

Please note swimming sessions are currently <u>non - bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes

Cost

Adult: £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Friday 29 th March (Good Friday)		
	Time	Session
08.00-08.45		Lane Swim
09.00-09.45		Public Swim
12.15-13.00		Lane Swim
13.15-14.00		Float Swim
14.30-15.15		Public Swim (with 1 Lane)

Saturday 30 th March			
	Time		Session
08.00-13.30			Junior Swimming Lessons
13.30-14.15			Disability Swim
14.30-15.30		X	Public Swim

Sunday 31 st March		
Time Sessi		Session
08.00-09.00		Lane Swim
09.15-10.00		Family Fun Swim
10.30-13.30	8	Junior Swimming Lessons

Monday 1 st April (Easter Monday)		
	Time	Session
08.00-08.45		Lane Swim
09.00-09.45		Public Swim
12.15-13.00		Lane Swim
13.15-14.00		Float Swim
14.30-15.15		Public Swim (with 1 Lane)



Tuesday 2 nd April	
Time	Session
07.00-07.45	Public Swim (with 2 Lanes)
08.00-08.45	Adult Width Swim
09.00-09.45	Family Float Swim
10.00-11:00	Intensive Swimming Lessons
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
14:00-14:30	Assessment Slots *Bookable*
14.30-15.15	Public Swim
15.30-19.00	Junior Swimming Lessons
19.30-20.30	Lane Swim
20.40-21.40	Lane Swim

Wednesday 3rd April		
	Time	Session
07.00-07.45		Lane Swim
08.00-09.00		Public Swim (with 2 Lanes)
09.15-09.45		Adult & Child Swimming Lessons
10.00-11.00		Intensive Swimming Lessons
11.35-12.05		Adult & Child Swimming Lessons
12.15-13.00		Public Swim (with 2 Lanes)
14.30-15.15		Adult Width Swim
15.30-18.00		Junior Swimming Lessons
18.30-19.15		Public Swim (with 2 Lanes)
19.30-20.15		Lane Swim

Thursday 4 th April	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Aqua Aerobics
10.00-11.00	Intensive Swimming Lessons
11.15-12.00	Family Float Swim
12.15-13.00	Lane Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.05-18.50	Lane Swim



Friday 5 th April	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Public Swim
10.00-11.00	Intensive Swimming Lessons
12.15-13.00	Lane Swim
14.30-15.15	Public Swim
15.30-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim

Saturday 6 th April	
Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.15	Disability Swim
14.30-15.30	Public Swim

Sunday 7 th April		
	Time	Session
08.00-09.00		Lane Swim
09.15-10.00		Family Fun Swim
12.15-13.15	V	Public Swim (with 1 Lane)
13.30-14.15		Family Fun Swim
14.30-15.30		Junior Swimming Lessons – Stage 8 Comp
17.00-18.00		Lane Swim

Monday 8 th April	
Time	Session
07.00-08.00	Lane Swim
08.15-09.00	Public Swim (with 2 Lanes)
10.00-10.45	Float Swim
11.00-11.45	Aqua Mobility
12.05-13.05	Public Swim (with 2 Lanes)
14.15-15.15	Disability Swim
15.30-18.30	Junior Swimming Lessons
18.45-19.45	Lane Swim
20.00-20.45	Aqua Aerobics



Tuesday 9 th April	
Time	Session
07.00-07.45	Public Swim (with 2 Lanes)
08.00-08.45	Adult Width Swim
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
14.30-15.15	Public Swim
15.30-19.00	Junior Swimming Lessons
19.30-20.30	Lane Swim
20.40-21.40	Lane Swim

Wednesday 10 th April		
Time	Session	
07.00-07.45	Lane Swim	
08.00-09.00	Public Swim (with 2 Lanes)	
09.15-09.45	Adult & Child Swimming Lessons	
10.00-11.00	Intensive Swimming Lessons	
11.35-12.05	Adult & Child Swimming Lessons	
12.15-13.00	Public Swim (with 2 Lanes)	
14.30-15.15	Adult Width Swim	
15.30-18.00	Junior Swimming Lessons	
18.30-19.15	Public Swim (with 2 Lanes)	
19.30-20.15	Lane Swim	

Thursday 11 th April		
Time	Session	
07.00-07.45	Lane Swim	
08.00-08.45	Public Swim (with 2 Lanes)	
09.00-09.45	Aqua Aerobics	
10.00-11.00	Intensive Swimming Lessons	
11.15-12.00	Family Float Swim	
12.15-13.00	Lane Swim	
14.30-15.15	Adult Width Swim	
15.30-18.00	Junior Swimming Lessons	
18.05-18.50	Lane Swim	



Friday 12 th April		
Time	Session	
07.00-07.45	Lane Swim	
08.00-08.45	Public Swim (with 2 Lanes)	
09.00-09.45	Public Swim	
10.00-11.00	Intensive Swimming Lessons	
12.15-13.00	Lane Swim	
14.15-15.15	Staff Training	
15.30-18.00	Junior Swimming Lessons	
18.15-19.00	Lane Swim	

Saturday 13 th April		
Time	Session	
08.00-13.30	Junior Swimming Lessons	
13.30-14.15	Disability Swim	
14.30-15.30	Public Swim	

Sunday 14 th April			
	Time	Session	
08.00-09.00		Lane Swim	
09.15-10.00		Family Fun Swim	
12.15-13.15		Public Swim (with 1 Lane)	
13.30-14.15		Family Fun Swim	
14.30-15.30		Junior Swimming Lessons – Stage 8 Comp	
17.00-18.00		Lane Swim	

For session descriptions please visit active.leeds.gov.uk/swimming