ACTIVE LEEDS

EASTER HOLIDAY SWIMMING LESSONS

7 - 21 April 2025

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SCAN TO ONLIN

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AIREBOROUGH	ARMLEY	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX	
Non-Swimmer Intensive Tues-Fri 09.55-10.25 Beginner Intensive Tues-Fri 08.45-09.15, 09.20-09.50 Improver Intensive Tues-Fri 08.45-09.15, 09.20-09.50 Advanced Intensive Tues-Fri 09.20-09.50	Beginner Intensive Mon 7 - Fri 13 April 13.00-13.30 Beginner Intensive Mon 14 - Thurs 17 April 13.00-13.30	Beginner Intensive Mon-Thurs 10.45-11.15 Improver Intensive Mon-Thurs 10.45-11.15 Advanced Intensive Mon-Thurs 10.45-11.15	Beginner Intensive Mon-Thurs 09.00-09.30 1-2-1 Lesson (30min slots) Mon / Tues / Wed / Thurs / Fri 10.30-11.00 Swim Stroke Technique Breaststroke Mon 11.15-11.45 Backstroke Tues 11.15-11.45 Breaststroke Wed 11.10-11.40 Frontcrawl Thurs 11.10-11.40 Discipline Taster Rookie Wed 16 April 11.00-11.45 Competitive Swimming Thurs 17 April 11.00-11.45	Beginner Intensive Mon-Thurs 10.00-10.30, 10.30-11.00 Improver Intensive Mon-Thurs 10.00-10.30 9-14yr Beginner Intensive Mon 14 - Thurs 17 April 10.30-11.00 Advanced Intensive Mon-Thurs 10.30-11.00	Beginner Intensive Mon-Thurs 13.15-13.45 Improver Intensive Mon-Thurs 13.45-14.15	

Advanced Intensive Tues-Fri 09.20-09.50		/(IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Discipline Taster Rookie Wed 16 April 11.00-11.45 Competitive Swimming Thurs 17 April 11.00-11.45	Advanced Intensive Mon-Thurs 10.30-11.00	
KIRKSTALL	PUDSEY	ROTHWELL	SCOTT HALL	WETHERBY	PRICING*
1-2-1 Lesson (30min slots) Mon 7 / 14 April 13.10-13.40 Tues 8 /15 April 10.50-11.20, 11.20-11.50 Wed 9 / 16 April 13.10-13.40 Thurs 10 / 17 April 13.10-13.40, 14.30-15.00 Fri 11 April 09.40- 10.10, 10.10-10.40	Non-Swimmer Intensive Mon-Thurs 11.15-11.45 Beginner Intensive Mon-Thurs 11.15-11.45	Beginner Intensive Tues 8 - Fri 11 April 10.30-11.00 Non-Swimmer Intensive Tues 15 - Thurs 17 April 10.30-11.00	Beginner Intensive Mon-Thurs 08.45-09.15 Improver Intensive Mon-Thurs 09.20-09.50	1-2-1 Lesson (30min slots) Mon, Tues, Wed 13.30-14.30 Thurs 9.30-11.30, 13.30-14.30 Fri 10.00-11.30, 13.30-14.30	INTENSIVE LESSONS £38.75 ST / £28.75 LCX (5 DAY) £31.00 ST / £23.00 LCX (4 DAY) £23.25 ST / £17.25 LCX (3 DAY) 1-2-1 LESSON £23.25 ST / £16.75 LCX SWIM STROKE IMPROVEMENT £7.75 ST / £5.75 LCX DISCIPLINE TASTER 50P!! *ST = STANDARD AND LCX = LEEDSCARD EXTRA

For further information or to make a booking please visit active.leeds.gov.uk/swimming, contact a member of our customer services team on 0113 3760398

Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.



EASTER HOLIDAY SWIMMING LESSONS DESCRIPTIONS & INFORMATION



NON-SWIMMER INTENSIVE

BEGINNER INTENSIVE

IMPROVER INTENSIVE

ADVANCED INTENSIVE

1-2-1 LESSON

For children aged 3+ with no swimming experience.
The children will work towards the preschool or Stage 1 Swim England outcomes.

