

Please note Swimming sessions are currently non-bookable (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/Swimming

Cost

Adult: £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Friday 29 th March – Main Pool (Good Friday)		
Time	Session	
08:00 - 09:00	Lane Swim	
09:15 – 10:15	Public Swim (with 2 lanes)	
10:30 – 11:15	Family Float Swim	
11:30 – 12:15	Lane Swim	

Friday 29 th March – Small Pool			
	Time		Session
09:15 – 10:15		Family Fun Sw	im
11:30 – 12:15		Family Swim	

Saturday 30 th March – Main Pool		
	Time	Session
08:30 – 12:15		Junior Swimming Lessons
12:30 – 13:30		Family Fun Swim
13:45 – 14:45		Public Swim (with 2 Lanes)
15:00 - 16:00		Lane Swim

Saturday 30 th March – Small Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Swim

Sunday 31 st March – Main Pool		
Time	Session	
08:30 – 09:15	Lane Swim	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Public Swim (with 2 lanes)	
12:30 – 13:30	Lane Swim	
13:45 – 14:45	Family Float Swim	
15:00 – 15:45	Female Only Family Swim	
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)	



Sunday 31 st March – Small Pool		
Time	Session	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Family Swim	
13:45 – 14:45	Family Swim	

Monday 1 st April – Main Pool		
Т	ime	Session
08:00 - 09:00		Lane Swim
09:45 - 10:30		Aqua Aerobics
10:45 – 11:30		Family Float swim
11:30 – 12:15		Public Swim (2 lanes)

Monday 1 st April – Small Pool		
Time	Session	
09:00 – 09:45	Family Swim	
11:30 – 12:15	Family Swim	

Tuesday 2 nd April – Main Pool		
	Time	Session
08:00 - 09:00		Lane Swim
09:30 – 11:15		Intensive Swimming Lessons (see holiday timetable)
11:30 – 12:15		Family Float Swim
12:30 – 13:15		Lane Swim
13:30 – 14:15		Fun Swim
14:30 – 15:15		Taster Rookie Lifesaving *Bookable*
15:45 – 19:00		Junior Swimming Lessons
20:30 – 21:15		Lane Swim

Tuesday 2 nd April – Small Pool		
Time	Session	
09:30 - 11:15	Intensive Swimming Lessons (see holiday timetable)	
13:30 – 14:15	Fun Swim	
15:45 – 19:00	Junior Swimming Lessons	



Wednesday 3 rd April – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:20 – 15:20	Challenge Award *Bookable*	
15:45 – 18:00	Junior Swimming Lessons	
18:00 – 18:45	Disability Swim	
19:00 – 20:00	Adult Swimming Lessons	
20:30 – 21:30	Lane Swim	

Wednesday 3 rd April – Small Pool	
Time	Session
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13.30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Thursday 4 th April – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:20 – 15:20	Challenge Award *Bookable*	
15:45 – 19:00	Junior Swimming Lessons	
20:30 – 21:15	Female Only Public Swim (with 3 Lanes)	

Thursday 4 th April – Small Pool		
Time	Session	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
12:30 – 13:15	Family Fun Swim	
13:30 – 14:15	Family Fun Swim	
15:45 – 18:00	Junior Swimming Lessons	



Friday 5 th April — Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:30 – 15:15	Aqua Mobility	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Family Float Swim	
19:15 – 20:00	Public Swim (with 2 Lanes)	
20:15 – 21:00	Lane Swim	

Friday 5 th April – Small Pool		
Time	Session	
09:30 – 11.15	Intensive Swimming Lessons (see holiday timetable)	
12:30 – 13:15	Family Fun Swim	
13:30 – 14:15	Family Fun Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Family Fun Swim	

Saturday 6 th April – Main Pool			
	Time		Session
08:30 – 12:15		V	Junior Swimming Lessons
12:30 – 13:30			Family Fun Swim
13:45 – 14:45			Public Swim (with 2 Lanes)
15:00 – 16:00			Lane Swim

