

# FEBRUARY HALF TERM SWIMMING LESSONS

17 - 21 February 2025

SCAN ME  
TO BOOK ONLINE



AIREBOROUGH	ARMLEY	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX
<p><b>Non-Swimmer Intensive</b> Tues-Fri 09.45-10.15</p> <p><b>Beginner Intensive</b> Tues-Fri 08.35-09.05, 09.10-09.40</p> <p><b>Improver Intensive</b> Tues-Fri 08.35-09.05, 09.10-09.40</p> <p><b>Advanced Intensive</b> Tues-Fri 09.45-10.15</p>	<p>To Be Confirmed</p>	<p><b>Non-Swimmer Intensive</b> Tues-Fri 10.40-11.10</p> <p><b>Beginner Intensive</b> Tues-Fri 09.30-10.00, 10.05-10.35</p> <p><b>Improver Intensive</b> Tues-Fri 09.30-10.00, 10.40-11.10</p> <p><b>Advanced Intensive</b> Tues-Fri 10.05-10.35</p> <p><b>Intro to Synchronised Swimming</b> TBC</p>	<p><b>Beginner Intensive</b> Mon-Fri 09.30-10.00, 10.05-10.35</p> <p><b>1-2-1 Lesson (30min slots)</b> Mon / Wed / Fri 09.30-10.00, 10.05-10.35</p>	<p><b>Beginner Intensive</b> Mon-Fri 10.30-11.00</p> <p><b>Improver Intensive</b> Mon-Fri 10.00-10.30</p>	<p><b>Non-Swimmer Intensive</b> Mon-Fri 13.30-14.00</p> <p><b>Beginner Intensive</b> Mon-Fri 13.30-14.00, 14.00-14.30</p> <p><b>Improver Intensive</b> Mon-Fri 14.00-14.30</p>
KIRKSTALL	MORLEY	PUDSEY	ROTHWELL	WETHERBY	PRICING*
<p><b>1-2-1 Lesson (30min slots)</b> Tues 10.45-11.15, 13.15-14.15 Wed/Thurs 14.30-15.00 Fri 10.45-11.45, 14.30-15.00</p>	<p><b>Improver Intensive</b> Tues-Fri 13.15-13.45 (n.b. Thurs will be 13.30-14.00)</p>	<p><b>Beginner Intensive</b> Mon-Fri 11.15-11.45</p> <p><b>Improver Intensive</b> Mon-Fri 11.15-11.45</p> <p><b>Discipline Taster</b> Water Polo Wed 13.15-13.45 Synchro Thurs 13.15-13.45</p>	<p><b>Beginner Intensive</b> Tues-Fri 10.30-11.00</p> <p><b>Non-Swimmer Intensive</b> Tues-Fri 11.05-11.35</p> <p><b>SCOTT HALL</b></p> <p><b>Beginner Intensive</b> Mon-Fri 08.45-09.15</p> <p><b>Improver Intensive</b> Mon-Fri 09.20-09.50</p>	<p><b>1-2-1 Lesson (30min slots)</b> Mon, Tues, Wed 13.30-14.30 Thurs 9.30-11.30, 13.30-14.30 Fri 10.00-11.30</p>	<p><b>PRICING*</b></p> <p>INTENSIVE LESSONS £38.75 ST / £28.75 LCX (5 DAY) £31.00 ST / £23.00 LCX (4 DAY)</p> <p>1-2-1 LESSON £23.25 ST / £16.75 LCX</p> <p>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO... £7.75 ST / £5.75 LCX</p> <p>DISCIPLINE TASTER 50P!!</p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>

# FEBRUARY HALF TERM SWIMMING LESSONS

## DESCRIPTIONS & INFORMATION

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NON-SWIMMER INTENSIVE	BEGINNER INTENSIVE	IMPROVER INTENSIVE	ADVANCED INTENSIVE	1-2-1 LESSON
For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes.	For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.	For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the Stage 5 or Stage 6/7 Swim England outcomes.	These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children (Stage 2 & above) and for adults.

DISCIPLINE TASTER	INTRODUCTION TO...
A taster session for a specific discipline i.e. diving, water polo, synchro.  Swimmers must be Stage 5 or above.	An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving, water polo, synchronised swimming (synchro).  Swimmers must be Stage 5 or above.

