

# JUNIOR GYM HOURS SUMMER HOLIDAYS 2024

Please note there will be separate information for the Bank Holiday (Monday 26th August)

## AIREBOROUGH

Mon-Thurs 12.00-17.30  
Fri 12.00-19.00  
Sat & Sun 11.00-14.00

## ARMLEY

Mon-Fri 10.00-17.30  
Sat & Sun 11.00-14.00

## FEARNVILLE

Tues 16.00-18.00  
Thurs 16.00-18.00

## GARFORTH

Mon-Thurs 12.00-17.30  
Fri 12.00-19.00  
Sat & Sun 10.00-12.30

## HOLT PARK ACTIVE

Mon-Fri 13.30-17.30  
Sat 11.00-15.00  
Sun 10.30-13.00

## JOHN CHARLES

Tues - Fri 16.00-18.30

## JOHN SMEATON

Mon-Fri 10.00-12.00 & 15.00-17.30  
Sat & Sun 11.00-14.00

## MIDDLETON

Mon-Fri 12.00-17.30  
Sat & Sun 10.00-13.00

## MORLEY

Mon-Thurs 10.00-12.00 & 15.00-17.30  
Fri 10.00-12.00 & 15.00-19.00  
Sat 11.00-14.00  
Sun 11.00-14.00 & 17.00-20.00

## PUDSEY

Mon-Thurs 10.00-17.30  
Fri 10.00-19.00  
Sat & Sun 11.00-14.00

## ROTHWELL

Mon-Thurs 10.00-12.00 & 15.00-17.30  
Fri 10.00-12.00 & 15.00-19.00  
Sat & Sun 11.00-14.00

## SCOTT HALL

Mon-Thurs 09.30-11.30 & 15.00-17.30  
Fri 09.30-11.30 & 15.00-19.00  
Sat & Sun 11.00-14.00

## WETHERBY

Mon / Tues / Thurs 15.00-17.30  
Sat 12.00-14.00\*  
Sun 10.00-12.00\*

\*From 10/8 no junior gym on Saturday's, switch to  
Sunday as of 11/8

# AIREBOROUGH SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## NON-SWIMMER INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

**Time Available:** 09.55-10.25

## BEGINNER INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

**Time Available:** 08.45-09.15, 09.20-09.50

## IMPROVER INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

**Time Available:** 09.20-09.50 or 09.55-10.25

## ADVANCED INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug, 20-23 Aug, 27-30 Aug

**Time Available:** 08.45-09.15, 09.20-09.50

## PRICING\*

INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# FEARNVILLE SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## NON-SWIMMER INTENSIVE

**Dates Available:** 23-26 July 10.20-10.50, 27-30 Aug 09.30-10.00,  
27-30 Aug 10.05-10.35

## BEGINNER INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug 09.30-10.00,  
30 July-2 Aug 10.05-10.35

## IMPROVER INTENSIVE

**Dates Available:** 23-26 July 10.20-10.50,  
20-23 Aug 09.30-10.00 or 10.05-10.35

## ADVANCED INTENSIVE

**Dates Available:** 23-26 July 09.30-10.00,  
6-9 Aug, 13-16 Aug 10.05-10.35

## INTRODUCTION TO COMPETITIVE SWIMMING

**Dates Available:** 27 Aug, 28 Aug 09.30-10.30

## CHALLENGE AWARD (STAGE 7 & ABOVE)

**Dates Available:** 29 Aug, 30 Aug 09.30-10.30

### PRICING\*

#### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

#### INTRODUCTION TO COMPETITIVE SWIMMING

£7.00 ST / £5.00 LCX

#### CHALLENGE AWARD

£12.00 ST / £10.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# HOLT PARK SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## NON-SWIMMER INTENSIVE

