

# EASTER HOLIDAY SWIMMING LESSONS

## WEEK 1: 1 - 7 April 2024

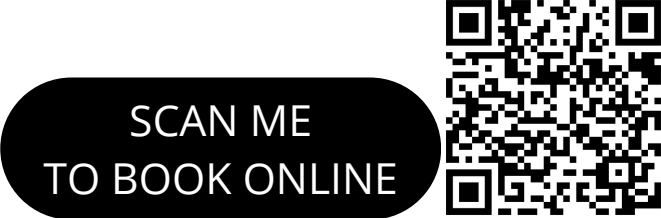
SCAN ME  
TO BOOK ONLINE



AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN CHARLES, AQUATICS CENTRE	JOHN SMEATON
<p>Non-Swimmer Intensive Tues-Fri 09.20-09.50</p> <p>Beginner Intensive Tues-Fri 08.45-09.15</p> <p>Improver Intensive Tues-Fri 09.55-10.25</p>	<p>Beginner Intensive Tues-Fri 09.15-09.45, 09.50-10.20</p> <p>Improver Intensive Tues-Fri 10.30-11.00</p> <p>Challenge Award (Stage 7) Wed &amp; Thurs 14.20-15.20</p> <p>Introduction To Rookie Lifesaving (8-12yrs) Tues 14.15-15.15</p>	<p>Beginner Intensive Tues-Fri 09.00-09.30</p> <p>1-2-1 Lesson (30min slots) Tues/Wed/Thurs/Fri 10.30-11.00</p> <p>Swim Stoke Improvement Breaststroke Tues 11.10-11.40 Backstroke Wed 11.10-11.40 Frontcrawl Thurs 11.10-11.40 Butterfly Fri 11.10-11.40</p>	<p>Beginner Intensive Tues-Fri 09.30-10.00</p> <p>Improver Intensive Tues-Fri 10.00-10.30</p>	<p>Beginner Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p> <p>Improver Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p>
KIRKSTALL	PUDSEY	SCOTT HALL	WETHERBY	PRICING*
<p>Improver Intensive Tues-Fri 13.10-13.40</p> <p>Advanced Intensive Tues-Fri 13.40-14.10</p> <p>1-2-1 Lesson (30min slots) Tues 10.50-11.50, 14.25-14.55 Wed 09.30-10.00, 14.25-14.55 Thurs 14.25-14.55 Fri 09.10-10.40, 14.25-14.55</p>	<p>Non-Swimmer Intensive Tues-Fri 10.55-11.25</p>	<p>9-14yr Beginner Intensive Tues-Fri 08.45-09.15</p> <p>9-14yr Improver Intensive Tues-Fri 09.20-09.50</p>	<p>Non-Swimmer Intensive Tues-Fri 13.30-14.00</p> <p>Beginner Intensive Tue-Fri 14.00-14.30</p> <p>Improver Intensive Tues-Fri 14.00-14.30</p> <p>1-2-1 Lesson (30min slots) Various slots available check online</p>	<p>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</p> <p>1-2-1 LESSON £22.50 ST / £16.00 LCX</p> <p>CHALLENGE AWARD (2 DAYS) £24.00 ST / £20.00 LCX</p> <p>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO... £7.00 ST / £5.00 LCX</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>