For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.

For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.

For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided.

The children will work towards the Stage 5 or Stage 6/7 Swim England outcomes.

These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children (Stage 2 & above) and for adults.

DISCIPLINE TASTER

An introductory lesson covering the skills essential to the specific discipline.

Stage 8 Competitive
Swimming: swimmers must
have an interest in
swimming competitively.

Swimmers must be in Stage 7 for Rookie & Competitive Swimming taster.

SWIM STROKE IMPROVEMENT

For children in Swim
England Stage 4 swimming
lessons upwards. The full
class working only on
stroke technique. You
never know, it might help
you move up to the next
stage.

PRICING*

INTENSIVE LESSONS £38.75 ST / £28.75 LCX (5 DAY)

£31.00 ST / £23.00 LCX (4 DAY)

£23.25 ST / £17.25 LCX (3 DAY)

1-2-1 LESSON £23.25 ST / £16.75 LCX

SWIM STROKE IMPROVEMENT £7.75 ST / £5.75 LCX

DISCIPLINE TASTER 50P!!

*ST = STANDARD AND LCX = LEEDSCARD EXTRA

Interested in signing up for swimming lessons with Active Leeds?

Use our handy questionnaire to determine the stage for you/your child & check availability





COMPETITIVE SWIMMING SESSIONS @ AQUATICS CENTRE, JOHN CHARLES

SWIM STROKE TECHNIQUE CAMPS*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: Backstroke 8 April 09.30-14.30

Breaststroke 9 April 09.30-14.30

Freestyle 10 April 09.30-14.30

Butterfly 15 April 09.30-14.30

Cost £33.00 standard or £24.00 Leedscard Extra

DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 16 April 09.00-12.00

Cost £25.00 standard or £18.00 Leedscard Extra

RACING SKILLS TOUCH & TUMBLE*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 17 April 09.30-14.30

Cost £33.00 standard or £24.00 Leedscard Extra

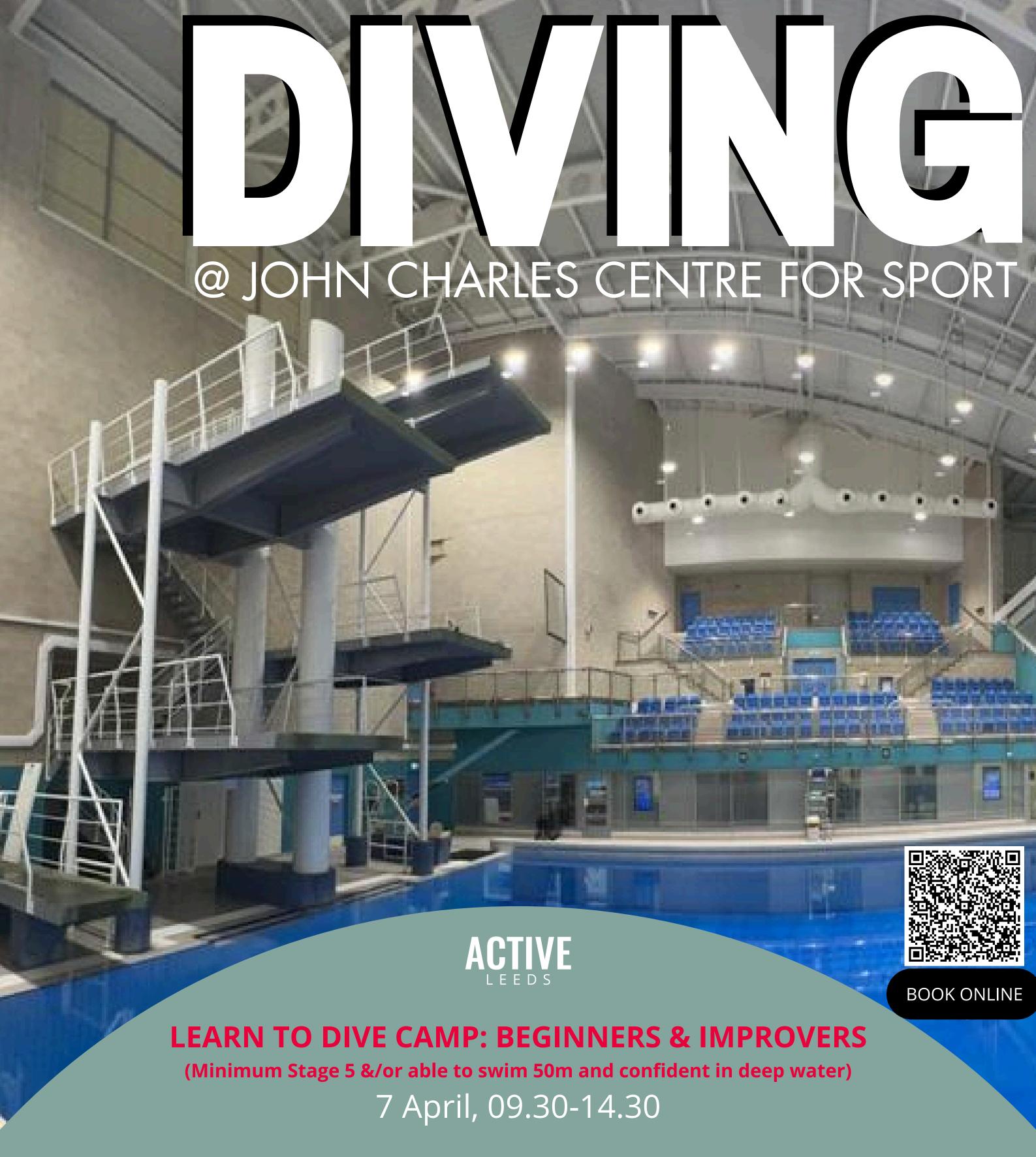
*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online or call 0113 3760398 to book your child's place