**Dates Available:** 30 July-2 Aug 11.15-11.45  
or 27-30 Aug 10.30-11.00

## BEGINNER INTENSIVE

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug,  
20-23 Aug, 27-30 Aug

**Time:** 09.00-09.30 or 11.15-11.45

## 1-2-1 LESSON (30min slots daily)

**Dates Available:** 30 July-2 Aug, 6-9 Aug, 13-16 Aug,  
20-23 Aug, 27-30 Aug

**Times:** 10.30-11.00

## SWIM STROKE IMPROVEMENT

**Breaststroke:** 29 July, 10.30-11.30

**Frontcrawl:** 12 Aug, 10.30-11.30

**Butterfly:** 19 Aug, 10.30-11.30

**Backstroke:** 5 Aug, 10.30-11.30

## WATER SAFETY LESSON (11-15yrs)

**Dates Available:** 29 July, 19 Aug

**Time:** 10.00-11.30

## PRICING\*

### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

### 1-2-1 LESSON (PRICE PER LESSON)

£22.50 ST / £16.00 LCX

### SWIM STROKE IMPROVEMENT

£12.00 ST / £10.00 LCX

### WATER SAFETY LESSON

£7.00 ST / £5.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# JOHN SMEATON SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## NON-SWIMMER INTENSIVE

Dates Available: 6-9 Aug

Time: 10.00-10.30

## BEGINNER INTENSIVE

Dates Available: 23-26 July, 20-23 Aug

Time: 10.00-10.30

## IMPROVER INTENSIVE

Dates Available: 23-26 July, 30 July-2 Aug, 20-23 Aug, 27-30 Aug

Time: 10.30-11.00

## ADVANCED INTENSIVE

Dates Available: 27-30 Aug

Time: 10.00-10.30

## 9-14 YRS BEGINNER INTENSIVE

Dates Available: 23-26 July, 20-23 Aug

Time: 10.00-10.30

## INTRODUCTION TO COMPETITIVE SWIMMING

Dates Available: 15 Aug 10.00-11.00

## INTRODUCTION TO ROOKIE LIFESAVING

Dates Available: 16 Aug 10.00-11.00

## CHALLENGE AWARD (STAGE 7 & ABOVE)

Dates Available: 13-14 Aug 10.00-11.00

### PRICING\*

#### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

#### INTRODUCTION TO.....

£7.00 ST / £5.00 LCX

#### CHALLENGE AWARD

£24.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# KIPPAX SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## DISTANCE BADGE ASSESSMENT

An opportunity for children to attempt their next distance badge. Distances between 50m-3000m. Each badge achieved costs £3.50. If your child is attempting to swim over 800m please attend at the beginning of the session to ensure maximum time in the water.

**Dates Available:** 25 July, 1 Aug, 8 Aug, 15 Aug, 22 Aug

**Time Available:** 10.30-11.45

### PRICING\*

DISTANCE BADGE ASSESSMENT

£7.00 ST / £5.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# KIRKSTALL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## IMPROVER INTENSIVE

**Dates Available:** 30 July-2 Aug, 13-16 Aug 13.10-13.40

## ADVANCED INTENSIVE

**Dates Available:** 30 July-2 Aug, 13-16 Aug 13.40-14.10

## 9-14 YRS BEGINNER INTENSIVE

**Dates Available:** 20-23 Aug 13.40-14.10

## 9-14 YRS IMPROVER INTENSIVE

**Dates Available:** 20-23 Aug 13.40-14.10

## 1-2-1 LESSON (30min slots daily)

Various slots available check online

## SWIM STROKE IMPROVEMENT

**Breaststroke:** 7 Aug, 13.10-13.40

**Frontcrawl:** 6 Aug, 8 Aug 13.10-13.40

**Butterfly:** 7 Aug, 13.40-14.10

**Backstroke:** 6 Aug, 8 Aug 13.40-14.10

## INTRODUCTION TO ROOKIE LIFESAVING

**Dates Available:** 9 Aug 13.10-14.10

### PRICING\*

#### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

#### 1-2-1 LESSON (PRICE PER LESSON)

£22.50 ST / £16.00 LCX

#### SWIM STROKE IMPROVEMENT

£7.00 ST / £5.00 LCX

#### INTRODUCTION TO ROOKIE LIFESAVING

£7.00 ST / £5.00 LCX

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# MORLEY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## 9-14 YRS IMPROVER INTENSIVE

**Dates Available:** 13-16 Aug

**Time:** 13.45-14.15

## ADVANCED INTENSIVE

**Dates Available:** 5-9 Aug (no lesson Wednesday)

**Time:** 13.45-14.15

## 1-2-1 LESSON (30min slots daily)

**Dates Available:** 9 Aug, 23 Aug

**Times:** 13.45-14.15

## CHALLENGE AWARD INTENSIVE (STAGE 7 & ABOVE)

**Dates Available:** 30 July-2 Aug, 20-23 Aug

**Times:** 13.45-14.15

## INTRODUCTION TO WATER SAFETY (11-15YRS)

**Dates Available:** 2 Aug, 16 Aug

**Time:** 13.45-14.30

### PRICING\*

#### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

#### 1-2-1 LESSON (PRICE PER LESSON)

£22.50 ST / £16.00 LCX

#### CHALLENGE AWARD INTENSIVE

£28.00 ST / £20.00 LCX

#### INTRODUCTION TO WATER SAFETY (PRICE PER LESSON)

£3.00

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# PUDSEY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## BEGINNER INTENSIVE