# EASTER HOLIDAY SWIMMING LESSONS

## WEEK 2: 8 - 14 April 2024



SCAN ME  
TO BOOK ONLINE

AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN CHARLES, AQUATICS CENTRE	JOHN SMEATON	KIPPAX
<p>Non-Swimmer Intensive Tues-Fri 09.55-10.25</p> <p>Beginner Intensive Tues-Fri 08.45-09.15, 09.20-09.50</p> <p>Improver Intensive Tues-Fri 08.45-09.15, 09.20-09.50</p> <p>Advanced Intensive Tues-Fri 09.20-09.50</p>	<p>Beginner Intensive Tues-Fri 09.15-09.45, 09.50-10.20</p> <p>Improver Intensive Tues-Fri 10.30-11.00</p> <p>Introduction To Stage 8 Competitive Swimming Tues 14.15-15.15</p>	<p>Beginner Intensive Tues-Fri 09.00-09.30</p> <p>1-2-1 Lesson (30min slots) Tues/Wed/Thurs/Fri 10.30-11.00</p> <p>9-14yr Beginner Intensive Tues-Fri 11.10-11.40</p>	<p>Beginner Intensive Mon-Fri 09.30-10.00</p> <p>Improver Intensive Mon-Fri 10.00-10.30</p>	<p>Beginner Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p> <p>Improver Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p>	<p>TRY Diving Mon 14.00-14.30</p> <p>Introduction To Rookie Lifesaving (8-12yrs) Thurs 13.45-14.30</p>
KIRKSTALL	PUDSEY	SCOTT HALL	WETHERBY	PRICING*	
<p>Improver Intensive Tues-Fri 13.10-13.40</p> <p>Advanced Intensive Tues-Fri 13.40-14.10</p> <p>1-2-1 Lesson (30min slots) Tues 10.50-11.50, 14.25-14.55 Wed 09.30-10.00, 14.25-14.55 Thurs 14.25-14.55 Fri 09.10-10.40, 14.25-14.55</p>	<p>Non-Swimmer Intensive Tues-Fri 10.55-11.25</p>	<p>Beginner Intensive Mon-Fri 08.45-09.15</p> <p>Improver Intensive Mon-Fri 09.20-09.50</p> <p>Challenge Award (Bronze) Mon 08.55-09.55</p> <p>TRY Stage 8 Competitive Swimming Wed 08.55-09.55</p>	<p>Non-Swimmer Intensive Tues-Fri 13.30-14.00</p> <p>Beginner Intensive Tue-Fri 14.00-14.30</p> <p>Swim Stoke Improvement Breaststroke Mon 14.00-14.30 Butterfly Tues 14.00-14.30 Frontcrawl Thurs 14.00-14.30</p> <p>1-2-1 Lesson (30min slots) Various slots available check online</p>	<p>INTENSIVE 5 DAY £35.00 ST / £25.00 LCX</p> <p>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</p> <p>1-2-1 LESSON £22.50 ST / £16.00 LCX</p> <p>CHALLENGE AWARD £12.00 ST / £10.00 LCX</p> <p>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO... £7.00 ST / £5.00 LCX</p> <p>TRY DIVING / TRY STAGE 8 COMPETITIVE SWIMMING 50P</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>	

For further information or to make a booking please contact your chosen centre direct, for contact details visit [active.leeds.gov.uk](https://active.leeds.gov.uk)

Please note not all activities available at all sites





# EASTER HOLIDAY SWIMMING LESSONS

## DESCRIPTIONS & INFORMATION

SCAN ME  
TO BOOK ONLINE



NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR BEGINNER INTENSIVE	9-14YR IMPROVER INTENSIVE
For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes. .	For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.	For older beginners (9-14yrs) who cannot swim 2 recognisable strokes (5m each). They will work towards Stage 1 & Stage 2 Swim England outcomes. Learn the basic strokes and water confidence.	For older improvers (9-14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 & Stage 4 Swim England outcomes.
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	CHALLENGE AWARD	INTRODUCTION TO...	TRY DIVING / STAGE 8 COMPETITIVE SWIMMING	<div>PRICING*</div> <div>INTENSIVE 5 DAY £35.00 ST / £25.00 LCX</div> <div>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</div> <div>1-2-1 LESSON £22.50 ST / £16.00 LCX</div> <div>CHALLENGE AWARD (2 DAYS) £24.00 ST / £20.00 LCX</div> <div>CHALLENGE AWARD £12.00 ST / £10.00 LCX</div> <div>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO... £7.00 ST / £5.00 LCX</div> <div>TRY DIVING / TRY STAGE 8 COMPETITIVE SWIMMING 50P</div> <div>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</div>
These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.	For children in Swim England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.	Children must be in Stage 7 or above to attend. Swimmers will be challenged to develop a wide range of skills and stamina to achieve the Awards, focusing on good stroke style. Awards are available for all to complete.	An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).  Swimmers must have completed Stage 7.	DIVING: Enjoy gymnastics, trampolining, mountain biking or just an adrenaline junkie? Swimmers must be stage 5+, or able to swim 50m and be confident in deep water  STAGE 8 COMPETITIVE SWIMMING: Swimmers must have completed stage 7 and have an interest in swimming competitively.	

