

Please note Swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/Swimming</u>** 

#### **Cost**

**Adult:** £5.70 Standard, £5.10 Leedscard, £4.80 Leedscard 60 (Peak), £3.30 Leedscard 60 (Off Peak), £2.70 Leedscard Extra (Peak), £2.20 Leedscard Extra (Off Peak)

Junior: £2.70 Standard, U3s Free

Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.

Monday 17 <sup>th</sup> February – Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:45 – 10:30	Aqua Aerobics	
11.00 – 12:00	Fun Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:30	Float Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Public Swim (with 2 Janes)	
19.15 – 20.00	Aqua Zumba	
20:15 – 21:15	Lane Swim (R)	

Monday 17 <sup>th</sup> February – Small Pool			
	Time		Session
09:15 - 09:45			Adult & Child Swimming Lessons
11.00 - 12:00			Family Swim
12:30 - 13:15			Family Swim
15:45 – 18:45			Junior Swimming Lessons

Tuesday 18 <sup>th</sup> February – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 - 12:15	Public Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Float Swim	
15:45 - 19:00	Junior Swimming Lessons	
20:30 – 21:15	Lane Swim	

Tuesday 18 <sup>th</sup> February – Small Pool		
Time	Session	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
12:15 – 13:15	Adult & Child swimming Lesson	
15:45 – 19:00	Junior Swimming Lessons	



Wednesday 19 <sup>th</sup> February – Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Public Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:30	Float Swim	
15:45 – 18:00	Junior Swimming Lessons	
18:00 – 18:45	Disability Swim	
19:00 – 20:00	Adult Swimming Lessons	
20:30 – 21:30	Lane Swim	

	Wednesday 19 <sup>th</sup> February – Small Pool
Time	Session
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)
12:30 – 13:15	Public Swim
14:30 – 15:30	Swimming Lesson Assessments
15:45 – 18:00	Junior Swimming Lessons

	Thursday 20 <sup>th</sup> February – Main Pool		
	Time	Session	
08:00 - 09:00		Lane Swim	
09:30 – 11:15		Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15		Public Swim	
12:30 – 13:15		Lane Swim	
13:30 – 14:30		Float Swim	
15:30 – 19:00		Junior Swimming Lessons	
20:30 – 21:15		Female Only Public Swim 2 Lanes	

Thursday 20 <sup>th</sup> February – Small Pool		
Time Session		
12:30 – 13:15	Family Swim	
13:30 – 14:30	Family Swim	



Friday 21 <sup>st</sup> February – Main Pool		
Time	Session	
08:00 – 09:00	Lane Swim	
09:30 – 11:15	Intensive Swimming Lessons (see holiday timetable)	
11:30 – 12:15	Public Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Float Swim	
14:30 – 15:15	Aqua Mobility	
15:45 – 18:00	Junior Swimming Lessons	
18:15 – 19:00	Family Float Swim	
19:15 – 20.00	Public Swim (with 2 Lanes)	
20:15 – 21.00	Lane Swim	

	Friday 21st Feb	oruary – Small Pool
	Time	Session
09:30 – 11:15		Junior Swimming Lessons
12:30 – 13:15		Family Fun Swim
13:30 – 14:30		Family Fun Swim
15:45 – 18:00		Junior Swimming Lessons

Saturday 22 <sup>nd</sup> February – Main Pool			
	Time		Session
08:30 - 12:15			Junior Swimming Lessons
12:30 - 13:30			Family Float Swim
13:45 – 14:45			Public Swim (with 2 Lanes)
15:00 – 15.45			Lane Swim

Saturday 22 <sup>nd</sup> February – Small Pool		
Time	Session	
08:30 – 12:15	Junior Swimming Lessons	
12:30 – 13:30	Family Fun Swim	

	Sunday 23 <sup>rd</sup> February – Main Pool	
	Time	Session
	08:30 - 09:15	Lane Swim
	09:30 – 10:15	SENsory Family Fun Swim
4	10:30 – 12:15	Public Swim (with 2 lanes)
	12:30 – 13:30	Lane Swim
	13:45 – 14:45	Family Float Swim
	15:00 – 15:45	Female Only Family Swim
	16:00 – 16:45	Female Only Public Swim (with 3 Lanes)



Sunday 23 <sup>rd</sup> February – Small Pool		
Time	Session	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Family Swim	
13:45 – 14:45	Family Swim	

