

Swimming Timetable
Monday 19 February – Thursday 28 March 2024

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes: **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Monday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
09:30 – 11:30	School Swimming Lessons
11:45 – 12:30	Lane Swim
12:30 – 13:15	Public Swim (with 1 Lane)
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:15	Lane Swim
19:15 – 20:15	Disability Swim
20:30 – 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Family Fun Swim
13:20 – 15:00	Parent & Child Swimming Lessons
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:15	Family Fun Swim

Monday – Hydro Pool (Screening Required to attend)	
Time	Session
10:30 – 11:00	Public Swim
12:00 – 12:30	Public Swim
18:15 – 18:45	Public Swim

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Tuesday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
09:30 – 10:30	Adult Swimming Lessons
10:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Lane Swim
12:45 – 13:45	Public Swim (with 1 Lane)
14:00 – 14:45	Aqua-Mobility
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:15	Public Swim (with 1 Lane)
19:30 – 20:30	Female Lane Swim
20:45 – 21:30	Lane Swim

Tuesday – Small Pool	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Family Fun Swim
13:00 – 14:00	Family Fun Swim
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:15	Family Fun Swim

Tuesday – Hydro Pool (Screening Required to attend)	
Time	Session
10:30 – 11:00	Public Swim
12:00 – 12:30	Public Swim
13:30 – 14:00	Public Swim
18:15 – 18:45	Public Swim

Wednesday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
09:30 – 11:30	School Swimming Lessons
11:45 – 12:30	Lane Swim
12:30 – 13:15	Public Swim (with 1 Lane)
13:30 – 14:30	School Swimming Lessons
15:00 – 18:00	Junior Swimming Lessons
18:45 – 19:15	Adult Swimming Lessons
20:45 – 21:30	Lane Swim

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Wednesday – Small Pool	
Time	Session
09:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Family Fun Swim
13:30 – 14:30	School Swimming Lessons
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:15	Family Fun Swim

Wednesday – Hydro Pool (Screening Required to attend)	
Time	Session
12:00 – 12:30	Public Swim

Thursday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
09:30 – 10:15	Aqua Aerobics
10:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Lane Swim
12:45 – 13:45	Public Swim (with 1 Lane)
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Lane Swim
19:00 – 19:45	Aqua Aerobics
19:45 – 20:45	Female Only Public Swim (with 1 Lane)
21:00 – 22:00	Adult Swim (with 1 Lane)

Thursday – Small Pool	
Time	Session
09:30 – 10:30	Family Fun Swim
10:30 – 11:30	School Swimming Lessons
11:45 – 12:45	Family Fun Swim
13:00 – 14:00	Family Fun Swim
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Fun Swim

Thursday – Hydro Pool (Screening Required to attend)	
Time	Session
10:30 – 11:00	Public Swim
12:00 – 12:30	Public Swim
13:30 – 14:00	Public Swim

Swimming Timetable
Monday 19 February – Thursday 28 March 2024

Friday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
09:30 – 11:30	School Swimming Lessons
11:45 – 12:30	Lane Swim
12:30 – 13:15	Public Swim (with 1 Lane)
13:30 – 14:30	School Swimming Lessons
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 1 Lane)
19:00 – 20:00	Lane Swim

Friday – Small Pool	
Time	Session
11:45 – 12:45	Family Fun Swim
15:00 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Fun Swim

Friday – Hydro Pool (Screening Required to attend)	
Time	Session
10:30 – 11:00	Public Swim
12:00 – 12:30	Public Swim

Saturday – Main Pool	
Time	Session
08:00 – 08:45	Lane Swim
08:50 – 12:15	Junior Swimming Lessons
12:20 – 13:05	Disability Hub Swimming Lessons
13:15 – 14:15	Lane Swim
14:15 – 15:15	Fun Swim
15:15 – 16:15	Fun Swim
17:30 – 18:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:50 – 12:00	Junior Swimming Lessons
12:20 – 13:05	Disability Hub Swimming Lessons
13:15 – 14:15	Family Fun Swim
14:15 – 15:15	Family Fun Swim
15:15 – 16:15	Family Fun Swim

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Sunday – Main Pool	
Time	Session
08:00 – 08:45	Lane Swim
09:00 – 10:00	Fun Swim
10:30 – 11:30	Fun Swim
11:45 – 12:30	Lane Swim
12:30 – 13:30	Fun Swim
14:00 – 15:00	Fun Swim
15:15 – 16:15	Fun Swim
18:30 – 19:30	Lane Swim

Sunday – Small Pool	
Time	Session
09:00 – 10:00	Family Fun Swim
10:30 – 11:30	Family Fun Swim
11:45 – 12:30	Family Fun Swim
12:30 – 13:30	Family Fun Swim
14:00 – 15:00	Family Fun Swim
15:15 – 16:15	Family Fun Swim

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