**Dates Available:** 29 July-2 Aug, 5-9 Aug,  
12-16 Aug, 19-23 Aug

**Time:** 11.15-11.45

For children ages 5+ with some experience in the water. The children will work towards the stage 1 or stage 2 Swim England outcomes. Please note if you are attending these lessons as a new customer, attendance does not guarantee a place on our lesson programme.

### PRICING\*

INTENSIVE 5 DAY  
£32.00 ST / £25.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# ROTHWELL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## BEGINNER INTENSIVE

**Dates Available:** 23-26 July, 27-30 Aug

**Time:** 10.30-11.00

For children ages 5+ with some experience in the water. The children will work towards the stage 1 or stage 2 Swim England outcomes. Please note if you are attending these lessons as a new customer, attendance does not guarantee a place on our lesson programme.

### PRICING\*

INTENSIVE 4 DAY  
£28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# SCOTT HALL SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## ADULT & NON-SWIMMER INTENSIVE

Dates Available: 27-30 Aug

Time: 08.45-09.15

## BEGINNER INTENSIVE

Dates Available: 29 July-2 Aug, 12-16 Aug

Time: 08.45-09.15

## IMPROVER INTENSIVE

Dates Available: 29 July-2 Aug, 12-16 Aug, 27-30 Aug

Times: 09.20-09.50

## 9-14 YRS BEGINNER INTENSIVE

Dates Available: 5-9 Aug, 19-23 Aug

Times: 08.45-09.15

## 9-14 YRS IMPROVER INTENSIVE

Dates Available: 5-9 Aug, 19-23 Aug

Time: 09.20-09.50

## PRICING\*

### INTENSIVE 5 DAY

£35.00 ST / £25.00 LCX

### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA

# WETHERBY SUMMER HOLIDAY SWIMMING LESSONS

22 July - 1 September



SCAN ME  
TO BOOK ONLINE

## NON-SWIMMER INTENSIVE

**Dates Available:** 5-9 Aug, 19-23 Aug

**Time:** 13.30-14.00

## BEGINNER INTENSIVE

**Dates Available:** 5-9 Aug 14.00-14.30,  
26-30 Aug 13.30-14.00

## IMPROVER INTENSIVE

**Dates Available:** 19-23 Aug, 27-30 Aug

**Time:** 14.00-14.30

## 1-2-1 LESSON (30MIN SLOTS DAILY)

Various slots available check online

### PRICING\*

#### INTENSIVE 5 DAY

£32.00 ST / £25.00 LCX

#### INTENSIVE 4 DAY

£28.00 ST / £20.00 LCX

#### 1-2-1 LESSON (PRICE PER LESSON)

£22.50 ST / £16.00 LCX

\*ST = STANDARD AND LCX = LEEDSCARD EXTRA



# SUMMER HOLIDAY SWIMMING LESSONS

## DESCRIPTIONS & INFORMATION

ADULT & NON-SWIMMER INTENSIVE	NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	9-14YR BEGINNER INTENSIVE	9-14YR IMPROVER INTENSIVE
For children aged 3-8 yrs with no swimming experience or children who require adult support in the water (parent/guardian to enter with child). The children will work towards the preschool Swim England outcomes.	For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes.	For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the stage 5 or Stage 6/7 Swim England outcomes.	For older beginners (9-14yrs) who cannot swim 2 recognisable strokes (5m each). They will work towards Stage 1 & Stage 2 Swim England outcomes. Learn the basic strokes and water confidence.	For older improvers (9-14yrs) who have completed 9+ beginners and able to swim basic strokes without aids. Develop your swimming with older children working towards Stage 3 & Stage 4 Swim England outcomes.
1-2-1 LESSON	SWIM STROKE IMPROVEMENT	CHALLENGE AWARD	INTRODUCTION TO...	WATER SAFETY LESSON		
These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults.	For children in Swim England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.	Children must be in Stage 7 or above to attend. Swimmers will be challenged to develop a wide range of skills and stamina to achieve the Awards, focusing on good stroke style. Awards are available for all to complete.	<p>An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).</p> <p>Stage 8 Competitive Swimming: swimmers must have an interest in swimming competitively.</p> <p>Swimmers must have completed Stage 7.</p>	An opportunity for children with a low swimming ability aged 11-15 to come along and learn about Water Safety and what to do in an emergency situation.		



