

# AIREBOROUGH SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



#### **NON-SWIMMER INTENSIVE**

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

Time Available: 09.55-10.25

#### **BEGINNER INTENSIVE**

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

Time Available: 08.45-09.15, 09.20-09.50

#### **IMPROVER INTENSIVE**

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

Time Available: 09.20-09.50 or 09.55-10.25

#### **ADVANCED INTENSIVE**

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

Time Available: 08.45-09.15, 09.20-09.50

#### PRICING\*

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA





# FEARNVILLE SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



#### NON-SWIMMER INTENSIVE

Dates Available: 23-26 July 10.20-10.50, 27-30 Aug 09.30-10.00, 27-30 Aug 10.05-10.35

#### BEGINNER INTENSIVE

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug 09.30-10.00, 30 July-2 Aug 10.05-10.35

#### **IMPROVER INTENSIVE**

Dates Available: 23-26 July 10.20-10.50, 20-23 Aug 09.30-10.00 or 10.05-10.35

#### **ADVANCED INTENSIVE**

Dates Available: 23-26 July 09.30-10.00, 6-9 Aug, 13-16 Aug 10.05-10.35

#### INTRODUCTION TO COMPETITIVE SWIMMING

Dates Available: 27 Aug, 28 Aug 09.30-10.30

#### CHALLENGE AWARD (STAGE 7 & ABOVE)

Dates Available: 29 Aug, 30 Aug 09.30-10.30

#### PRICING\*

**EXAMPLE 28.00 ST / £20.00 LCX** 

INTRODUCTION TO COMPETITIVE SWIMMING £7.00 ST / £5.00 LCX

CHALLENGE AWARD £12.00 ST / £10.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Fearnville on 0113 3760398 or book online or email <a href="mailto:searnville.lc@leeds.gov.uk">fearnville.lc@leeds.gov.uk</a>

### ACTIVE LEEDS

# HOLT PARK SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September

#### **NON-SWIMMER INTENSIVE**

Dates Available: 30 July-2 Aug 11.15-11.45 or 27-30 Aug 10.30-11.00

### SCAN ME TO BOOK ONLINE

#### **BEGINNER INTENSIVE**

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug,

20-23 Aug, 27-30 Aug

Time: 09.00-09.30 or 11.15-11.45

#### 1-2-1 LESSON (30min slots daily)

Dates Available: 30 July-2 Aug, 6-9 Aug, 13-16 Aug,

20-23 Aug, 27-30 Aug Times: 10.30-11.00

#### SWIM STROKE IMPROVEMENT

Breaststroke: 29 July, 10.30-11.30

Frontcrawl: 12 Aug, 10.30-11.30

Butterfly: 19 Aug, 10.30-11.30

Backstroke: 5 Aug, 10.30-11.30

#### WATER SAFETY LESSON (11-15yrs)

Dates Available: 29 July, 19 Aug

Time: 10.00-11.30

#### PRICING\*

**EXAMPLE 28.00 ST / £20.00 LCX** 

1-2-1 LESSON (PRICE PER LESSON) £22.50 ST / £16.00 LCX

SWIM STROKE IMPROVEMENT £12.00 ST / £10.00 LCX

**WATER SAFETY LESSON** £7.00 ST / £5.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA





# JOHN SMEATON SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September

TO BOOK ONLINE



Dates Available: 6-9 Aug Time: 10.00-10.30

#### **BEGINNER INTENSIVE**

Dates Available: 23-26 July, 20-23 Aug

Time: 10.00-10.30

#### **IMPROVER INTENSIVE**

Dates Available: 23-26 July, 30 July-2 Aug, 20-23 Aug, 27-30 Aug

Time: 10.30-11.00

#### **ADVANCED INTENSIVE**

Dates Available: 27-30 Aug Time: 10.00-10.30

#### 9-14 YRS BEGINNER INTENSIVE

Dates Available: 23-26 July, 20-23 Aug

Time: 10.00-10.30

#### INTRODUCTION TO COMPETITIVE SWIMMING

Dates Available: 15 Aug 10.00-11.00

#### INTRODUCTION TO ROOKIE LIFESAVING

Dates Available: 16 Aug 10.00-11.00

#### CHALLENGE AWARD (STAGE 7 & ABOVE)

**Dates Available:** 13-14 Aug 10.00-11.00

#### PRICING\*

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

E7.00 ST / £5.00 LCX

CHALLENGE AWARD £24.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact John Smeaton on 0113 3760398 or book online or email\_johnsmeaton.lc@leeds.gov.uk



