

# LEEDS SAILING AND ACTIVITY CENTRE OPEN DAY!

**MONDAY 27th MAY – From 9.30am**

**Cave Bookable: 13:30; 14:45.**



**Watersports Sessions are bookable at:  
09:30; 10:45; 12:00; 13:30; 14:45.**



**Bellboat excursion Bookable:  
On the Day**

**TASTER SESSIONS: Sailing, Kayaking, Stand-Up Paddleboarding (SUP) & Indoor Caving. Sailing, Kayaking, SUP & Cave (50-minute sessions) to be booked in advance - £10.00pp**

**Just bring a towel, change of clothes and old trainers – we will provide all safety equipment (and a wet suit if required)! Bellboat excursions: 20-minute sessions, can be booked on the day - £2.50pp**

**FOR MORE INFO OR TO BOOK**

**Email: [sailing.centre@leeds.gov.uk](mailto:sailing.centre@leeds.gov.uk) Or call 0113 378 1271**

**REFRESHMENTS AVAILABLE – BRING THE FAMILY!**



# MAY HALF TERM SWIMMING LESSONS

## 27 May - 7 June 2024

SCAN ME  
TO BOOK ONLINE



AIREBOROUGH	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX	KIRKSTALL
<p><b>Non-Swimmer Intensive</b> Tues-Fri 09.45-10.15</p> <p><b>Beginner Intensive</b> Tues-Fri 08.35-09.05, 09.10-09.40</p> <p><b>Improver Intensive</b> Tues-Fri 08.35-09.05, 09.10-09.40, 09.45-10.15</p> <p><b>Advanced Intensive</b> Tues-Fri 08.35-09.05, 09.10-09.40</p>	<p><b>Beginner Intensive</b> Tues-Fri 09.30-10.00, 10.05-10.35, 10.40-11.10</p> <p><b>Improver Intensive</b> Tues-Fri 09.30-10.00, 10.10-10.40</p> <p><b>Swim Stoke Improvement</b> Breaststroke Tues 10.40-11.10 Butterfly Wed 10.40-11.10 Breaststroke Thurs 10.40-11.10 Front crawl Fri 10.40-11.10</p> <p><b>Introduction To Rookie Lifesaving</b> Tues 14.15-15.15</p>	<p><b>Improver Intensive</b> Tues-Fri 09.00-09.30, 10.30-11.00, 11.10-11.40</p> <p><b>1-2-1 Lesson (30min slots)</b> Tues/Wed/Thurs/Fri 10.30-11.00</p> <p><b>9-14yr Improver Intensive</b> Tues-Fri 11.10-11.40</p>	<p><b>Beginner Intensive</b> Tues-Fri 10.00-10.30, 10.30-11.00</p> <p><b>Improver Intensive</b> Tues-Fri 10.00-10.30, 10.30-11.00</p>	<p><b>Adult &amp; Non-Swimmer Intensive</b> Tues-Fri 14.45-15.15</p> <p><b>Beginner Intensive</b> Tues-Fri 14.15-14.45, 14.45-15.15</p> <p><b>Improver Intensive</b> Tues-Fri 14.15-14.45, 14.45-15.15</p> <p><b>Advanced Intensive</b> Tues-Fri 14.15-14.45</p>	<p><b>Advanced Intensive</b> Tues-Fri 14.30-15.00</p> <p><b>1-2-1 Lesson (30min slots)</b> Tues 10.45-11.15 Fri 10.45-11.15</p>
MORLEY	PUDSEY	SCOTT HALL	WETHERBY	PRICING*	
<p><b>Beginner Intensive</b> Tues-Fri 14.45-15.15</p> <p><b>Improver Intensive</b> Tues-Fri 14.00-14.30</p>	<p><b>Non-Swimmer Intensive</b> Tues-Fri 10.55-11.25</p>	<p><b>Beginner Intensive</b> Tues-Fri 08.45-09.15</p> <p><b>Improver Intensive</b> Tues-Fri 09.20-09.50</p>	<p><b>Non-Swimmer Intensive</b> Tues-Fri 13.30-14.00</p> <p><b>Beginner Intensive</b> Tue-Fri 14.00-14.30</p> <p><b>Improver Intensive</b> Tue-Fri 14.00-14.30</p> <p><b>1-2-1 Lesson (30min slots)</b> Thurs 9.30-11.30 Fri 10.00-11.30</p>	<p><b>INTENSIVE 4 DAY</b> £28.00 ST / £20.00 LCX</p> <p><b>1-2-1 LESSON</b> £22.50 ST / £16.00 LCX</p> <p><b>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO...</b> £7.00 ST / £5.00 LCX</p> <p><b>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</b></p>	

For further information or to make a booking please contact your chosen centre direct, for contact details visit [active.leeds.gov.uk](http://active.leeds.gov.uk)

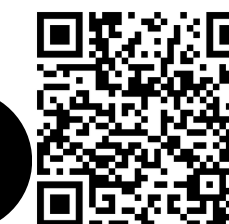
Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.