DTS SQUAD CAMP

(squad divers only)

9 April, 09.30-14.30

Cost £33.00 standard or £24.00 Leedscard Extra (per day)

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration.

AIREBOROUGH EASTER HOLIDAY DRYSIDE ACTIVITIES



7 - 21 April 2025

JUNIOR ROLLER DISCO (8-15YRS)

Dates Available: 8 April, 15 April

Time: 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the good tunes!

BOUNCY CASTLE (2-7YRS)

Dates Available: 11 April Time: 10.00-10.45, 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

FAMILY ROLLER DISCO (5YRS+)

Dates Available: 11 April Time: 16.00-17.00

Adults you must be accompanied by a child! Children you must be accompanied by an adult!

Have fun skating or scooting to some good tunes!

MULTI-SPORT CAMP & SWIM (8-12YRS)

Dates Available: 7 April, 8 April, 9 April, 10 April, 14 April, 15 April, 16 April, 17 April

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Pricing*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

Roller Disco / Bouncy Castle £5.75 ST / £4.25 LCX

*ST = standard and LCX = Leedscard Extra

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team

Aireborough



HOLT PARK EASTER HOLIDAY DRYSIDE ACTIVITIES

7 - 21 April 2025

BOUNCY CASTLE & SOFT PLAY (3-8YRS)

Dates Available: 10 April, 15 April

Times: 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

MULTI-SPORT CAMP & SWIM (8-12YRS)

Dates Available: 9 April, 11 April, 16 April

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

PRICING*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

Bouncy Castle & Soft Play £5.75 ST / £4.25 LCX per day

*ST = Standard Price and LCX = Leedscard Extra

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team



PUDSEY EASTER HOLIDAY DRYSIDE ACTIVITIES

7 - 21 April 2025

FOOTBALL FUN (8-12YRS)

Available: 7 April, 14 April 09.00-10.00

FOOTBALL FUN (5-7YRS)

Available: 10 April, 17 April 09.00-10.00

INFLATABLE SPECIAL

Children under the age of 8 must have a parent/guardian with them at all times

Available:

