

Swimming Timetable 17 – 23 February 2025

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £5.70 Standard, £5.10 Leeds card, £4.80 Leeds card 60 (Peak), £3.30 Leeds card 60 (Off Peak), £2.70 Leeds card Extra (Peak), £2.20 Leeds card Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Monday 17th Feb – Hydrotherapy Pool

Time	Session
09.20-12.15	Junior Swimming Lessons
13.00-13.30	Junior Swimming Lessons

Monday 17th Feb – Main Pool

Time	Session
07.15-09.25	Lane Swim
09.30-10.15	Aqua Mobility
10.20-11.20	Public Swim (with 2 Lanes)
11.30-12.55	Lane Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
15.40-18.30	Junior swimming Lessons
18.30-19.30	Adult Swimming Lessons
19.35-20.15	Lane Swim

Monday 17th Feb – Small Pool

Time	Session
09.30-11.00	Junior Swimming Lessons
11.10-11.55	Family Fun Swim
12.05-12.55	Family Fun Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family fun Swim

Swimming Timetable
17 – 23 February 2025

Tuesday 18th Feb – Hydrotherapy Pool

Time	Session
09.20-11.45	Junior Swimming Lessons
12.15-13.00	Hydrotherapy General
12.15-13.00	Hydrotherapy Access
13.00-13.30	Junior Swimming Lessons
18.30-19.15	Hydrotherapy General
18.30-19.15	Hydrotherapy Access

Tuesday 18th Feb – Main Pool

Time	Session
07.15-09.15	Lane Swim
10.00-10.45	Aqua Zumba
11.00-11.45	Disability Swim / Lane Swim
12.00-12.55	Lane Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Fun Swim
15.40-18.00	Junior Swimming Lessons
18.00-18.55	Public Swim (With 2 Lanes)
19.00-20.00	Female Lane Swim
20.00-22.00	Lane Swim

Tuesday 18th Feb – Small Pool

Time	Session
09.15-10.00	Family Fun Swim
10.30-11.30	Junior Swimming Lessons
12.00-12.45	Family Fun Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Family Fun Swim
15.40-18.00	Junior Swimming Lessons

Wednesday 19th Feb – Hydrotherapy Pool

09.20-12.15	Junior Swimming Lessons
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General
18.30-19.15	Hydrotherapy Access
18.30-19.15	Hydrotherapy General

Swimming Timetable
17 – 23 February 2025

Wednesday 19th Feb – Main Pool	
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (With 2 Lanes)
10.45-11.45	Fun Swim
12.00-12.55	Lane Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Fun Swim
15.40-18.00	Junior swimming Lessons
18.00-18.45	Public Swim (With 2 Lanes)
21.15-22.00	Lane Swim

Wednesday 19th Feb – Small Pool	
09.30-10.30	Family fun Swim
10.45-11.45	Family fun Swim
12.00-12.55	Family fun Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Family fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family fun Swim

Thursday 20th Feb – Hydrotherapy Pool	
Time	Session
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General

Thursday 20th Feb – Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (with 2 Lanes)
10.45-11.45	Fun Swim
12.00-12.55	Lane Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
15.40-18.00	Junior Swimming Lessons
18.00-18.45	Public Swim (with 2 Lanes)
20.10-20.55	Aqua Zumba
21.00-22.00	Lane Swim

Swimming Timetable
17 – 23 February 2025

Thursday 20th Feb – Small Pool	
Time	Session
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim
12.00-12.55	Family Fun Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

Friday 21st Feb – Hydrotherapy Pool	
Time	Session
09.30-11.00	Junior Swimming Lessons
11.00-12.05	Junior Swimming Lessons

Friday 21st Feb – Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (with 2 Lanes)
10.45-11.45	Fun Swim
12.00-12.55	Lane Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Fun Swim
15.40-18.00	Junior Swimming Lessons
18.00-18.45	Public Swim (with 2 Lanes)
20.00-21.00	Lane Swim

Friday 21st Feb – Small Pool	
Time	Session
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim
12.00-12.55	Family Fun Swim
13.00-14.00	Intensive Swimming Lessons (see holiday timetable)
14.10-15.10	Family Fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

Swimming Timetable
17 – 23 February 2025

Saturday 22nd Feb – Main Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Swimming Lessons
14.30-15.15	Private Pool Hire (Enquire Now)
15.30-16.30	Adult Swimming Lessons
16.45-18.00	Lane Swim

Saturday 22nd Feb – Small Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Swimming Lessons
14.15-15.00	Family Fun Swim
14.30-15.15	Private Pool Hire (Enquire Now)

Sunday 23rd Feb – Hydrotherapy Pool

Time	Session
12.00-12.45	Hydrotherapy Access
12.00-12.45	Hydrotherapy General

Sunday 23rd Feb – Main Pool

Time	Session
08.15-09.15	Lane Swim
09.30-10.30	Fun Swim
10.30-11.30	Fun Swim
11.30-12.30	Fun Swim
12.45-14.45	Lane Swim
19.05-20.05	Lane Swim

Sunday 23rd Feb – Small Pool

Time	Session
09.30-10.30	Family Fun Swim
10.30-11.30	Family Fun Swim
11.30-12.30	Family Fun Swim
13.00-14.00	Family Fun Swim
15.00-15.45	Private Pool Hire (Enquire Now)

For session descriptions please visit active.leeds.gov.uk/swimming

For February half term junior activities & holiday lesson information please visit active.leeds.gov.uk