PRICING*
<p><b>INTENSIVE LESSONS</b>                      £38.75 ST / £28.75 LCX (5 DAY)                      £31.00 ST / £23.00 LCX (4 DAY)</p> <p><b>1-2-1 LESSON</b>                      £23.25 ST / £16.75 LCX</p> <p><b>SWIM STROKE IMPROVEMENT &amp; INTRODUCTION TO...</b>                      £7.75 ST / £5.75 LCX</p> <p><b>DISCIPLINE TASTER 50P!!</b></p> <p>*ST = STANDARD AND LCX = LEEDSCARD EXTRA</p>

Interested in signing up for swimming lessons with Active Leeds?

Use our handy questionnaire to determine the stage for you/your child & check availability

# AIREBOROUGH FEBRUARY HALF TERM DRYSIDE ACTIVITIES

17 - 21 February

**ACTIVE**  
LEEDS

## JUNIOR ROLLER DISCO (8-15YRS)

**Dates Available:** 18 February

**Time:** 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the good tunes!

## BOUNCY CASTLE (3-8YRS)

**Dates Available:** 21 February

**Time:** 10.00-10.45, 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

## FAMILY ROLLER DISCO (5YRS+)

**Dates Available:** 21 February

**Time:** 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult! Have fun skating or scooting to some good tunes!

### Pricing\*

Roller Disco / Bouncy Castle  
£5.75 ST / £4.25 LCX

\*ST = standard and LCX = Leeds card Extra

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team



# HOLT PARK FEBRUARY HALF TERM DRYSIDE ACTIVITIES

17 - 21 February

## BOUNCY CASTLE & SOFT PLAY (3-8YRS)

**Dates Available:** 18 February

**Times:** 10.00-11.00 or 11.05-12.05

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

## MULTI-SPORT CAMP & SWIM (8-12YRS)

**Dates Available:** 19 February

**Time:** 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

### PRICING\*

Multi Sports Camp

£11.75 ST / £8.25 LCX per day

Bouncy Castle & Soft Play

£5.75 ST / £4.25 LCX per day

\*ST = Standard Price and LCX = Leeds card Extra

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team

# PUDSEY FEBRUARY HALF TERM DRYSIDE ACTIVITIES

17 - 21 February

## FOOTBALL FUN (8-12YRS)

**Dates Available:** 17 February

**Time:** 11.15-12.15

## INFLATABLE SPECIAL

Children under the age of 8 must have a parent/guardian with them at all times

**Dates Available:** 18 February

**Times:** 10.30-11.30 (2-12yrs), 12.00-13.00 (2-12yrs), 13.30-14.30 (8-12yrs)

## RACKET SPORTS (8-12YRS)

**Dates Available:** 17 February

**Times:** 10.00-11.00

## MULTI-SPORT CAMP & SWIM (8-12YRS)

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

**Dates Available:** 19 February, 20 February

**Time:** 10.00-15.00

### PRICING\*

Multi Sports Camp

£11.75 ST / £8.25 LCX per day

Football/Inflatables/Racket Sports

£3.75 - PROMOTIONAL PRICE

\*ST = Standard Price and LCX = LeedsCard Extra

For further information or to make a booking please contact customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team

# SCOTT HALL FEBRUARY HALF TERM DRYSIDE ACTIVITIES

17 - 21 February

## MULTI-SPORT & SWIM CAMP (8-12YRS)

Funding kindly received from Councillors of the Inner North East Community Committee; Chapel Allerton, Roundhay & Moortown to subsidise all children attending all children attending

**Dates Available:** 17 February & 19 February

**Time:** 10.30-15.30

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

### PRICING

**£7.50 per day!**

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team

# DIVING

@ JOHN CHARLES CENTRE FOR SPORT

ACTIVE  
LEEDS



BOOK ONLINE

## LEARN TO DIVE CAMP: BEGINNERS & IMPROVERS

(Minimum Stage 5 &/or able to swim 50m and confident in deep water)

17 & 19 February, 09.30-14.30

## DTS SQUAD CAMP: BACKWARDS & REVERSE

(squad divers only)

20 February, 09.30-14.30

## DTS SQUAD CAMP: REQUIRED & ENTRIES

(squad divers only)

21 February, 09.30-14.30

Cost £33.00 standard or £24.00 LeedsCard Extra (per day)

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration.