8 April & 15 April: 10.30-11.30 (2-12yrs), 12.00-13.00 (2-12yrs), 13.30-14.30 (2-12yrs) 11 April: 09.30-10.30 (2-12yrs), 10.45-11.45 (2-12yrs), 12.00-13.00 (2-12yrs)

MULTI-SPORT CAMP & SWIM (8-12YRS)

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Dates Available: 7 April, 9 April, 10 April, 14 April, 16 April, 17 April

Time: 10.00-15.00

PRICING*

Multi Sports Camp £11.75 ST / £8.25 LCX per day Football/Inflatables

£3.75 - PROMOTIONAL PRICE

*ST = Standard Price and LCX = Leedscard Extra

For further information or to make a booking please contact customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team





ROTHWELL EASTER HOLIDAY DRYSIDE ACTIVITIES

7 - 21 April 2025

MULTI-SPORT & INFLATABLE SWIM CAMP (8-12YRS)

Dates Available:

8 April, 9 April, 10 April, 15 April, 16 April & 17 April Time: 09.30-15.30

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a real good time on the inflatable! An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

PRICING*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

*ST = Standard Price and LCX = Leedscard Extra

For further information or to make a booking please contact customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team





SCOTT HALL EASTER HOLIDAY DRYSIDE ACTIVITIES

7 - 21 April 2025

MULTI-SPORT & SWIM CAMP (8-12YRS)

Dates Available: 9 April & 16 April

Time: 09.30-11.30

Enjoy an hour activities and then in to the pool for a fun swim. An action morning sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

PRICING

£6.00 ST / £5.00 LCX per day

*ST = Standard Price and LCX = Leedscard Extra

For further information or to make a booking please contact our customer services team on 0113 3760398 or visit the centre reception to speak to a member of the team



EASTER HOLIDAY GYMNASTICS SESSIONS



KIPPAX LEISURE CENTRE

6-15yrs: 10 April 10.00-12.00 **4-5yrs**: 10 April 12.30-13.30

KIRKSTALL LEISURE CENTRE

6-15yrs: 7 April 13.00-15.00, 9 April 10.30-12.30, 14 April 13.00-15.00, 16 April 10.30-12.30

4-5yrs: 7 April 10.30-11.30, 9 April & 16 April 09.30-10.30

Gymnastics Taster 4-7yrs: 14 April 10.30-11.30

Gym Time Fun 1-5yrs: 7 April, 14 April 09.30-10.15

MORLEY LEISURE CENTRE

4-5yrs: 10 April 13.00-14.00 and 11 April 09.30-10.30 **6-15yrs**: 10 April 14.00-16.00 and 11 April 10.30-12.30

Prices:

Taster Session £7.50
45 minute £5.00 ST / £4.00 LCX
1 Hour £7.50 ST / £6.00 LCX
2 Hours £12.00 ST / £8.50 LCX

ST = Standard / LCX = Leedscard Extra

Under 8s must have an adult in the building for the duration. Children attending gymtime fun will require an adult alongside them. Children attending 2 hour camp may bring a snack.

Bookings now been taken, book online or call a member of the team on 0113 3760398