SCAN ME  
TO BOOK ONLINE

# SUMMER HOLIDAY GYMNASTICS SESSIONS



SCAN ME  
TO BOOK ONLINE

## KIPPAX LEISURE CENTRE

**5-15yrs:** 8 Aug, 29 Aug 10.00-12.00

**4-5yrs:** 8 Aug, 29 Aug 12.00-13.00

## KIRKSTALL LEISURE CENTRE

**5-15yrs:** 24 July, 8 Aug, 19 Aug 12.30-14.30

**4-5yrs:** 24 July, 8 Aug, 19 Aug 11.00-12.00

**5-7yrs:** 5 Aug, 7 Aug, 13 Aug, 16 Aug, 21 Aug, 22 Aug, 28 Aug, 30 Aug 09.30-11.30

**8-15yrs:** 5 Aug, 7 Aug, 13 Aug, 16 Aug, 21 Aug, 22 Aug, 28 Aug, 30 Aug 09.30-14.30

**Gym Time Fun 0-5yrs:** 9 Aug, 14 Aug 09.30-10.15

## MORLEY LEISURE CENTRE

**5-15yrs:** 23 Aug, 30 Aug 10.00-12.00

**4-5yrs:** 23 Aug, 30 Aug 12.00-13.00

**Gym Time Fun 0-5yrs:** 31 Aug 09.00-09.45

### Prices:

45 minute £5.00 ST / £4.00 LCX

1 Hour £6.50 ST / £5.00 LCX

2 Hours £11.00 ST / £7.50 LCX

5 Hours £32.00 ST / £23.00 LCX

ST = Standard / LCX = Leeds card Extra

Under 8s must have an adult in the building for the duration. Children attending gymtime fun will require an adult alongside them. Children attending 2 hour camp may bring a snack and those attending 5 hour camp will need a packed lunch

Bookings now been taken, book online or call a member of the team on 0113 3760398

# SUMMER HOLIDAY GYMNASTICS TASTERS



SCAN ME  
TO BOOK ONLINE

An opportunity to introduce children to gymnastics lessons ahead of joining the weekly lesson programme

## KIRKSTALL LEISURE CENTRE

### 3-4yrs Gymikins

9 Aug, 14 Aug 10.30-11.15

### 4-5yrs Lesson

23 Aug, 29 Aug 16.10-17.00

### 6-7yrs Lesson

23 Aug, 29 Aug 17.00-18.00

### 8-15yrs Lesson

23 Aug, 29 Aug 18.00-19.00

All introductory lessons are £3.00. Please note if joining weekly lessons these are £29/month paid by Direct Debit.

Children under 8 must have an adult in the building for the duration.

Bookings now been taken, call in to site, email [kirkstall.lc@leeds.gov.uk](mailto:kirkstall.lc@leeds.gov.uk) or call a member of the team on 0113 3760398

# AIREBOROUGH SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

## MULTI-SPORT CAMP (8-12YRS)

**Dates Available:** 23-26 July, 5-9 Aug, 12-16 Aug, 19-23 Aug, 27-30 Aug

**Time:** 10.00-15.00

Enjoy a day of activities, games and even a dip in the pool for a fun swim. There will be plenty of breaks for drinks & snacks and a pit stop for lunch (don't forget a pack up, drinks & snacks). An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

## BOUNCY CASTLE (3-8YRS)

**Dates Available:** 26 July

**Time:** 09.00-09.45, 10.00-10.45, 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

## JUNIOR ROLLER DISCO (8-15YRS)

**Dates Available:** 23 July, 30 July, 6 Aug, 13 Aug, 20 Aug, 27 Aug

**Time:** 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the latest tunes

## FAMILY ROLLER DISCO (5YRS+)

**Dates Available:** 26 July, 2 Aug, 9 Aug, 16 Aug, 23 Aug, 30 Aug

**Time:** 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to the latest tunes

### Pricing\*

Multi Sports Camp  
£11.00 ST / £7.50 LCX per day

Roller Disco  
£5.00 ST / £4.00 LCX per day

Bouncy Castle  
£3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leeds card Extra

