

Swimming Timetable
22 July – 1 September 24

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 1: Monday 22nd July – Sunday 28th July

Monday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 13:45	Public Swim (with 1 Lane)
14:00 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday - Small Pool	
Time	Session
10:00 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:00 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Swimming Timetable
22 July – 1 September 24

Tuesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 09:45	Public Swim (with 1 Lane)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 13:45	Public Swim (with 1 Lane)
14:00 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
14:00 - 15:30	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Thursday - Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
13:00 - 14:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Swimming Timetable
22 July – 1 September 24

Friday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 – 13:45	Public Swim (with 1 Lane)
14:00 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday - Small Pool	
Time	Session
10:00 - 10:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:00 - 14:30	Adult & Child Swimming Lessons
14:45 – 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday - Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

Sunday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
15:30 - 16:30	Junior Swimming Lesson - Lifesaving
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Swimming Timetable
22 July – 1 September 24

Sunday - Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

SUMMER HOLIDAYS

Swimming Timetable
22 July – 1 September 24

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Weeks 2 - 5: Monday 29th July – Sunday 25th August

Monday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:00 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday - Small Pool	
Time	Session
10:00 - 11.30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:00 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
14:00 - 15:00	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Swimming Timetable
22 July – 1 September 24

Tuesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:00 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
14:00 - 15:30	Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Thursday - Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Swimming Timetable
22 July – 1 September 24

Friday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:00 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday - Small Pool	
Time	Session
10:00 - 10:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:00 - 14:30	Adult & Child Swimming Lessons
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday - Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

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22 July – 1 September 24

Sunday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
15:30 - 16:30	Junior Swimming Lesson - Lifesaving
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday - Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

SUMMER HOLIDAYS

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Cost

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Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 26th August – Sunday 1st September

Monday - Main Pool (BANK HOLIDAY)	
Time	Session
08:00 - 08:45	Lane Swim
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:00	Public Swim (with 1 Lane)

Monday - Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim

Tuesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
14:00 - 15:00	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Tuesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

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22 July – 1 September 24

Wednesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 13:45	Public Swim (with 1 Lane)
14:00 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday - Small Pool	
Time	Session
11:45 - 12:45	Family Fun Swim
14:00 - 15:30	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Thursday - Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
13:00 - 14:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

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Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
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11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 – 13:45	Public Swim (with 1 Lane)
14:00 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday - Small Pool	
Time	Session
10:00 - 10:30	Adult & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:00 - 14:30	Adult & Child Swimming Lessons
14:45 – 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday - Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

Sunday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
15:30 - 16:30	Junior Swimming Lesson – Lifesaving
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday - Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

SUMMER HOLIDAYS