

**Swimming Timetable**  
**Monday 19 February – Thursday 28 March 2024**

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)**

**Cost**

**Adult:** £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

**Junior:** £2.70 Standard, U3s Free

*Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.*

Monday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane Swim
10:00 – 11:00	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
20:00 – 21:00	Adult Swimming Lessons
21:05 – 22:00	Lane Swim

Monday – Small Pool	
Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Tuesday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane swim
10:00 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:30 – 15:00	School Swimming Lessons
15:30 – 18:00	Junior Swimming Lessons
20:15 – 21:30	Lane Swim

Tuesday – Small Pool	
Time	Session
10:00 – 11:30	School Swimming Lessons
12:00 – 12:45	Family Swim
13:30 – 15:00	School Swimming Lessons
15:30 – 18:35	Junior Swimming Lessons

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**Wednesday – Main Pool**

Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane Swim
10:00 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:30 – 14:30	School Swimming Lessons
15:30 – 18:35	Junior Swimming Lessons
20:45 – 22:00	Lane swim

**Wednesday – Small Pool**

Time	Session
10:00 – 11:30	School Swimming Lessons
12:00 – 12:45	Family Swim
13:30 – 14:30	School Swimming Lessons
15:30 – 18:00	Junior Swimming Lessons

**Thursday – Main Pool**

Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane Swim
10:15 – 11:15	Public Swim (with 2 Lanes)
12:00 – 13:00	Lane Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
20:15 – 21:00	Lane Swim Female
21:00 – 22:00	Lane Swim

**Thursday – Small Pool**

Time	Session
12:00 – 12:45	Family Swim
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

**Friday – Main Pool**

Time	Session
07:00 – 08:00	Lane Swim
08:15 – 09:00	Lane Swim
10:00 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:30 – 15:00	School Swimming Lessons
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
20:00 – 21:00	Lane Swim

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Friday – Small Pool	
Time	Session
10:00 – 11:30	School Swimming Lessons
12:00 – 12:45	Family Swim
13:30 – 15:00	School Swimming Lessons
15:30 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Swim

Saturday – Main Pool	
Time	Session
08:00 - 15:30	Junior Swimming Lessons

Saturday – Small Pool	
Time	Session
08:00 - 15:30	Junior Swimming Lessons

Sunday – Main Pool	
Time	Session
09:00 – 10:00	Lane Swim
10:15 – 11:15	Public Swim (with 2 lanes)
11:30 – 12:30	Family Swim
13:00 – 14:00	Public Swim (No Lanes)
14:15 – 14:45	Disability Swimming Lessons
14:45 – 15:30	Disability General Swim
16:00 – 17:00	Lane Swim

Sunday – Small Pool	
Time	Session
09:00 – 10:00	Family Swim
10:15 – 11:15	Family Swim
11:30 – 12:30	Family Swim
13:00 – 14:00	Family Swim

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