Canoe Hire From £12.50 Adult & Junior

Adult Hire Adults must have 1 Star and demonstrate competence before hire.

Junior Hire Juniors must have Paddlepower Passport and demonstrate competence before hire.

Windsurfing Hire From £12.50 Adult & Junior

Adult Hire must have Start Windsurfing Level 1

Junior Hire must have Stage 2

Rowing Hire From £12.50 Adult & Junior

Adult Hire must have Learn to Row Stage 1

Junior Hire must have Go-Row 2

Stand up Paddleboard Hire From £12.50 Adult & Junior

Must have completed a Leeds Sailing & Activity Centre Taster Session and /or signed off as a competent paddler.

Hire is available during our opening hours (subject to availability). All hire must be prebooked. Contact Centre for details.

BIRTHDAY PARTIES Available for adults and juniors (age 8+)

ACTIVITY	Minimum Numbers	Maximum Numbers
Raft Building	10 participants per Instructor	12 participants per Instructor
Bushcraft	10 participants per Instructor	12 participants per Instructor
Bellboat Helm	10 participants per Instructor	10 participants per Instructor
Cave	8 participants per Instructor	10 participants per Instructor
Soft Archery	8 participants per Instructor	10 participants per Instructor
Canoeing	8 participants per Instructor	8 participants per Instructor
Kayaking	8 participants per Instructor	8 participants per Instructor
Stand Up Paddleboarding	8 participants per Instructor	8 participants per Instructor
Off Road Biking	8 participants per Instructor	8 participants per Instructor
Windsurfing	6 participants per Instructor	6 participants per Instructor
Sailing (singlehandlers)	6 participants per Instructor	6 participants per Instructor
Sailing (double handlers)	3 participants per Instructor	3 participants per Instructor

To discuss your individual party requirements in more detail please contact the centre.
All equipment provided.

Prices from £90.00 per hour includes 1 hour room hire.

OTHER ACTIVITIES PROVIDED BY THE CENTRE

- **Team Building Activity Days. We offer a range of options all tailored to suit your specific needs.**
- **Raft Building, Bouldering wall, Problem Solving, Soft Archery**
- **Hiring of meeting/conference rooms**
- **Bespoke Packages for schools, youth and community groups**
- **Work in schools/clubs**
- **Coaching, employment and work experience opportunities**
- **D of E**

ACTIVITY VOUCHERS

Available as birthday and Christmas presents. Contact the Centre for details

IF YOU HAVE ANY OTHER QUESTIONS PLEASE CONTACT US AT LEEDS SAILING AND ACTIVITY CENTRE Cemetery Road, Yeadon, LS19 7UP. Tel: 0113 3781271

Email: sailingcentre@leeds.gov.uk

Website: active.leeds.gov.uk/LeedsSailingandActivityCentre

FREQUENTLY ASKED QUESTIONS

Q. How do I book

R. All our courses must be prebooked. Visit our website to check availability and book online (beginner courses, tasters and childrens holiday activities only) from April 2024. Alternatively contact the office.

Course members must advise the Centre of any medical or other conditions, which may affect their full participation in any course. Refunds due to cancellation can only be made in exceptional circumstances.

Q. What if I'm not sure the best course for me?

R. Please contact us on 01133781271 or sailingcentre@leeds.gov.uk we will be happy to discuss this with you.

Q. What if the course is full

R. Contact us at sailingcentre@leeds.gov.uk or 01133781271 to be added to a waiting list.

Q. What will I sail?

The Centre has a number of different classes of dinghy – Adults start off in the **Wayfarer**. Other types of dinghy are then introduced such as the **Topper/Laser (single hander)** or **Omega/Topaz (double hander)** as your skills develop. Juniors learn in Topper or Optimist progressing to a double hander.

Q. What's the difference between a Canoe and a Kayak?

A Canoe is an open or closed boat which you can kneel or sit in, paddled with a single bladed paddle. A Kayak is a boat which you can sit in or on, paddled with a double bladed paddle.

Q. What should I wear?

Whatever you feel comfortable in, clothes that you don't mind getting wet and suitable for the weather. It may be fine enough for shorts and T-shirts or cold enough for full thermals! Trainers are ideal No flip flops or crocs. Please bring swimwear for under wetsuits.

Q. What should I bring?

A full change of clothes, including footwear, underwear and a towel Lightweight waterproofs are useful in the case of a rain shower. Sun block may be required on warmer days. On all-day courses students should bring a packed lunch.

Q. What if I wear Glasses?

If you need to wear spectacles or sunglasses then bring a suitable strap to keep them secure. These are available from many sports shops or opticians

Q. What if I can't swim?

Nobody goes afloat without a **Buoyancy Aid**. In addition, the Tarn is a very shallow lake, there are not too many parts that you can't stand up in and at its deepest it is only 6 feet!

Q. Are log books and certificates included in the course prices.

Dependant on NGB course. If certification and log book is required these are included.