For further information or to make a booking please contact your chosen centre direct, for contact details visit [active.leeds.gov.uk](https://active.leeds.gov.uk)  
Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.



# COMPETITIVE SWIMMING SESSIONS

## @ AQUATICS CENTRE, JOHN CHARLES

### DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 2 April 09.00-12.00 or 13.00-16.00

**Cost £24.00 standard or £17.00 Leeds card Extra**

### RACING SKILLS TOUCH & TUMBLE TURNS CAMP\*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 3 April 09.30-14.30

**Cost £32.00 standard or £27.00 Leeds card Extra**

### SWIM STROKE TECHNIQUE\*

(Stage 8 Competitive Swimming, County East/West & Regional Fasttrack)

**Dates Available:**

Butterfly 4 April 09.30-14.30

Backstroke 9 April 09.30-14.30

Breaststroke 10 April 09.30-14.30

Freestyle 11 April 09.30-14.30

**Cost £32.00 standard or £27.00 Leeds card Extra (per day)**

\*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon

Bookings now been taken, book online or call 0113 3760398 to book your child's place





# DTS SQUAD CAMPS

@ AQUATICS CENTRE, JOHN CHARLES

## SQUAD DIVE CAMP

**Dates Available:** 5 April & 10 April

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

**THOSE ATTENDING MUST BE A MEMBER OF THE DIVING  
TRAINING SCHEME**

Remember a pack up! Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online or  
call 0113 3760398**





# DIVE IN

## AQUATICS CENTRE, JOHN CHARLES

### LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

**Dates Available:** 3 April, 8 April, 12 April

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

Children must be able to swim 50 metres or at Stage 5 and be confident in deep water

Those attending the full day camp will enjoy a morning of dryland & pool activity, quick pit stop for lunch (remember a pack up) and same again in the afternoon. Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online or  
call 0113 3760398**





# AIREBOROUGH EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024

## MULTI-SPORT CAMP (8-12YRS)

**Dates Available:** 2, 3, 4, 5, 8, 9, 10, 11, 12 April

**Time:** 10.00-15.00

Enjoy a day of activities, games and even a dip in the pool for a fun swim. There will be plenty of breaks for drinks & snacks and a pit stop for lunch (don't forget a pack up, drinks & snacks). An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

## JUNIOR ROLLER DISCO (8-15YRS)

**Dates Available:** 2 & 9 April

**Time:** 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

## FAMILY ROLLER DISCO (5YRS+)

**Dates Available:** 5 & 12 April

**Time:** 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

### Pricing\*

Multi Sports Camp  
£11.00 ST / £7.50 LCX per day

Roller Disco  
£5.00 ST / £4.00 LCX per day

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Aireborough on 0113 3760398 email [aireborough.lc@leeds.gov.uk](mailto:aireborough.lc@leeds.gov.uk)

# **ARMLEY EASTER HOLIDAY DRYSIDE ACTIVITIES**

30 March - 14 April 2024

## **EASTER EGG HUNT (3-10YRS)**

**Dates Available:** 30 March

**Time:** 11.00-12.30

Gather round for an egg-citing adventure! Join us for a hopping good time at our Easter egg hunt. All children booked will receive an easter egg! For children under 8yrs, adults must remain within building at all times