# HOLT PARK SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

## MULTI-SPORT CAMP (8-12YRS)

**Dates Available:** 31 July, 7 Aug, 14 Aug, 21 Aug & 28 Aug

**Time:** 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

## Bouncy Castle & Soft Play (3-8yrs)

**Dates Available:** 30 July, 6 Aug, 13 Aug, 20 Aug, 27 Aug

**Times:** 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

### Pricing\*

Multi Sports Camp  
£11.00 ST / £7.50 LCX per day

Bouncy Castle & Soft Play  
£3.00 - PROMOTIONAL PRICE

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact Holt Park  
Active on 0113 3760398 email [holtpark.active@leeds.gov.uk](mailto:holtpark.active@leeds.gov.uk)

# **PUDSEY SUMMER HOLIDAY DRYSIDE ACTIVITIES**

22 July - 1 September

## **Football Fun (8-12yrs)**

**Dates Available:** 29 July, 5 Aug, 12 Aug, 19 Aug

**Time:** 11.00-12.00

## **Football Fun (5-7yrs)**

**Dates Available:** 29 July, 5 Aug, 12 Aug, 19 Aug

**Time:** 10.00-11.00

## **Basketball Fun (8-16yrs)**

**Dates Available:** 2 Aug, 9 Aug, 16 Aug, 23 Aug

**Time:** 11.00-12.00

## **INFLATABLE FUN SPECIAL (2-12yrs)**

**Dates Available:** 30 July, 6 Aug, 13 Aug, 20 Aug

**Time:** 09.00-10.00, 10.30-11.30

## **Family Racket Sports**

**Dates Available:** 1 Aug, 8 Aug, 15 Aug, 22 Aug

**Time:** 10.00-12.00

For children under 8yrs, adults must remain within building at all times

**\*Pricing\***

**£3.00 for the Holidays!!**

For further information or to make a booking please contact Pudsey on  
0113 3760398 or email [pudsey.lc@leeds.gov.uk](mailto:pudsey.lc@leeds.gov.uk)

# SCOTT HALL SUMMER HOLIDAY DRYSIDE ACTIVITIES

22 July - 1 September

## MULTI-SPORT CAMP (8-12YRS)

Funding kindly received from Councillors of the Inner North East Community Committee; Chapel Allerton, Roundhay & Moortown to subsidise all children attending all children attending

**Dates Available:** 29 July, 31 July, 5 Aug, 7 Aug, 12 Aug, 14 Aug, 19 Aug, 21 Aug & 28 Aug

**Time:** 10.30-15.30

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

**\*Pricing\***

**£7.50 per child per day**

For further information or to make a booking please contact Scott Hall on 0113 3760398 or email [scotthall.lc@leeds.gov.uk](mailto:scotthall.lc@leeds.gov.uk)

# **COMPETITIVE SWIMMING SESSIONS**

## **@ AQUATICS CENTRE, JOHN CHARLES**

### **RACING SKILLS TUMBLE & DIVE CAMP\***

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 13 Aug 09.30-14.30

**Cost £32.00 standard or £27.00 Leeds card Extra**

### **TECHNIQUE SKILLS CAMP\***

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Butterfly/Backstroke:** 14 Aug 09.30-14.30

**Breaststroke/Freestyle:** 15 Aug 09.30-14.30

**Cost £32.00 standard or £27.00 Leeds card Extra**

\*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online or call 0113 3760398 to book your child's place**



# DIVE IN

## AQUATICS CENTRE, JOHN CHARLES

### LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

**Dates Available:** 31 July & 7 August

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

Children must be able to swim 50 metres or at Stage 5 and be confident in deep water

Those attending the full day camp will enjoy a morning of dryland & pool activity, quick pit stop for lunch (remember a pack up) and same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online, speak to reception or call 0113 3760398 to book your child's place**



# DTS SQUAD CAMPS

**AQUATICS CENTRE, JOHN CHARLES**

**Dates Available:** 29 July, 2 Aug, 5 Aug, 9 Aug

**Time:** 09.00-14.00

**Cost** £32.00 standard or £23.00 Leeds card Extra (per day)

**THOSE ATTENDING MUST BE A MEMBER OF THE DIVING TRAINING SCHEME**

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online, speak to reception or call 0113 3760398**



All activities are for 8-16yrs unless otherwise stated. Bookings taken via email [sailingcentre@leeds.gov.uk](mailto:sailingcentre@leeds.gov.uk) or contact the office on 0113 3781271. Unless otherwise stated all activities are pre-bookable, with payment made at the time of booking. All bookings are subject to cancellation or change. Please ensure children have suitable clothing for the activity and bring plenty to drink.