# KIRKSTALL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September

TO BOOK ONLINE

#### **IMPROVER INTENSIVE**

Dates Available: 30 July-2 Aug, 13-16 Aug 13.10-13.40

#### **ADVANCED INTENSIVE**

Dates Available: 30 July-2 Aug, 13-16 Aug 13.40-14.10

#### 9-14 YRS BEGINNER INTENSIVE

Dates Available: 20-23 Aug 13.40-14.10

#### 9-14 YRS IMPROVER INTENSIVE

Dates Available: 20-23 Aug 13.40-14.10

#### 1-2-1 LESSON (30min slots daily)

Various slots available check online

#### SWIM STROKE IMPROVEMENT

Breaststroke: 7 Aug, 13.10-13.40

Frontcrawl: 6 Aug, 8 Aug 13.10-13.40

Butterfly: 7 Aug, 13.40-14.10

Backstroke: 6 Aug, 8 Aug 13.40-14.10

#### INTRODUCTION TO ROOKIE LIFESAVING

Dates Available: 9 Aug 13.10-14.10

#### PRICING\*

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

1-2-1 LESSON (PRICE PER LSSON) £22.50 ST / £16.00 LCX

SWIM STROKE IMPROVEMENT £7.00 ST / £5.00 LCX

**E7.00 ST / £5.00 LCX** 

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Kirkstall on 0113 3760398 or book online or email <a href="mailto:kirkstall.lc@leeds.gov.uk">kirkstall.lc@leeds.gov.uk</a>



# MORLEY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



Dates Available: 13-16 Aug

Time: 13.45-14.15

#### **ADVANCED INTENSIVE**

Dates Available: 5-9 Aug (no lesson Wednesday)

Time: 13.45-14.15

#### 1-2-1 LESSON (30min slots daily)

Dates Available: 9 Aug, 23 Aug

Times: 13.45-14.15

#### CHALLENGE AWARD INTENSIVE (STAGE 7 & ABOVE)

Dates Available: 30 July-2 Aug, 20-23 Aug

Times: 13.45-14.15

### INTRODUCTION TO WATER SAFETY (11-15YRS)

Dates Available: 2 Aug, 16 Aug

Time: 13.45-14.30

#### PRICING\*

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

1-2-1 LESSON (PRICE PER LESSON) £22.50 ST / £16.00 LCX

CHALLENGE AWARD INTENSIVE £28.00 ST / £20.00 LCX

INTRODUCTION TO WATER SAFETY (PRICE PER LESSON) £3.00

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA





## PUDSEY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



### BEGINNER INTENSIVE

Dates Available: 29 July-2 Aug, 5-9 Aug,

12-16 Aug, 19-23 Aug

Time: 11.15-11.45

For children ages 5+ with some experience in the water. The children will work towards the stage 1 or stage 2 Swim England outcomes. Please note if you are attending these lessons as a new customer, attendance does not guarantee a place on our lesson programme.

### PRICING\*

INTENSIVE 5 DAY £32.00 ST / £25.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Pudsey on 0113 3760398 or book online or email <u>pudsey.lc@leeds.gov.uk</u>



# ROTHWELL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



### BEGINNER INTENSIVE

Dates Available: 30 July-2 Aug, 27-30 Aug

Time: 10.30-11.00

For children ages 5+ with some experience in the water. The children will work towards the stage 1 or stage 2 Swim England outcomes. Please note if you are attending these lessons as a new customer, attendance does not guarantee a place on our lesson programme.

