

Swimming Timetable
22 July – 1 September 24

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Weeks 1 - 5: Monday 22nd July – Sunday 25th August

Monday Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:45 – 10:30	Aqua Aerobics
10:35 – 11:20	Fun Swim
11:30 – 12:20	Public Swim (2 lanes)
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (2 lanes)
19:15 – 20:00	Aqua Zumba
20:15 – 21:15	Lane Swim

Monday Small Pool	
Time	Session
09:15 – 09:45	Adult and Child
12:30 – 13:15	Family Swim
13:30 – 14:30	Family Swim
15:45 – 18:00	Junior Swimming Lessons

Tuesday Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:15 – 15:30	Staff Training
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Lane Swim

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Tuesday Small Pool	
Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:00	Fun Swim
12:15 – 12:45	Adult & Child swimming lesson
13:30 – 14:15	Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Wednesday Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:30 - 15:15	Fun Swim *
15:45 – 18:00	Junior Swimming Lessons
18:00 – 18:45	Disability Swim
19:00 – 20:00	Adult Swimming Lessons
20:30 – 21:15	Lane Swim

* Please note due to an external hire these sessions will not run on 7th & 14th August 2024

Wednesday Small Pool	
Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Thursday Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:30 - 15:15	Fun Swim
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Female Only Public Swim (with 3 Lanes)

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Thursday Small Pool	
Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim

Friday Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Fun Swim *
14:30 – 15:15	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Float Swim
19:05 – 19:50	Public Swim (with 2 Lanes)
20:00 – 20:45	Lane Swim

* Please note due to an external hire these sessions will not run on 9th and 16th August 2024

Friday Small Pool	
Time	Session
09:30 – 11:20	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim *
15:45 – 18:00	Junior Swimming Lessons

* Please note due to an external hire these sessions will not run on 9th and 16th August 2024

Saturday Main Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Public Swim (with 2 Lanes)
13:45 – 14:45	Public Swim (with 2 Lanes)
15:00 – 16:00	Lane Swim

Saturday Small Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Swim
13:45 – 14:45	Family Swim

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Sunday Main Pool	
Time	Session
08:30 – 09:15	Lane Swim
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Public Swim (with 2 lanes)
12:30 – 13:30	Lane Swim
13:45 – 14:45	Fun Swim
15:00 – 15:45	Female Only Family Swim
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)

Sunday Small Pool	
Time	Session
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Family Swim
13:45 – 14:45	Family Swim

For session descriptions please visit active.leeds.gov.uk/Swimming

SUMMER HOLIDAYS

Swimming Timetable
22 July – 1 September 24

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Cost

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Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 26th August - Sunday 1st September

Monday 26th August (BANK HOLIDAY)

CLOSED

Tuesday 27th August - Main Pool

Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:15 – 15:30	Staff Training
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Lane Swim

Tuesday 27th August - Small Pool

Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:00	Fun Swim
12:15 – 12:45	Adult & Child swimming lesson
13:30 – 14:15	Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Swimming Timetable
22 July – 1 September 24

Wednesday 28th August - Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:30 - 15:15	Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:00 – 18:45	Disability Swim
19:00 – 20:00	Adult Swimming Lessons
20:30 – 21:15	Lane Swim

Wednesday 28th August - Small Pool	
Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Thursday 29th August - Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Float Swim
14:30 - 15:15	Fun Swim
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Female Only Public Swim (with 3 Lanes)

Thursday 29th August - Small Pool	
Time	Session
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim

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Friday 30th August - Main Pool

Time	Session
08:00 – 09:00	Lane Swim
09:30 – 11:10	Intensive Swimming Lessons (see holiday timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Fun Swim
14:30 – 15:15	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Family Float Swim
19:05 – 19:50	Public Swim (with 2 Lanes)
20:00 – 20:45	Lane Swim

Friday 30th August - Small Pool

Time	Session
09:30 – 11:20	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Family Fun Swim
13:30 – 14:15	Family Fun Swim
15:45 – 18:00	Junior Swimming Lessons

Saturday 31st August - Main Pool

Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Public Swim (with 2 Lanes)
13:45 – 14:45	Public Swim (with 2 Lanes)
15:00 – 16:00	Lane Swim

Saturday 31st August - Small Pool

Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Swim
13:45 – 14:45	Family Swim

Sunday 1st September - Main Pool

Time	Session
08:30 – 09:15	Lane Swim
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Public Swim (with 2 lanes)
12:30 – 13:30	Lane Swim
13:45 – 14:45	Fun Swim
15:00 – 15:45	Female Only Family Swim
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)

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Sunday 1st September - Small Pool	
Time	Session
09:30 – 10:15	SENsory Family Fun Swim
10:30 – 12:15	Family Swim
13:45 – 14:45	Family Swim

For session descriptions please visit active.leeds.gov.uk/Swimming

SUMMER HOLIDAYS