# MAY HALF TERM SWIMMING LESSONS

## DESCRIPTIONS & INFORMATION

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TO BOOK ONLINE



ADULT & NON-SWIMMER INTENSIVE	NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR IMPROVER INTENSIVE
<p>Intensive swimming lessons for children aged 3-8years with no swimming experience. Requires an adult to support in the water. The children will work towards the preschool stage.</p>	<p>For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes. .</p>	<p>For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.</p>	<p>For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.</p>	<p>For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.</p>	<p>For older improvers (9-14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 &amp; Stage 4 Swim England outcomes.</p>
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	INTRODUCTION TO...			
<p>These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.</p>	<p>For children in Swim England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.</p>	<p>An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).  Swimmers must have completed Stage 7.</p>	<p><b>PRICING*</b></p> <p>INTENSIVE 4 DAY £28.00 ST / £20.00 LCX</p> <p>1-2-1 LESSON £22.50 ST / £16.00 LCX</p> <p>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO... £7.00 ST / £5.00 LCX</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>		

For further information or to make a booking please contact your chosen centre direct, for contact details visit [active.leeds.gov.uk](http://active.leeds.gov.uk)

Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.

## **JUNIOR ROLLER DISCO (8-15YRS)**

**Dates Available:** 28 May

**Time:** 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

## **FAMILY ROLLER DISCO (5YRS+)**

**Dates Available:** 31 May

**Time:** 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

### **Pricing\***

Roller Disco

£5.00 ST / £4.00 LCX per day

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Aireborough on 0113 3760398 email [aireborough.lc@leeds.gov.uk](mailto:aireborough.lc@leeds.gov.uk)

# HOLT PARK MAY HALF TERM DRYSIDE ACTIVITIES

27 May - 2 June 2024

## MULTI-SPORT CAMP (8-12YRS)

**Dates Available:** 29 May

**Time:** 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

## Bouncy Castle & Soft Play (3-8yrs)

**Dates Available:** 28 May

**Times:** 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

### Pricing\*

Multi Sports Camp  
£11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play  
£3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Holt Park Active on 0113 3760398 email [holtpark.active@leeds.gov.uk](mailto:holtpark.active@leeds.gov.uk)

# PUDSEY MAY HALF TERM DRYSIDE ACTIVITIES

27 May - 2 June 2024

## Netball Fun (8-16yrs)

Dates Available: 29 May

Time: 12.30-13.30

## Football Fun (8-12yrs)

Dates Available: 30 May

Time: 11.00-12.00

## Football Fun (5-7yrs)

Dates Available: 30 May

Time: 10.00-11.00

## Basketball Fun (8-16yrs)

Dates Available: 31 May

Time: 11.00-12.00

## INFLATABLE FUN SPECIAL (2-12yrs)

Dates Available: 28 May

Time: 09.00-10.00, 10.30-11.30, 12.00-13.00, 13.30-14.30

## Terminator Inflatable Challenge (6-12yrs)

Dates Available: 30 May

Time: 13.00-14.00

For children under 8yrs, adults must remain within building at all times

**\*Pricing\***

**£3.00 for the Holidays!!**

For further information or to make a booking please contact Pudsey on  
0113 3760398 or email [pudsey.lc@leeds.gov.uk](mailto:pudsey.lc@leeds.gov.uk)



# DIVE IN

## AQUATICS CENTRE, JOHN CHARLES

### LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

**Dates Available:** 28 & 30 May

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

Children must be able to swim 50 metres or at Stage 5 and be confident in deep water

Those attending the full day camp will enjoy a morning of dryland & pool activity, quick pit stop for lunch (remember a pack up) and same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online, speak to reception or call 0113 3760398 to book your child's place**



# DTS SQUAD CAMPS

**AQUATICS CENTRE, JOHN CHARLES**

**Dates Available:** 29 May

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

**THOSE ATTENDING MUST BE A MEMBER OF THE DIVING TRAINING SCHEME**

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online, speak to reception or call 0113 3760398**





# COMPETITIVE SWIMMING SESSIONS

**@ AQUATICS CENTRE, JOHN CHARLES**

## DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 29 May 09.00-12.00 or 13.00-16.00

**Cost £24.00 standard or £17.00 Leedscard Extra**

## TECHNIQUE IM SKILLS CAMP\*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 28 & 30 May 09.30-14.30

**Cost £32.00 standard or £27.00 Leedscard Extra**

\*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online or call 0113 3760398 to book your child's place**

