

Timetable in place during term time, there will be a change to the timetable for school holiday/bank holidays, they will be displayed on the website and Active Leeds App.

Please note swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/swimming</u>**

Cost

Adult: £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Monday – Main Pool		
Time	Session	
06:45 - 07:45	Lane Swim	
08:00 - 09:00	Lane Swim	
09:15 - 10:00	Aqua Aerobics	
10:10 - 11:30	Public Swim (with 1 Lane)	
11:45 - 12:45	Lane Swim	
13:00 - 13:45	Adult Width Swim	
13:45 - 14:30	Aqua Mobility	
15:45 - 18:00	Junior Swimming Lessons	
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive	
19:15 - 20:15	Female Only Lane Swim	
20:30 - 21:30	Lane Swim	

Monday – Small Pool		
Time	Session	
09:00 - 09:45	Fun Swim	
10:30 - 12:00	Adult & Child Swimming Lessons	
12:00 - 12:45	Fun Swim	
13:00 - 14:30	Adult & Child Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	

Tuesday – Main Pool		
Time	Session	
06:45 - 07:45	Lane Swim	
08:00 - 09:00*	Lane Swim	
09:10 - 09.55	Aqua Aerobics	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45*	Lane Swim	
13:00 - 14:30	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:15	Public Swim (with 1 Lane)	
19:30 - 20:30	Lane Swim	
20:30 - 21:30	SwimFit	

^{*}Please note on 16/7 amends to timings for Lane Swim 08.00-08.45 / 12.15-13.15



Tuesday – Small Pool		
Time	Session	
09:00 - 09:45	Fun Swim	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45	Fun Swim	
13:00 - 14:30	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	

^{*}Please note on 16/7 09.00-09.45 Fun Swim will be cancelled, and the Fun Swim will be 12.15-13.15

Wednesday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 15:00	School Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool		
Time	Session	
09:00 - 09:45	Fun Swim	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45	Fun Swim	
13:00 - 15:00	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	

Thursday – Main Pool		
Time	Session	
06:45 - 07:45	Lane Swim	
08:00 - 09:00	Lane Swim	
09:05 - 09:50	Aqua Zumba	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45	Lane Swim	
13:00 - 14:30	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:15	Public Swim (with 1 Lane)	
19:30 - 20:15	Aqua Aerobics	
20:30 - 21:30	Lane swim	



Thursday – Small Pool		
Time	Session	
09:00 - 09:45	Fun Swim	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45	Fun Swim	
13:00 - 14:30	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	

Friday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:30	School Swimming Lessons
11:45 - 12:45	Lane Swim
13:00 - 14:00	School Swimming Lessons
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 19:45	Adult Swimming Lessons (Enquire Now!)
20:05 - 21:05	Lane Swim

Friday – Small Pool		
Time	Session	
10:00 - 11:30	School Swimming Lessons	
11:45 - 12:45	Fun Swim	
13:00 - 14:00	School Swimming Lessons	
15:45 - 18:00	Junior Swimming Lessons	

Saturday – Main Pool		
Time	Time	
06:45 - 07:45	Lane Swim	
08:00 - 12:45	Junior Swimming Lessons	
13:00 - 14:15	Public Swim (with 1 Lane)	
14:30 - 15:15	Private Party Hire (Enquire Now!)	
15:45 - 16:30	Lane Swim	

Saturday – Small Pool		
Time	Session	
08:00 - 12:45	Junior Swimming Lessons	
13:00 - 14:15	Fun Swim	
14:30 - 15:15	Private Party Hire (Enquire Now!)	
15:45 - 16:30	Fun Swim	



Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENsory Family Fun Swim

For session descriptions please visit <u>active.leeds.gov.uk/swimming</u>