

Swimming Timetable
22 July – 1 September 24

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Week 1: Monday 22nd July – Sunday 28th July

Monday	
Time	Session
06:45-09:00	Lane Swim
09:05-09:55	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:00-11:55	Public Swim (with 1 Lane)
12:05-13:00	Lane Swim
14.15-15.00	Fun Swim
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday	
Time	Session
06:45-09:00	Lane Swim
09:05-10:45	Public Swim (with 1 Lane)
12:30-13:00	Adult & Child Swimming Lessons
14:15-15:00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Wednesday	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:30-11:30	Public Swim (with 1 Lane)
12:05-13:00	Lane Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

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Thursday	
Time	Session
06:45-09:00	Lane Swim
10:00-11:00	Fun Swim
12:05-13:00	Lane Swim
14:15-15:00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday	
Time	Session
06:45-09:30	Lane Swim
09:45-10:45	Public Swim (with 1 Lane)
12:00-13:00	Lane Swim
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Saturday	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday	
Time	Session
09:00-10:00	Family Fun Swim
10:00-11:00	Family Fun Swim
11:00-12:00	Family Fun Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

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Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Weeks 2 - 5: Monday 29th July – Sunday 25th August

Monday	
Time	Session
06:45-09:00	Lane Swim
09:05-09:55	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
11:15-11:45	Intensive Swimming Lessons (see holiday timetable)
12:05-13:00	Lane Swim
14.15-15.00	Fun Swim
15:45-19:00	Junior Swim Lessons
19:15-20:15	Public Swim (with 1 Lane)
20:20-22:00	Lane Swim

Tuesday	
Time	Session
06:45-09:00	Lane Swim
09:05-10:45	Public Swim (with 1 Lane)
11:15-11:45	Intensive Swimming Lessons (see holiday timetable)
12:30-13:00	Adult & Child Swimming Lessons
14.15-15.00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Wednesday	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:30-11:15	Public Swim (with 1 Lane)
11:15-11:45	Intensive Swimming Lessons (see holiday timetable)
12:05-13:00	Lane Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

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Thursday	
Time	Session
06:45-09:00	Lane Swim
11:15-11:45	Intensive Swimming Lessons (see holiday timetable)
12:05-13:00	Lane Swim
14:15-15:00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday	
Time	Session
06:45-09:30	Lane Swim
09:45-10:45	Public Swim (with 1 Lane)
11:15-11:45	Intensive Swimming Lessons (see holiday timetable)
12:00-13:00	Lane Swim
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Saturday	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday	
Time	Session
09:00-10:00	Family Fun Swim
10:00-11:00	Family Fun Swim
11:00-12:00	Family Fun Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

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Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 26th August – Sunday 1st September

Monday (BANK HOLIDAY)	
Time	Session
08:00-09:00	Lane Swim
09:05-09:50	Public Swim (with 1 Lane)
10:00-10:45	Aqua Aerobics
10:50-11:50	Fun Swim
11:55-12:55	Lane Swim

Tuesday	
Time	Session
06:45-09:00	Lane Swim
09:05-10:45	Public Swim (with 1 Lane)
12:30-13:00	Adult & Child Swimming Lessons
14:15-15:00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:05-19:00	Public Swim (with 1 Lane)
21:00-22:00	Lane Swim

Wednesday	
Time	Session
06:45-09:15	Lane Swim
09:30-10:15	Aqua Aerobics
10:30-11:30	Public Swim (with 1 Lane)
12:05-13:00	Lane Swim
15:45-19:30	Junior Swimming Lessons
19:35-20:30	Public Swim (with 1 Lane)
20:35-21:35	Lane Swim

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06:45-09:00	Lane Swim
10:00-11:00	Fun Swim
12:05-13:00	Lane Swim
14:15-15:00	Fun Swim
15:45-18:00	Junior Swimming Lessons
18:15-18:55	Public Swim (with 1 Lane)
19:00-21:00	Adult Swimming Lessons
21:00-22:00	Female Only Public Swim (with 2 lanes)

Friday	
Time	Session
06:45-09:30	Lane Swim
09:45-10:45	Public Swim (with 1 Lane)
12:00-13:00	Lane Swim
14:15-15:00	Inflatable Fun Swim (Age 8+ Bookable)
15:45-20:00	Junior Swimming Lessons
20:15-21:00	Public Swim (with 2 Lanes)

Saturday	
Time	Session
08:30-12:40	Junior Swim Lessons
12:45-13:45	Public Swim (with 1 Lane)
14:00-15:45	Private Party Hire
16:00-17:00	Lane Swim

Sunday	
Time	Session
09:00-10:00	Family Fun Swim
10:00-11:00	Family Fun Swim
11:00-12:00	Family Fun Swim
12:15-13:45	Lane Swim
13:50-16:00	Disability Hub Swimming Lessons
16:15-17:00	Disability Swim
17:15-18:15	Junior Swimming Lessons

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