# COMPETITIVE SWIMMING SESSIONS

## @ AQUATICS CENTRE, JOHN CHARLES

### RACING SKILLS TUMBLE & DIVE CAMP\*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 18 Feb 09.30-14.30

**Cost £33.00 standard or £24.00 Leedscard Extra**

### DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 19 Feb 09.00-12.00

**Cost £25.00 standard or £18.00 Leedscard Extra**

### RACING SKILLS TOUCH & BACK START CAMP\*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

**Dates Available:** 20 Feb 09.30-14.30

**Cost £33.00 standard or £24.00 Leedscard Extra**

\*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

**Bookings now been taken, book online or call 0113 3760398 to book your child's place**





# JUNIOR GYM HOURS

## FEBRUARY HALF TERM 2025

### AIREBOROUGH

Mon-Thurs 12.00-17.30  
Fri 12.00-19.00  
Sat & Sun 11.00-14.00

### ARMLEY

Mon-Fri 10.00-12.00 & 15.00-17.30  
Sat & Sun 11.00-14.00

### FEARNVILLE

Tues 16.00-18.00  
Thurs 16.00-18.00

### GARFORTH

Mon-Thurs 12.00-17.30  
Fri 12.00-19.00  
Sat & Sun 10.00-12.30

### HOLT PARK ACTIVE

Mon-Fri 14.00-17.30  
Sat & Sun 11.00-14.00

### JOHN CHARLES

Mon - Fri 16.00-18.30

### JOHN SMEATON

Mon-Fri 10.00-17.30  
Sat & Sun 11.00-14.00

### MIDDLETON

Mon-Fri 12.00-17.30  
Sat & Sun 10.00-13.00

### MORLEY

Mon-Thurs 10.00-12.00 & 15.00-17.30  
Fri 10.00-12.00 & 15.00-19.00  
Sat 11.00-14.00  
Sun 11.00-14.00 & 17.00-20.00

### PUDSEY

Mon-Thurs 10.00-17.30  
Fri 10.00-19.00  
Sat & Sun 11.00-14.00

### ROTHWELL

Mon-Thurs 10.00-12.00 & 15.00-17.30  
Fri 10.00-12.00 & 15.00-19.00  
Sat & Sun 11.00-14.00

### SCOTT HALL

Mon-Thurs 09.30-11.30 & 15.00-17.30  
Fri 09.30-11.30 & 15.00-19.00  
Sat & Sun 11.00-14.00

### WETHERBY

Mon / Tues / Thurs 15.00-17.30  
Sun 10.00-12.00



# LEEDS SAILING & ACTIVITY CENTRE

## FEBRUARY HALF TERM ACTIVITY PROGRAMME

17 - 21 February 2025

MULTI ACTIVITY DAYS	PADDLESPORT START TASTER	STAND UP PADDLEBOARD TASTER	PADDLESPORT DISCOVER
<p>Mon 17 Feb Tues 18 Feb Wed 19 Feb Thurs 20 Feb Fri 21 Feb</p> <p>09.30-15.30</p> <p>A day experiencing a variety of the different activities offered at LSAC. A range of wet and dry activities daily (weather dependant). Individual days to be booked.</p>	<p>Tues 19 Feb</p> <p>10.00-12.00</p> <p>A two-hour introduction to Canoeing and Kayaking (Paddlesport). This taster introduces paddle techniques needed to get you on your way towards enjoying aspects of paddlesport.</p>	<p>Tues 19 Feb</p> <p>13.00-15.00</p> <p>A two-hour introduction to Stand-Up Paddleboarding. This taster introduces basic skills for an enjoyable experience on the water. Individual times/days to be booked.</p>	<p>Thurs 20 Feb Fri 21 Feb</p> <p>09.00-15.30</p> <p>A two-day beginner course for juniors with little or no experience of paddlesport. Work through various competencies, skills and gain knowledge using a variety of paddlesport crafts such as canoe, kayak and stand-up paddleboard.</p>

### PRICING\*

MULTI ACTIVITY DAY  
£55.00 PER DAY

PADDLEBOARD TASTER / STAND UP PADDLEBOARD  
£30.00 PER SESSION

PADDLESPORT DISCOVER (2 DAY)  
£125.00



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