Saturday 6 th April – Small Pool		
Time	Session	
08:30 – 12:15	Junior Swimming Lessons	
12:30 – 13:30	Family Swim	

Sunday 7 th April – Main Pool		
	Time	Session
08:30 - 09:15		Lane Swim
09:30 - 10:15		SENsory Family Fun Swim
10:30 – 12:15		Public Swim (with 2 lanes)
12:30 - 13:30		Lane Swim
13:45 – 14:45		Family Float Swim
15:00 – 15:45		Female Only Family Swim
16:00 - 16:45		Female Only Public Swim (with 3 Lanes)



Sunday 7 th April – Small Pool		
	Time	Session
09:30 - 10:15		SENsory Family Fun Swim
10:30 - 12:15		Family Swim
13:45 - 14:45		Family Swim

Monday 8 th April – Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:45 – 10:30	Aqua Aerobics	
10:40 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:30	Fun Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Public Swim (with 2 Lanes)	
19.15 – 20.00	Aqua Zumba	
20.15 – 21.15	Lane Swim (R)	

Monday 8 th April – Small Pool		
	Time	Session
09:15 - 09:45		Adult & Child Swimming lessons
10:40 – 11:15		Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15		Family Swim
13:30 – 14:30		Family Swim
15:45 – 18:00		Junior Swimming Lessons

Tuesday 9 th April – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:15 – 15:30	Taster Stage 8 Competitive Swimming *Bookable*	
15:45 – 19:00	Junior Swimming Lessons	
20:30 – 21:15	Lane Swim	

Tuesday 9 th April – Small Pool		
Time	Session	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
13:30 – 14:15	Fun Swim	
15:45 – 19:00	Junior Swimming Lessons	



Wednesday 10 th April — Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:30 – 15:15	Public Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:00 – 18:45	Disability Swim	
19:00 – 20:00	Adult Swimming Lessons	
20:30 – 21:30	Lane Swim	

	Wednesday 10 th April – Small Pool		
	Time	Session	
09:30 - 11:15		Intensive Swimming Lessons (see holiday timetable)	
12:30 – 13:15		Family Fun Swim	
13.30 – 14:30		Family Fun Swim	
15:45 – 18:00		Junior Swimming Lessons	

Thursday 11 th April – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:30 – 15:15	Public Swim	
15:45 – 19:00	Junior Swimming Lessons	
20:30 – 21:15	Female Only Public Swim (with 3 Lanes)	

Thursday 11 th April – Small Pool		
	Time	Session
09:30 - 11:15		Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15		Family Fun Swim
13:30 – 14:15		Family Fun Swim
15:45 – 18:00		Junior Swimming Lessons



Friday 12 th April – Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Family Float Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
14:30 – 15:15	Aqua Mobility	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Family Float Swim	
19:15 – 20:00	Public Swim (with 2 Lanes)	
20:15 – 21:00	Lane Swim	

Friday 12 th April – Small Pool		
Time	Session	
09:30 – 11.15	Intensive Swimming Lessons (see holiday timetable)	
12:30 – 13:15	Family Fun Swim	
13:30 – 14:15	Family Fun Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Family Fun Swim	

Saturday 13 th April — Main Pool			
	Time		Session
08:30 – 12:15		V	Junior Swimming Lessons
12:30 - 13:30			Family Fun Swim
13:45 – 14:45			Public Swim (with 2 Lanes)
15:00 – 16:00			Lane Swim

Saturday 13 th April – Small Pool		
Time	Session	
08:30 – 12:15	Junior Swimming Lessons	
12:30 – 13:30	Family Swim	

Sunday 14 th April – Main Pool		
	Time	Session
08:30 - 09:15		Lane Swim
09:30 – 10:15		SENsory Family Fun Swim
10:30 – 12:15		Public Swim (with 2 lanes)
12:30 – 13:30		Lane Swim
13:45 – 14:45		Family Float Swim
15:00 – 15:45		Female Only Family Swim
16:00 – 16:45		Female Only Public Swim (with 3 Lanes)



Sunday 14 th April – Small Pool		
Time	Session	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Family Swim	
13:45 – 14:45	Family Swim	

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