\*Outdoor Activity Camp is also available to book daily, cost £48 per day

\*\*Junior Sail Week is also available to book as separate Stage 1-2 or Stage 2-3, cost £130 per course

Day	Time	Activity	Description	Price
Wed 24 July	13.00-15.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go.	£27.00
Wed 24 July	10.00-11.00	Indoor Cave	Weave your way through our multi-layered, indoor cave.	£8.00
Thurs 25 July	10.00-12.00	Stand-Up Paddleboard Taster	A 2-hour taster session, come along and have a go.	£27.00
Thurs 25 July	10.00-12.00	Sailing Taster	A 2-hour taster session, come along and have a go.	£27.00
Thurs 25 - Fri 26 July	09.30-16.00	Sailing Course Stage 1-2	2 days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Thurs 25 July	13.00-15.00	Off Road Biking Taster	Develop your ability on an off-road bike using gears and managing different terrain.	£18.00
Fri 26 July	10.00-12.00	Bush Craft & Survival Skills	Adventurous session around our Sailing & Activity Centre learning the secrets of bushcraft and survival skills. Please bring appropriate clothing and footwear for outdoors. Weather dependant.	£27.00
Mon 29 July - Fri 2 Aug	10.00-16.00	Outdoor Activity Camp*	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, Stand-up Paddleboarding, Problem Solving, Bush Craft & the Indoor Cave.	£215.00
Mon 29 July	10.00-12.00	Sailing Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 29 July	10.00-12.00	Stand-Up Paddleboard Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 29 July	13.00-15.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go.	£27.00
Tues 30 - Wed 31 July	09.30-16.00	Sailing Course Stage 1-2	2 days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Tues 30 - Wed 31 July	09.30-15.30	Canoeing/ Kayaking - Discover	A 2-day beginner's course developing skills in canoeing and kayaking.	£110.00
Tues 30 - Wed 31 July	13.00-16.00	Rowing Course (11-16yrs)	Rowing course for beginners. This course will provide you with all the basic skills and knowledge to get into Rowing. Price includes 3 months British Rowing Membership.	£60.00

Day	Time	Activity	Description	Price
Wed 31 July	10.00-12.00	Stand-Up Paddleboard Taster	A 2-hour taster session, come along and have a go.	£27.00
Thurs 1 - Fri 2 Aug	10.00-16.00	Windsurfing Stage 1 Age 10+	2-day windsurfing for beginners/ intermediates, boards & sails. Wetsuits are provided; the only requirement is a degree of water confidence.	£110.00
Thurs 1 - Fri 2 Aug	09.30-16.00	Sailing Course Stage 2-3	2 days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Mon 5 – Fri 9 Aug	10.00-16.00	Outdoor Activity Camp*	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, Stand-up Paddleboarding, Problem Solving, Bush Craft & the Indoor Cave.	£215.00
Mon 5 Aug	13.00-15.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go.	£27.00
Mon 5 – Fri 9 Aug	09.30-16.00	Junior Sail Week** Stage 1 – 3 Age	5 days sailing for beginners. Learn to sail your own boat through the RYA Start Sailing courses, stage 1 to 3.	£300.00
Mon 5 - Tues 6 Aug	09.00-12.00	Rowing Course (11-16yrs)	Rowing course for beginners. This course will provide you with all the basic skills and knowledge to get into Rowing. Price includes 3 months British Rowing Membership.	£60.00
Mon 5 - Tues 6 Aug	09.30-16.00	Sailing Course Stage 2-3	2 days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Tues 6 Aug	13.00-15.00	Stand up Paddleboard	A 2-hour taster session, come along and have a go.	£27.00
Thurs 8 - Fri 9 Aug	09.30-15.30	Canoeing/ Kayaking - Discover	A 2-day beginner's course developing skills in canoeing and kayaking. Booking is essential	£110.00
Thurs 8 - Fri 9 Aug	10.00-16.00	Windsurfing Stage 1 Age 10+	2-day windsurfing for beginners/ intermediates, boards & sails. Wetsuits are provided; the only requirement is a degree of water confidence.	£110.00
Mon 12 – Fri 16 Aug	10.00-16.00	Outdoor Activity Camp*	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, Stand-up Paddleboarding, Problem Solving, Bush Craft & the Indoor Cave.	£215.00
Mon 12 Aug	10.00-12.00	Sailing Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 12 Aug	13.00-15.00	Stand-Up Paddleboard Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 12 Aug	10.00-12.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go.	£27.00
Mon 12 – Fri 16 Aug	09.30-16.00	Junior Sail Week** Stage 1-3	5 days sailing for beginners. Learn to sail your own boat through the RYA Start Sailing courses, stage 1 to 3.	£300.00
Mon 12 - Tue 13 Aug	09.30-16.00	Sailing Course Stage 1-2	2 days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Tues 13 - Wed 14 Aug	10.00-16.00	Windsurfing Stage 1 Age 10+	2-day windsurfing for beginners/ intermediates, boards & sails. Wetsuits are provided; the only requirement is a degree of water confidence.	£110.00

Day	Time	Activity	Description	Price
Wed 14 - Thurs 15 Aug	09.30-16.00	Sailing Course Stage 2-3	2 days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00
Thurs 15 - Fri 16 Aug	10.00-16.00	Windsurfing Stage 2 Age 10+	Windsurfing course for those with Stage 1 wishing to learn and improve windsurfing skills. Wetsuits are provided. The only requirement is a degree of water confidence.	£110.00
Mon 19 - Fri 23 Aug	09.30-15.30	Paddle Sport Week	An action-packed week exploring all things paddle sport; Canoeing, kayaking, Bell Boating and Stand Up Paddleboarding. Suitable for all abilities from beginners to those wishing to complete their logbooks.	£230.00
Mon 19 - Fri 23 Aug	10.00-16.00	Outdoor Activity Camp*	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, Stand-up Paddleboarding, Problem Solving, Bush Craft & the Indoor Cave.	£215.00
Mon 19 Aug	10.00-12.00	Sailing Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 19 Aug	10.00-12.00	Stand-Up Paddleboard Taster	A 2-hour taster session, come along and have a go.	£27.00
Mon 19 Aug	13.00-15.00	Canoeing/ Kayaking - Start	A 2-hour taster session, come along and have a go.	£27.00
Tues 20 - Wed 21 Aug	09.30-15.30	Canoeing/ Kayaking - Discover	A 2-day beginner's course developing skills in canoeing and kayaking.	£110.00
Thurs 22 - Fri 23 Aug	10.00-16.00	Windsurfing Stage 1 Age 10+	2-day windsurfing for beginners/ intermediates, boards & sails. Wetsuits are provided; the only requirement is a degree of water confidence.	£110.00
Thurs 22 - Fri 23 Aug	09.30-15.30	Canoeing/ Kayaking Explore	A canoeing/ kayaking course for young people. Discover comprises of 4 levels which encourage a focus on techniques, skills, and areas of knowledge across the sport.	£110.00
Tues 27 July	10.00-12.00	Sailing Taster	A 2-hour taster session, come along and have a go.	£27.00
Tues 27 - Fri 30 Aug	10.00-16.00	Outdoor Activity Camp*	A week of fun sessions trying out a variety of activities we have to offer, Canoeing, Kayaking, Orienteering, Sailing, Biking, Stand-up Paddleboarding, Problem Solving, Bush Craft & the Indoor Cave.	£170.00
Tues 27 - Wed 28 Aug	09.30-15.30	Canoeing/ Kayaking - Discover	A 2-day beginner's course developing skills in canoeing and kayaking.	£110.00
Thurs 29 Aug	13.00-15.00	Off Road Biking Taster	Develop your ability on an off-road bike using gears and managing different terrain.	£18.00
Thurs 29 – Fri 30 Aug	10.00-16.00	Sailing Course Stage 1-2	2 days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.	£130.00

All activities are for 8-16yrs unless otherwise stated. Bookings taken via email [sailingcentre@leeds.gov.uk](mailto:sailingcentre@leeds.gov.uk) or contact the office on 0113 3781271. Unless otherwise stated all activities are pre-bookable, with payment made at the time of booking. All bookings are subject to cancellation or change. Please ensure children have suitable clothing for the activity and bring plenty to drink.