

LEEDS SAILING AND ACTIVITY CENTRE OPEN DAY!

MONDAY 27th MAY – From 9.30am

Cave Bookable: 13:30; 14:45.



**Watersports Sessions are bookable at:
09:30; 10:45; 12:00; 13:30; 14:45.**



**Bellboat excursion Bookable:
On the Day**

TASTER SESSIONS: Sailing, Kayaking, Stand-Up Paddleboarding (SUP) & Indoor Caving. Sailing, Kayaking, SUP & Cave (50-minute sessions) to be booked in advance - £10.00pp

Just bring a towel, change of clothes and old trainers – we will provide all safety equipment (and a wet suit if required)! Bellboat excursions: 20-minute sessions, can be booked on the day - £2.50pp

FOR MORE INFO OR TO BOOK

Email: sailing.centre@leeds.gov.uk Or call 0113 378 1271

REFRESHMENTS AVAILABLE – BRING THE FAMILY!



MAY HALF TERM SWIMMING LESSONS

27 May - 7 June 2024

SCAN ME
TO BOOK ONLINE



AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX	KIRKSTALL
<p>Non-Swimmer Intensive Tues-Fri 09.45-10.15</p> <p>Beginner Intensive Tues-Fri 08.35-09.05, 09.10-09.40</p> <p>Improver Intensive Tues-Fri 08.35-09.05, 09.10-09.40, 09.45-10.15</p> <p>Advanced Intensive Tues-Fri 08.35-09.05, 09.10-09.40</p>	<p>Beginner Intensive Tues-Fri 09.30-10.00, 10.05-10.35, 10.40-11.10</p> <p>Improver Intensive Tues-Fri 09.30-10.00, 10.10-10.40</p> <p>Swim Stroke Improvement Breaststroke Tues 10.40-11.10 Butterfly Wed 10.40-11.10 Breaststroke Thurs 10.40-11.10 Front crawl Fri 10.40-11.10</p> <p>Introduction To Rookie Lifesaving Tues 14.15-15.15</p>	<p>Improver Intensive Tues-Fri 09.00-09.30, 10.30-11.00, 11.10-11.40</p> <p>1-2-1 Lesson (30min slots) Tues/Wed/Thurs/Fri 10.30-11.00</p> <p>9-14yr Improver Intensive Tues-Fri 11.10-11.40</p>	<p>Beginner Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p> <p>Improver Intensive Tues-Fri 10.00-10.30, 10.30-11.00</p>	<p>Adult & Non-Swimmer Intensive Tues-Fri 14.45-15.15</p> <p>Beginner Intensive Tues-Fri 14.15-14.45, 14.45-15.15</p> <p>Improver Intensive Tues-Fri 14.15-14.45, 14.45-15.15</p> <p>Advanced Intensive Tues-Fri 14.15-14.45</p>	<p>Advanced Intensive Tues-Fri 14.30-15.00</p> <p>1-2-1 Lesson (30min slots) Tues 10.45-11.15 Fri 10.45-11.15</p>
MORLEY	PUDSEY	SCOTT HALL	WETHERBY	PRICING*	
<p>Beginner Intensive Tues-Fri 14.45-15.15</p> <p>Improver Intensive Tues-Fri 14.00-14.30</p>	<p>Non-Swimmer Intensive Tues-Fri 10.55-11.25</p>	<p>Beginner Intensive Tues-Fri 08.45-09.15</p> <p>Improver Intensive Tues-Fri 09.20-09.50</p>	<p>Non-Swimmer Intensive Tues-Fri 13.30-14.00</p> <p>Beginner Intensive Tue-Fri 14.00-14.30</p> <p>Improver Intensive Tue-Fri 14.00-14.30</p> <p>1-2-1 Lesson (30min slots) Thurs 9.30-11.30 Fri 10.00-11.30</p>	<p>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</p> <p>1-2-1 LESSON £22.50 ST / £16.00 LCX</p> <p>SWIM STROKE IMPROVEMENT & INTRODUCTION TO... £7.00 ST / £5.00 LCX</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>	

For further information or to make a booking please contact your chosen centre direct, for contact details visit active.leeds.gov.uk

Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.

MAY HALF TERM SWIMMING LESSONS

DESCRIPTIONS & INFORMATION

SCAN ME
TO BOOK ONLINE



ADULT & NON-SWIMMER INTENSIVE	NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR IMPROVER INTENSIVE
<p>Intensive swimming lessons for children aged 3-8years with no swimming experience. Requires an adult to support in the water. The children will work towards the preschool stage.</p>	<p>For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes. .</p>	<p>For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.</p>	<p>For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.</p>	<p>For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.</p>	<p>For older improvers (9-14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 & Stage 4 Swim England outcomes.</p>
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	INTRODUCTION TO...			
<p>These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.</p>	<p>For children in Swim England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.</p>	<p>An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro). Swimmers must have completed Stage 7.</p>	<p>PRICING*</p> <p>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</p> <p>1-2-1 LESSON £22.50 ST / £16.00 LCX</p> <p>SWIM STROKE IMPROVEMENT & INTRODUCTION TO... £7.00 ST / £5.00 LCX</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>		

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JUNIOR ROLLER DISCO (8-15YRS)

Dates Available: 28 May

Time: 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

FAMILY ROLLER DISCO (5YRS+)

Dates Available: 31 May

Time: 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

Pricing*

Roller Disco

£5.00 ST / £4.00 LCX per day

*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Aireborough on 0113 3760398 email aireborough.lc@leeds.gov.uk

HOLT PARK MAY HALF TERM DRYSIDE ACTIVITIES

27 May - 2 June 2024

MULTI-SPORT CAMP (8-12YRS)

Dates Available: 29 May

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Bouncy Castle & Soft Play (3-8yrs)

Dates Available: 28 May

Times: 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

Pricing*

Multi Sports Camp
£11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play
£3.00 - PROMOTIONAL PRICE

*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Holt Park Active on 0113 3760398 email holtpark.active@leeds.gov.uk

PUDSEY MAY HALF TERM DRYSIDE ACTIVITIES

27 May - 2 June 2024

Netball Fun (8-16yrs)

Dates Available: 29 May

Time: 12.30-13.30

Football Fun (8-12yrs)

Dates Available: 30 May

Time: 11.00-12.00

Football Fun (5-7yrs)

Dates Available: 30 May

Time: 10.00-11.00

Basketball Fun (8-16yrs)

Dates Available: 31 May

Time: 11.00-12.00

INFLATABLE FUN SPECIAL (2-12yrs)

Dates Available: 28 May

Time: 09.00-10.00, 10.30-11.30, 12.00-13.00, 13.30-14.30

Terminator Inflatable Challenge (6-12yrs)

Dates Available: 30 May

Time: 13.00-14.00

For children under 8yrs, adults must remain within building at all times

Pricing

£3.00 for the Holidays!!

For further information or to make a booking please contact Pudsey on
0113 3760398 or email pudsey.lc@leeds.gov.uk