### PRICING\*

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Rothwell on 0113 3760398 or book online or email <a href="mailto:rothwell.lc@leeds.gov.uk">rothwell.lc@leeds.gov.uk</a>



# SCOTT HALL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



#### **ADULT & NON-SWIMMER INTENSIVE**

Dates Available: 27-30 Aug

Time: 08.45-09.15

#### **BEGINNER INTENSIVE**

Dates Available: 29 July-2 Aug, 12-16 Aug

Time: 08.45-09.15

#### **IMPROVER INTENSIVE**

Dates Available: 29 July-2 Aug, 12-16 Aug, 27-30 Aug

Times: 09.20-09.50

#### 9-14 YRS BEGINNER INTENSIVE

Dates Available: 5-9 Aug, 19-23 Aug

Times: 08.45-09.15

#### 9-14 YRS IMPROVER INTENSIVE

Dates Available: 5-9 Aug, 19-23 Aug

Time: 09.20-09.50

#### PRICING\*

INTENSIVE 5 DAY £35.00 ST / £25.00 LCX

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Scott Hall on 0113 3760398 or book online or email <a href="mailto:scotthall.lc@leeds.gov.uk">scotthall.lc@leeds.gov.uk</a>



# WETHERBY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



#### NON-SWIMMER INTENSIVE

Dates Available: 5-9 Aug, 19-23 Aug

Time: 13.30-14.00

#### **BEGINNER INTENSIVE**

Dates Available: 5-9 Aug 14.00-14.30,

19-23 Aug 13.30-14.00

#### **IMPROVER INTENSIVE**

Dates Available: 19-23 Aug, 27-30 Aug

Time: 14.00-14.30

#### 1-2-1 LESSON (30MIN SLOTS DAILY)

Various slots available check online

#### PRICING\*

INTENSIVE 5 DAY £32.00 ST / £25.00 LCX

INTENSIVE 4 DAY £28.00 ST / £20.00 LCX

1-2-1 LESSON (PRICE PER LESSON) £22.50 ST / £16.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



For further information or to make a booking please contact Wetherby on 0113 3760398 or book online or email <a href="mailto:wetherby.lc@leeds.gov.uk">wetherby.lc@leeds.gov.uk</a>



to improve a stroke or a

particular skill. Lessons

available for children

and for adults.

technique. You never

know, it might help you

move up to the next

stage.

# SUMMER HOLIDAY SWIMMING LESSONS DESCRIPTIONS & INFORMATION

ADULT & NON- SWIMMER INTENSIVE	NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR BEGINNER INTENSIVE	9-14YR IMPROVER INTENSIVE
For children aged 3-8 yrs with no swimming experience or children who require adult support in the water (parent/guardian to enter with child). The children will work towards the preschool Swim England outcomes.	For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes	water. The children will work towards the Stage	are enrolled on Stage 3	For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.	For older beginners (9- 14yrs) who cannot swim 2 recognisable strokes (5m each). They will work towards Stage 1 & Stage 2 Swim England outcomes. Learn the basic strokes and water confidence.	For older improvers (9- 14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 & Stage 4 Swim England outcomes.
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	CHALLENGE AWARD	INTRODUCTION TO	WATER SAFETY LESSON		
These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching	upwards. The full class	Children must be in Stage 7 or above to attend. Swimmers will be challenged to develop a wide range of skills and stamina to	An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).	An opportunity for		

Stage 8 Competitive

Swimming: swimmers

must have an interest in

swimming competitively.

Swimmers must have

completed Stage 7.

learn about Water Safety

and what to do in an

emergency situation.

SCAN ME TO BOOK ONLINE

achieve the Awards,

focusing on good stroke

style. Awards are

available for all to

complete.



# AIREBOROUGH SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

### **MULTI-SPORT CAMP (8-12YRS)**

Dates Available: 23-26 July, 5-9 Aug, 12-16 Aug, 19-23 Aug, 27-30 Aug

Time: 10.00-15.00

Enjoy a day of activities, games and even a dip in the pool for a fun swim. There will be plenty of breaks for drinks & snacks and a pit stop for lunch (don't forget a pack up, drinks & snacks). An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

### **BOUNCY CASTLE (3-8YRS)**

Dates Available: 26 July

Time: 09.00-09.45, 10.00-10.45, 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

### JUNIOR ROLLER DISCO (8-15YRS)

Dates Available: 23 July, 30 July, 6 Aug, 13 Aug, 20 Aug, 27 Aug

Time: 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

### FAMILY ROLLER DISCO (5YRS+)

Dates Available: 26 July, 2 Aug, 9 Aug, 16 Aug, 23 Aug, 30 Aug

Time: 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

#### **Pricing\***

Multi Sports Camp £11.00 ST / £7.50 LCX per day

Roller Disco £5.00 ST / £4.00 LCX per day

Bouncy Castle £3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leedscard Extra