**\*Pricing\***

**£8.00 per child**

For further information or to make a booking please contact Armley on 0113 3760398 email [armley.lc@leeds.gov.uk](mailto:armley.lc@leeds.gov.uk)

Should you wish to book a place and your child has a dietary requirement please email the team and they will discuss their needs



# HOLT PARK EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024

## MULTI-SPORT CAMP (8-12YRS)

**Dates Available:** 3, 5, 10, 12 April

**Time:** 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

## Bouncy Castle & Soft Play (3-8yrs)

**Dates Available:** 2, 9 April

**Times:** 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

### Pricing\*

Multi Sports Camp  
£11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play  
£3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Holt Park Active on 0113 3760398 email [holtpark.active@leeds.gov.uk](mailto:holtpark.active@leeds.gov.uk)

# **PUDSEY EASTER HOLIDAY DRYSIDE ACTIVITIES**

1 - 14 April 2024

## **Football Fun (8-12yrs)**

**Dates Available:** 4, 8, 11 April

**Time:** 11.00-12.00

## **Football Fun (5-7yrs)**

**Dates Available:** 4, 8, 11 April

**Time:** 10.00-11.00

## **Basketball Fun (8-16yrs)**

**Dates Available:** 3, 10 April

**Time:** 12.00-13.00

## **INFLATABLE FUN SPECIAL (2-5yrs)**

**Dates Available:** 2 April (Easter Themed), 9 April

**Times:** 09.00-10.00

## **INFLATABLE FUN SPECIAL (2-12yrs)**

**Dates Available:** 2 April (Easter Themed), 9 April

**Time:** 10.30-11.30, 12.00-13.00, 13.30-14.30

## **Terminator Inflatable Challenge (6-12yrs)**

**Dates Available:** 4, 11 April

**Time:** 13.00-14.00

For children under 8yrs, adults must remain within building at all times

## **\*Pricing\***

**£3.00 for the Holidays!!**

For further information or to make a booking please contact Pudsey on  
0113 3760398 or email [pudsey.lc@leeds.gov.uk](mailto:pudsey.lc@leeds.gov.uk)



# SCOTT HALL EASTER HOLIDAY DRYSIDE ACTIVITIES

1 - 14 April 2024

## MULTI-SPORT CAMP (8-12yrs)

**Dates Available:** 2, 9 April

**Time:** 10.00-12.00

## GYMNASTICS CAMP (6-15yrs)

**Date Available:** 13 April

**Time:** 10.00-12.00

## GYMNASTICS CAMP (4-5yrs)

**Dates Available:** 13 April

**Time:** 12.00-13.00

For children under 8yrs, adults must remain within building at all times

### Pricing\*

Multi Sports Camp  
£6.00 ST / £5.00 LCX

Gymnastics Camp (2hr)  
£11.00 ST / £7.50 LCX

Gymnastics Camp (1hr)  
£6.50 ST / £5.00 LCX

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Scott Hall on 0113 3760398 or email [scotthall.lc@leeds.gov.uk](mailto:scotthall.lc@leeds.gov.uk)



# **EASTER HOLIDAY GYMNASTICS SESSIONS**

## **KIPPAX LEISURE CENTRE**

**GYMNASTICS CAMP 6-15yrs: 11 April 10.00-12.00**

**GYMNASTICS LESSON 4-5yrs: 11 April 12.00-13.00**

## **MORLEY LEISURE CENTRE**

**GYMNASTICS CAMP 6-15yrs: 4 & 12 April 10.00-12.00**

**GYMNASTICS LESSON 4-5yrs: 4 & 12 April 12.00-13.00**

## **SCOTT HALL LEISURE CENTRE**

**GYMNASTICS CAMP 6-15yrs: 13 April 10.00-12.00**

**GYMNASTICS LESSON 4-5yrs: 13 April 12.00-13.00**

### **Price:**

**1 Hour £6.50 Standard / £5.00 Leeds card Extra**

**2 Hours £11.00 Standard / £7.50 Leeds card Extra**

**\*Children under 8 must have an adult in the building for the duration**

**To book please call a member of the team on 0113 3760398**



Bookings taken via email [sailingcentre@leeds.gov.uk](mailto:sailingcentre@leeds.gov.uk) or contact the office on 0113 3781271. Unless otherwise stated all activities are pre-bookable, with payment made at the time of booking. All bookings are subject to cancellation or change. Please ensure children have suitable clothing for the activity and bring plenty to drink. Please note all activities are from 8yrs and above unless stated otherwise.

