

**Pool Timetable**  
**Monday 15 April – Sunday 26 May 2024**

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit [active.leeds.gov.uk/swimming](http://active.leeds.gov.uk/swimming)**

**Cost**

**Adult:** £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

**Junior:** £2.70 Standard, U3s Free

*Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.*

R = restricted lanes, pool may be shared with another booking

| Monday      |                            |
|-------------|----------------------------|
| Time        | Session                    |
| 07:00-08:30 | Lane Swim 50m (R)          |
| 09:30-10:30 | Lane Swim 25m              |
| 12:00-13:00 | Lane Swim 25m (R)          |
| 12:00-13:00 | Swim Fit Lane Swim 25m (R) |
| 13:30-14:30 | Lane Swim 25m (R)          |
| 20:30-21:30 | Lane Swim 25m (R)          |

| Tuesday     |                   |
|-------------|-------------------|
| Time        | Session           |
| 07:00-08:30 | Lane Swim 25m (R) |
| 09:30-10:30 | Lane Swim 25m     |
| 12:00-13:00 | Lane Swim 25m (R) |
| 13:30-14:30 | Lane Swim 25m (R) |
| 17:30-18:30 | Lane Swim 25m (R) |
| 18:45-19:45 | Lane Swim 25m (R) |

| Wednesday   |                   |
|-------------|-------------------|
| Time        | Session           |
| 07:00-08:30 | Lane Swim 50m (R) |
| 09:30-10:30 | Lane Swim 25m     |
| 12:00-13:00 | Lane Swim 25m (R) |
| 13:30-14:30 | Lane Swim 25m (R) |
| 17:30-18:30 | Lane Swim 25m (R) |
| 19:30-20:30 | Lane Swim 25m (R) |

**Pool Timetable**  
**Monday 15 April – Sunday 26 May 2024**

| Thursday    |                   |
|-------------|-------------------|
| Time        | Session           |
| 07:00-08:30 | Lane Swim 50m (R) |
| 09:30-10:30 | Lane Swim 25m     |
| 12:00-13:00 | Lane Swim 25m (R) |
| 13:30-14:30 | Lane Swim 25m (R) |
| 18:00-19:00 | Lane Swim 25m (R) |

| Friday      |   |
|-------------|---|
| Time        | Session                                 |
| 07:00-08:30 | Lane Swim 50m (R)                       |
| 09:30-10:30 | Lane Swim 25m                           |
| 12:00-13:00 | Disability Swim (Shallow End Main Pool) |
| 12:00-13:00 | Lane Swim 25m (R)                       |
| 13:30-14:30 | Lane Swim 25m (R)                       |
| 17:30-18:30 | Lane Swim 25m (R)                       |

| Saturday    |                       |
|-------------|-----------------------|
| Time        | Session               |
| 07:30-08:30 | Masters Lane Swim 50m |
| 09:30-10:30 | Lane Swim 25m         |
| 10:45-11:45 | Lane Swim 25m         |
| 12:30-13:30 | Lane Swim 25m         |
| 14:00-15:00 | Lane Swim 25m         |

**\*\* PLEASE NOTE THE CENTRE WILL BE CLOSED DUE TO EVENTS ON THE FOLLOWING DATES\*\***

27/04/24      11/05/24

18/05/24

| Sunday      |               |
|-------------|---------------|
| Time        | Session       |
| 08:30-09:30 | Lane Swim 25m |
| 10:00-11:00 | Lane Swim 25m |
| 11:30-12:30 | Lane Swim 25m |
| 12:45-13:45 | Lane Swim 25m |
| 14:00-15:00 | Lane Swim 25m |

**\*\* PLEASE NOTE THE CENTRE WILL BE CLOSED DUE TO EVENTS ON THE FOLLOWING DATES\*\***

28/04/24      12/05/24

19/05/24      26/05/24

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)