For further information or to make a booking please contact Aireborough on 0113 3760398 email <u>aireborough.lc@leeds.gov.uk</u>



# HOLT PARK SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

### MULTI-SPORT CAMP (8-12YRS)

Dates Available: 31 July, 7 Aug, 14 Aug, 21 Aug & 28 Aug

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

### Bouncy Castle & Soft Play (3-8yrs)

Dates Available: 30 July, 6 Aug, 13 Aug, 20 Aug, 27 Aug

Times: 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

### **Pricing\***

Multi Sports Camp £11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play £3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leedscard Extra

For further information or to make a booking please contact Holt Park Active on 0113 3760398 email <a href="mailto:holtpark.active@leeds.gov.uk">holtpark.active@leeds.gov.uk</a>





# PUDSEY SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

Football Fun (8-12yrs)

Dates Available: 29 July, 5 Aug, 12 Aug, 19 Aug

Time: 11.00-12.00

Football Fun (5-7yrs)

Dates Available: 29 July, 5 Aug, 12 Aug, 19 Aug

Time: 10.00-11.00

Basketball Fun (8-16yrs)

Dates Available: 2 Aug, 9 Aug, 16 Aug, 23 Aug

Time: 11.00-12.00

INFLATABLE FUN SPECIAL (2-12yrs)

Dates Available: 30 July, 6 Aug, 13 Aug, 20 Aug

Time: 09.00-10.00, 10.30-11.30

Family Racket Sports

Dates Available: 1 Aug, 8 Aug, 15 Aug, 22 Aug

Time: 10.00-12.00

For children under 8yrs, adults must remain within building at all times

\*Pricing\*

£3.00 for the Holidays!!

For further information or to make a booking please contact Pudsey on 0113 3760398 or email <u>pudsey.lc@leeds.gov.uk</u>





# SCOTT HALL SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

### MULTI-SPORT CAMP (8-12YRS)

Funding kindly received from Councillors of the Inner North East Community Committee; Chapel Allerton, Roundhay & Moortown to subsidise all children attending all children attending

Dates Available: 29 July, 31 July, 5 Aug, 7 Aug, 12 Aug, 14 Aug, 19 Aug, 21 Aug & 28 Aug

Time: 10.30-15.30

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

\*Pricing\*

£7.50 per child per day

For further information or to make a booking please contact Scott Hall on 0113 3760398 or email <a href="mailto:scotthall.lc@leeds.gov.uk">scotthall.lc@leeds.gov.uk</a>



# COMPETITIVE SWIMMING SESSIONS @ AQUATICS CENTRE, JOHN CHARLES

### **RACING SKILLS TUMBLE & DIVE CAMP\***

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 13 Aug 09.30-14.30

Cost £32.00 standard or £27.00 Leedscard Extra

### **TECHNIQUE SKILLS CAMP\***

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Butterfly/Backstroke: 14 Aug 09.30-14.30

Breaststroke/Freestyle: 15 Aug 09.30-14.30

Cost £32.00 standard or £27.00 Leedscard Extra

\*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online or call 0113 3760398 to book your child's place







# DIMEIN

AQUATICS CENTRE, JOHN CHARLES

LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

Dates Available: 31 July & 7 August

Time: 09.00-14.00

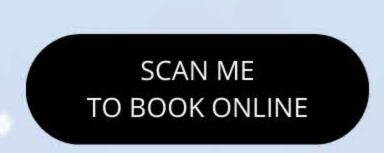
Cost £32.00 standard or £23.00 Leedscard Extra (per day)

Children must be able to swim 50 metres or at Stage 5 and be confident in deep water

Those attending the full day camp will enjoy a morning of dryland & pool activity, quick pit stop for lunch (remember a pack up) and same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online, speak to reception or call 0113 3760398 to book your child's place









# DTS SQUAD CAMPS

AQUATICS CENTRE, JOHN CHARLES

Dates Available: 29 July, 2 Aug, 5 Aug, 9 Aug

Time: 09.00-14.00

Cost £32.00 standard or £23.00 Leedscard Extra (per day)

THOSE ATTENDING MUST BE A MEMBER OF THE DIVING TRAINING SCHEME

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online, speak to reception or call 0113 3760398



