

Swimming Timetable
22 July – 1 September 24

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 1: Monday 22nd July – Sunday 28th July

Monday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.45 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Adult Width Swim
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Monday – Small Pool	
Time	Session
09.00 - 12.00	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
14.15 - 15.00	Family Fun Swim
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

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Tuesday – Small Pool

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 11.30	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Wednesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 14.15	Aqua Aerobics
14.30 - 15.15	Public Swim (with 2 Lanes)
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Wednesday – Small Pool

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.15	Family Fun Swim
14.30 - 15.15	Family Fun Swim
18.15 - 19.00	Family Fun Swim

Thursday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

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Thursday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Friday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 2 Lanes)

Friday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 15.00	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Saturday – Main Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 17.30	Private Party Hire

Saturday – Small Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Family Fun Swim
14.30 - 15.30	Family Fun Swim
15.45 - 17.30	Private Party Hire

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Sunday – Main Pool	
Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Fun Swim
12.00 - 13.00	Lane Swim
13.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

Sunday – Small Pool	
Time	Session
07.45 - 08.45	Family Fun Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Family Fun Swim
12.00 - 13.00	Family Fun Swim
13.15 - 14.00	Family Fun Swim
14.30 - 15.30	Fun Swim
16.45 - 17.30	Disability Hub

For session descriptions please visit active.leeds.gov.uk/Swimming

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Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Weeks 2 - 5: Monday 29th July – Sunday 25th August

Monday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.45 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Adult Width Swim
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Monday – Small Pool	
Time	Session
09.00 - 12.00	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
14.15 - 15.00	Family Fun Swim
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

Swimming Timetable
22 July – 1 September 24

Tuesday – Small Pool

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 11.30	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Wednesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 14.15	Aqua Aerobics
14.30 - 15.15	Public Swim (with 2 Lanes)
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Wednesday – Small Pool

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.15	Family Fun Swim
14.30 - 15.15	Family Fun Swim
18.15 - 19.00	Family Fun Swim

Thursday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Swimming Timetable
22 July – 1 September 24

Thursday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Friday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 2 Lanes)

Friday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 15.00	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Saturday – Main Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 17.30	Private Party Hire

Saturday – Small Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Family Fun Swim
14.30 - 15.30	Family Fun Swim
15.45 - 17.30	Private Party Hire

Swimming Timetable
22 July – 1 September 24

Sunday – Main Pool	
Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Fun Swim
12.00 - 13.00	Lane Swim
13.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

Sunday – Small Pool	
Time	Session
07.45 - 08.45	Family Fun Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Family Fun Swim
12.00 - 13.00	Family Fun Swim
13.15 - 14.00	Family Fun Swim
14.30 - 15.30	Fun Swim
16.45 - 17.30	Disability Hub

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Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Week 6: Monday 26th August – Sunday 1st September

Monday – Main Pool (BANK HOLIDAY)

Time	Session
07.00 – 08.30	Lane Swim
09.00 – 11.45	Fun Swim
12.15 – 13.15	Lane Swim
13.30 – 14.30	Adult Width Swim

Monday – Small Pool

Time	Session
09.00 – 11.45	Family Fun Swim
12.15 – 13.15	Family Fun Swim
13.30 – 14.30	Family Fun Swim

Tuesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swims
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

Tuesday – Small Pool

Swimming Timetable
22 July – 1 September 24

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 11.30	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.45 - 18:00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Wednesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 14.15	Aqua Aerobics
14.30 - 15.15	Public Swim (with 2 Lanes)
15.45 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Wednesday – Small Pool

Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.15	Family Fun Swim
14.30 - 15.15	Family Fun Swim
18.15 - 19.00	Family Fun Swim

Thursday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 2 Lanes)
19.15 - 21.15	Lane Swim

Swimming Timetable
22 July – 1 September 24

Thursday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Adult & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Friday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 2 Lanes)

Friday – Small Pool	
Time	Session
08.30 - 10.15	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 15.00	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Saturday – Main Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 17.30	Private Party Hire

Saturday – Small Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 14.00	Family Fun Swim
14.30 - 15.30	Family Fun Swim
15.45 - 17.30	Private Party Hire

Swimming Timetable
22 July – 1 September 24

Sunday – Main Pool	
Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Fun Swim
12.00 - 13.00	Lane Swim
13.15 - 14.00	Public Swim (with 2 Lanes)
14.30 - 15.30	Inflatable Fun Swim
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

Sunday – Small Pool	
Time	Session
07.45 - 08.45	Family Fun Swim
09.00 - 10.00	Junior Swimming Lessons
10.15 - 11.45	Family Fun Swim
12.00 - 13.00	Family Fun Swim
13.15 - 14.00	Family Fun Swim
14.30 - 15.30	Fun Swim
16.45 - 17.30	Disability Hub

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