Swimming Timetable
Monday 15 April – Sunday 26 May 2024

Please note swimming sessions are currently non-bookable (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Monday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 09:45	Adult & Child Swimming Lessons
09:45 – 10:30	Aqua Aerobics
10:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Lane Swim
13:30 – 14:30	School Swimming Lessons
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (2 Lanes)
19.15 – 20.00	Aqua Zumba
20:15 – 21:15	Lane Swim (R)

Monday – Small Pool	
Time	Session
09:15 – 09:45	Junior Swimming Lessons
10:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Public Swim
13:30 – 14:30	School Swimming Lessons
15:45 – 18:45	Junior Swimming Lessons

Tuesday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Lane Swim
13:30 – 14:00	School Swimming Lessons
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15,	Lane Swim

Tuesday – Small Pool	
Time	Session
09:30 – 12:00	School Swimming Lessons
12:15 – 13:15	Adult & Child swimming Lesson
13:30 – 14:00	School Swimming Lessons
15:45 – 19:00	Junior Swimming Lessons

Wednesday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Lane Swim
13:30 – 15:00	School Swimming Lessons
15:45 – 18:00	Junior Swimming Lessons
18:00 – 18:45	Disability Swim
19:00 – 20:00	Adult Swimming Lessons
20:30 – 21:30	Lane Swim

Wednesday – Small Pool	
Time	Session
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Public Swim
13:30 – 15:00	School Swimming Lessons
15:45 – 18:00	Junior Swimming Lessons

Thursday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Lane Swim
13:30 – 15:00	School Swimming Lessons
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Female Only Public Swim 2 Lanes

Thursday – Small Pool	
Time	Session
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Public Swim
13:30 – 15:00	School Swimming Lessons
15:45 – 19:00	Junior Swimming Lessons

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Friday – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Lane Swim
13:30 – 14:30	School Swimming Lessons
14:30 – 15:15	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Float Swim
19:15 – 20.00	Public Swim (with 2 Lanes)
20:15 – 21.00	Lane Swim

Friday – Small Pool	
Time	Session
09:30 – 12:00	School Swimming Lessons
12:30 – 13:15	Public Swim
13:30 – 14:30	School Swimming Lessons
15:45 – 18:00	Junior Swimming Lessons

Saturday – Main Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Float Swim
13:45 – 14:45	Public Swim (with 2 Lanes)
15:00 – 15.45	Lane Swim

Saturday – Small Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Fun Swim

Sunday – Main Pool	
Time	Session
08:30 – 09:15	Lane Swim
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Public Swim (with 2 lanes)
12:30 – 13:30	Lane Swim (3 lanes) R
13:45 – 14:45	Family Float Swim
15:00 – 15:45	Female Only Family Swim
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)

Swimming Timetable
Monday 15 April – Sunday 26 May 2024

Sunday – Small Pool	
Time	Session
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Family Swim
13:45 – 14:45	Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming