

Swimming Timetable

21 December 2024 - 5 January 2025

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Saturday 21st December – Main Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Swimming Lessons
14.10-15.10	Fun Swim
15.20-16.50	Public Swim (with 2 Lanes)
17:00-18:00	Lane Swim

Saturday 21st December – Small Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Lessons
14.10-15.10	Family Fun Swim
15.20-16.50	Family Fun Swim

Sunday 22nd December – Hydrotherapy Pool

Time	Session
12.00-12.45	Hydrotherapy Access
12.00-12.45	Hydrotherapy General

Sunday 22nd December – Main Pool

Time	Session
08.15-09.25	Lane Swim
09.30-10.30	Fun Swim
10.35-11.45	Fun Swim
11.55-12.55	Lane Swim
13.00-13.55	Fun Swim
14.00-14.55	Fun Swim

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Sunday 22nd December – Small Pool

Time	Session
09.30-10.30	Family Fun Swim
10.35-11.45	Family Fun Swim
11.55-12.55	Family Fun Swim
13.00-13.55	Family Fun Swim
14.00-14.55	Family Fun Swim

Monday 23rd December – Main Pool

Time	Session
07.15-09.15	Lane Swim
09.30-10.15	Aqua Mobility
10.30-11.15	Public Swim (with 2 Lanes)
11.30-13.00	Lane Swim

Monday 23rd December – Small Pool

Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.15-12.00	Family Fun Swim

Christmas Eve 24th December – Hydrotherapy Pool

Time	Session
11.00-11.45	Hydrotherapy Access
11.00-11.45	Hydrotherapy General

Christmas Eve 24th December – Main Pool

Time	Session
07.15-09.45	Lane Swim
10.00-10.45	Public Swim
11.00-11.45	Disability Swim / Lane Swim
12.00-13.00	Lane Swim

Christmas Eve 24th December – Small Pool

Time	Session
10.00-11.00	Family Fun Swim

Wednesday 25th December

CLOSED

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Thursday 26th December
CLOSED

Friday 27 th December – Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim
12.00-13.00	Lane Swim

Friday 27 th December – Small Pool	
Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim

Saturday 28 th December – Main Pool	
Time	Session
08.15-09.15	Lane Swim
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim
12.00-13.00	Lane Swim

Saturday 28 th December – Small Pool	
Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim

Sunday 29 th December – Hydrotherapy Pool	
Time	Session
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General

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Sunday 29 th December – Main Pool	
Time	Session
08.15-09.15	Lane Swim
09.30-10.30	Public Swim
10.45-11.45	Public Swim
12.00-13.00	Lane Swim

Sunday 29 th December – Small Pool	
Time	Session
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim

Monday 30 th December – Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.15	Aqua Mobility
10.30-11.15	Public Swim (2 Lanes)
11.30-13.00	Lane Swim

Monday 30 th December – Small Pool	
Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.15-12.00	Family Fun Swim

Tuesday 31 st Dec – Hydrotherapy Pool New Years Eve	
Time	Session
11.00-11.45	Hydrotherapy Access
11.00-11.45	Hydrotherapy General

Tuesday 31 st Dec – Main Pool New Years Eve	
Time	Session
07.15-09.45	Lane Swim
10.00-10.45	Aqua Zumba
11.00-11.45	Disability Swim / Lane Swim
12.00-13.00	Lane Swim

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Tuesday 31st Dec – Small Pool New Years Eve

Time	Session
10.00-11.00	Family Fun Swim

Wednesday 1st January

CLOSED

Thursday 2nd January – Hydrotherapy Pool

Time	Session
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General

Thursday 2nd January – Main Pool

Time	Session
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (with 2 Lanes)
10.45-11.45	Fun Swim
12.00-12.55	Lane Swim
13.00-14.00	Public Swim (2 Lanes)
17:00-18:30	Lane Swim

Thursday 2nd January – Small Pool

Time	Session
09.30-10.30	Family Fun Swim
10.45-11.30	Family Fun Swim
11.45-12.30	Family Fun Swim

Friday 3rd January – Main Pool

Time	Session
07.15-09.15	Lane Swim
09.30-10.15	Public Swim (2 Lanes)
10.15-11.00	Fun Swim
11:00-11:45	Fun Swim
12:00-13:00	Lane Swim
17:00-18:00	Lane Swim

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Friday 3 rd January – Small Pool	
Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim

Saturday 4 th January – Main Pool	
Time	Session
08.15-09.15	Lane Swim
09.30-10.45	Family Fun Swim
10:45-11:45	Fun Swim
12.00-13.00	Lane Swim

Saturday 4 th January – Small Pool	
Time	Session
09.30-10.15	Family Fun Swim
10.15-11.00	Family Fun Swim
11.00-11.45	Family Fun Swim

Sunday 5 th January – Hydrotherapy Pool	
Time	Session
12.00-12.45	Hydrotherapy Access
12.00-12.45	Hydrotherapy General

Sunday 5 th January – Main Pool	
Time	Session
08.15-09.15	Lane Swim
09.30-10.30	Fun Swim
10.45-11.45	Fun Swim
12.00-13.00	Lane Swim

Sunday 5 th January – Small Pool	
Time	Session
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim
12.00-12.45	Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming