

Please note Swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. For session descriptions please visit <u>active.leeds.gov.uk/Swimming</u>

#### Cost

**Adult:** £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

# Weeks 1-5: Monday 22<sup>nd</sup> July – Sunday 25<sup>th</sup> August

| Monday      |                         |  |
|-------------|-------------------------|--|
| Time        | Session                 |  |
| 12:00-12:45 | Lane Swim               |  |
| 13.00-14.00 | Public Swim             |  |
| 14.15-15.15 | Float Swim              |  |
| 15:45-18:00 | Junior Swimming Lessons |  |
| 18:15-19:00 | Public Swim             |  |
| 19:15-20:15 | Lane Swim               |  |

| Tuesday     |  |  |
|-------------|--|--|
| Time        | Session  |  |
| 07:00-09:00 | Lane Swim                                      |  |
| 09:15-09:45 | Adult & Child Swimming Lessons                 |  |
| 09.50-10.50 | Intensive Swimming Lessons (See separate post) |  |
| 11.00-11.45 | Public Swim***                                 |  |
| 12:00-12:45 | Aqua Aerobics                                  |  |
| 12:00-13.00 | Adult Width Swim (Deep Water)                  |  |
| 13.15-14.15 | Float Swim***                                  |  |
| 15:45-18:00 | Junior Swimming Lessons                        |  |
| 18.05-18.20 | Swim Assessments (Bookable)                    |  |
| 18:30-21:00 | Private Hire                                   |  |

<sup>\*\*\*</sup> No Public Swim & Float Swim 30/07/2024 & 13/08/2024

| Wednesday   |                            |  |
|-------------|----------------------------|--|
| Time        | Session                    |  |
| 13.15-14.15 | Lane Swim***               |  |
| 14.30-15.15 | Float Swim***              |  |
| 15:45-19:10 | Junior Swimming Lessons    |  |
| 18:00-19:00 | Rookie Lifesaving          |  |
| 19:30-20:15 | Public Swim (with 2 Lanes) |  |
| 20:25-21:25 | Lane Swim                  |  |
|             |                            |  |

<sup>\*\*\*</sup> No Lane Swim & Float Swim 31/07/2024 & 14/08/2024



| Thursday    |  |  |
|-------------|--|--|
| Time        | Session  |  |
| 07:00-09:00 | Lane Swim                                      |  |
| 09:15-10:20 | Adult & Child Swimming Lessons                 |  |
| 10.30-11.45 | Intensive Swimming Lessons (See separate post) |  |
| 12.00-13.00 | Lane Swim                                      |  |
| 13.15-14.15 | Public Swim                                    |  |
| 14.30-15.15 | Float Swim                                     |  |
| 15:45-19:10 | Junior Swimming Lessons                        |  |
| 19:25-20:25 | Lane Swim                                      |  |
| 20:30-21:30 | Private Hire                                   |  |

| Friday Priday |                             |  |
|---------------|-----------------------------|--|
| Time          | Session                     |  |
| 13.30-14.30   | Float Swim                  |  |
| 14:45-15:30   | Public Swim                 |  |
| 15:45-18:00   | Junior Swimming Lessons     |  |
| 18.05-18.20   | Swim Assessments (Bookable) |  |
| 18:45-20:45   | Private Hire                |  |

| Saturday Saturday |      |  |                         |
|-------------------|------|--|-------------------------|
|                   | Time |  | Session                 |
| 07:55-12:10       |      |  | Junior Swimming Lessons |
| 10.30-12.00       |      |  | Synchro STS             |
| 12:30-13:30       |      |  | Lane Swim               |
| 13.45-14.30       |      |  | Float Swim              |

| Sunday      |                       |  |
|-------------|-----------------------|--|
| Time        | Session               |  |
| 08:45-09:45 | Lane Swim             |  |
| 10:00-10.45 | Public Swim           |  |
| 11.00-11.45 | Family Fun Swim       |  |
| 12.00-13.00 | Public Swim – 3 Lanes |  |



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Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

## Week 6: Monday 26th August - Sunday 1st September

# Monday (BANK HOLIDAY) CLOSED

| Tuesday     |      |                                |
|-------------|------|--------------------------------|
|             | Time | Session                        |
| 07:00-09:00 |      | Lane Swim                      |
| 09:15-09:45 | (    | Adult & Child Swimming Lessons |
| 10.00-11.30 |      | Public Swim                    |
| 12:00-12:45 |      | Aqua Aerobics                  |
| 12:00-13.00 |      | Adult Width Swim (Deep Water)  |
| 13.15-14.15 |      | Float Swim                     |
| 15:45-18:00 |      | Junior Swimming Lessons        |
| 18.05-18.20 |      | Swim Assessments (Bookable)    |
| 18:30-21:00 |      | Private Hire                   |

| Wednesday   |                            |  |
|-------------|----------------------------|--|
| Time        | Session                    |  |
| 13.15-14.15 | Lane Swim                  |  |
| 14.30-15.15 | Public Swim                |  |
| 15:45-19:10 | Junior Swimming Lessons    |  |
| 18:00-19:00 | Rookie Lifesaving          |  |
| 19:30-20:15 | Public Swim (with 2 Lanes) |  |
| 20:25-21:25 | Lane Swim                  |  |



| Thursday     |                                |  |
|--------------|--------------------------------|--|
| Time Session |                                |  |
| 07:00-09:00  | Lane Swim                      |  |
| 09:15-10:20  | Adult & Child Swimming Lessons |  |
| 10.30-11.45  | Public Swim                    |  |
| 12.00-13.00  | Lane Swim                      |  |
| 15:45-19:10  | Junior Swimming Lessons        |  |
| 19:25-20:25  | Lane Swim                      |  |
| 20:30-21:30  | Private Hire                   |  |

| Friday Priday |                             |  |
|---------------|-----------------------------|--|
| Time          | Session                     |  |
| 13.30-14.30   | Swim Assessments (Bookable) |  |
| 14:45-15:30   | Public Swim                 |  |
| 15:45-18:00   | Junior Swimming Lessons     |  |
| 18.05-18.20   | Swim Assessments (Bookable) |  |
| 18:45-20:45   | Private Hire                |  |

| Saturday    |      |                         |  |
|-------------|------|-------------------------|--|
|             | Time | Session                 |  |
| 07:55-12:10 |      | Junior Swimming Lessons |  |
| 10.30-12.00 |      | Synchro STS             |  |
| 12:30-13:30 |      | Lane Swim               |  |
| 13.45-14.30 |      | Float Swim              |  |

| Sunday      |                       |
|-------------|-----------------------|
| Time        | Session               |
| 08:45-09:45 | Lane Swim             |
| 10:00-10.45 | Public Swim           |
| 11.00-11.45 | Family Fun Swim       |
| 12.00-13.00 | Public Swim – 3 Lanes |

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