Day	Time	Activity	Description	Price
Tue 2 <sup>nd</sup> April	10.00–12.00	Sailing Taster	A 2-hour Introduction to Sailing. Enjoy the feeling of sailing on the water and picking up the basics of how to steer and get afloat safely.	£27.00
Tue 2 <sup>nd</sup> - Fri 5 <sup>th</sup> April	10.00-16.00	Outdoor Activity Camp	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, stand up Boarding, Problem Solving, Bush Craft & the Indoor Cave. Booking is essential.	£170.00
Tue 2 <sup>nd</sup> April	13.00-15.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go. Booking is essential.	£27.00
Tue 2 <sup>nd</sup> & Wed 3 <sup>rd</sup> April	09.30-16.00	Sailing Course Stage 1 -2	2 days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing. Booking is essential.	£130.00
Tue 2 <sup>nd</sup> & Wed 3 <sup>rd</sup> April	09.30-15.30	Canoeing/ Kayaking - Discover	A 2-day beginner's course developing skills in canoeing and kayaking. Booking is essential	£110.00
Tuesday 2 <sup>nd</sup> April	13.00-15.00	Stand up Paddleboard	A 2-hour introduction to Stand up Paddleboarding. Booking is essential.	£27.00
Thu 4 <sup>th</sup> & Fri 5 <sup>th</sup> April	09.30-16.00	Sailing Course Stage 2-3	2 days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing. Booking is essential.	£130.00
Wed 3 <sup>rd</sup> & Thurs 4 <sup>th</sup> April	10.00-16.00	Windsurf Stage 1	An introduction to the basic principles of getting on the water and sailing the board across the wind and back. Develop the skills needed to sail around a course and understand the basic principles needed to become a confident sailor	£110.00
Thursday 4 <sup>th</sup> April	15.00-16.00	Indoor Cave	Join us in a subterranean adventure with lots of twist and turns. Find your way through our maze of stalactites and stalagmites in search of hidden fossils in our fabulous, multi-layered, indoor cave. Booking Essential	£8.00
Friday 5 <sup>th</sup> April	10.00-12.00	Bush Craft & Survival Skills	Adventurous session around our Sailing & Activity Centre learning the secrets of bushcraft and survival skills. Please bring appropriate clothing and footwear for outdoors. Weather dependant. Booking Essential.	£27.00
Saturday 6 <sup>th</sup> April	10.00–12.00	Sailing Taster	A 2-hour Introduction to Sailing. Enjoy the feeling of sailing on the water and picking up the basics of how to steer and get afloat safely.	£27.00



Monday 25<sup>th</sup> – Thursday 28<sup>th</sup> March 2024  
&  
Tuesday 2<sup>nd</sup> – Friday 5<sup>th</sup> April 2024

We are holding family sessions to experience or practice your skills more under the supervision of an instructor. Please contact the office directly on the details below. Why not try .....

Stand up paddleboarding ..... Canoeing .....Kayaking  
.....Raft Building .....Indoor Cave.....Soft  
Archery.....Sailing  
Limited places available.

Bookings taken via email [sailingcentre@leeds.gov.uk](mailto:sailingcentre@leeds.gov.uk) or contact the office on 0113 3781271. Unless otherwise stated all activities are pre-bookable, with payment made at the time of booking. All bookings are subject to cancellation or change. Please ensure children have suitable clothing for the activity and bring plenty to drink. Please note all activities are from 8yrs and above unless stated otherwise.