LEEDS SAILING & ACTIVITY CENTRE EASTER HOLIDAY ACTIVITY PROGRAMME

7 - 21 April 2025

JUNIOR PADDLESPORT **JUNIOR BUSHCRAFT &** JUNIOR PADDLESPORT JUNIOR MULTI ACTIVITY DAYS JUNIOR SAILING TASTER JUNIOR WINDSURFING TASTER (MULTICRAFT) TASTER **DISCOVER** £55.00 PER DAY £30.00 £30.00 £125.00 PER COURSE £30.00 Mon 7 Apr 09.30-11.30 Mon 7 / 15 Apr Mon 7 Apr A 2 hour Introduction to windsurfing Mon 7 / 14 Apr Tues 8 & Wed 9 Apr 09.30-11.30 for complete beginners. Enjoy the 13.00-15.00 Tues 8 / 15 Apr Tues 16 & Wed 17 Apr 13.00-15.00 feeling of windsurfing, picking up Wed 9 / 16 Apr Fri 11 / Mon 14 / Wed 16 Apr the basics of how to steer & get Thurs 10 / 17 Apr 09.30-15.30 Fri 11 Apr 09.30-11.30 afloat safely. Fri 12 Apr 13.00-15.00 JUNIOR SAILING COURSE A two-day beginner course for Sat 12 Apr 09.30-15.30 juniors with little or no experience STAGE 1-2 A two-hour introduction to 10.00-12.00 paddlesport crafts such as canoe, of paddlesport. Work through £145.00 A day experiencing a variety of the A two-hour introduction to sailing kayak and stand-up paddleboard.. various competencies, skills and different activities offered at LSAC. for juniors, no experience needed. Tues 8 & Wed 9 Apr This taster introduces techniques gain knowledge using a variety of A range of wet and dry activities Enjoy the experience of sailing on paddlesport crafts such as canoe, needed to get you on your way daily (weather dependant). 09.30-16.00 the water and pick up basic boat towards enjoying aspects of kayak and stand-up paddleboard. Individual days to be booked. handling skills. paddlesport. Two days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing JUNIOR WINDSURFING JUNIOR SAILING COURSE JUNIOR WINDSURFING JUNIOR GO ROW JUNIOR OFF-ROAD BIKING STAGE 1 (AGE 10+) **STAGE 2-3 STAGE 2 (AGE 10+)** £75.00 £20.00 £145.00 £145.00 £145.00 Mon 14 & Tues 15 Apr Wed 16 & Thurs 17 Apr Thurs 10 Apr 09.30-16.00 Thurs 10 & Fri 11 Apr Thurs 10 & Fri 11 Apr 09.30-16.00 13.00-15.00 An introduction to the basic 09.30-12.30 09.30-16.00 principles of getting on the Windsurfing course for those Develop your ability on an off-Rowing course for beginners.

SURVIVAL SKILLS £30.00

Fri 11 Apr

09.30-11.30

A day experiencing a variety of the different activities offered at LSAC. A range of wet and dry activities daily (weather dependant). Individual days to be booked.

This two day course will provide you with all the basic skills and knowledge to get into Rowing.

Two days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.

road bike using gears and managing different terrains. Bikes and helmets supplied if required.

water and sailing the board across the wind and back. Develop skills needed to sail around a course, understanding the basic principles needed to become a confident sailor.

with Stage 1 wishing to learn and improve windsurfing skills. Wetsuits are provided. The only requirement is a degree of water confidence.

Need to drop the kids off enroute to the office? Book them in for 'Breakfast Club' 08.30-09.30, the team will have some games & activities set up until they start their activity at 09.30!

Please note no food will be provided. Please note a seperate transactions are required when using the online platform to book on to multiple

SCAN TO BOOK ONLINE



For further information or to make a booking please scan the QR code, email sailing.centre@leeds.gov.uk or call our customer services team on 0113 3760398 Promotion for activities at Leeds Sailing & Activity Centre only. Participant waiver must be completed prior to starting activity.



Taster Sessions £10.00pp: Sailing, Kayaking, Stand-Up
Paddleboarding (SUP), Rowing (10yrs+), Raft Building, Soft
Archery, & Indoor Caving (45 minute sessions)

Taster Windsurfing (10yrs+) £30.00pp (90 minute session)

Family open day for both adults & children (activities for those aged 8years+ unless stated)

Just bring a towel, change of clothes and old trainers – we will provide all safety equipment (and a wet suit if required)

Bellboat excursions: trips around the lake can be booked on the day - £3.00pp

FOR MORE INFO

Email:sailing.centre@leeds.gov.uk

Call: 0113 3760398

REFRESHMENTS AND CAFE NOW AVAILABLE







BOOK ONLINE

JUNIOR GYM HOURS: EASTER HOLIDAYS 2025 N/P = No Provision

	Aireborough	Armley	Fearnville	Garforth	Holt Park	JCCS Gym	John Smeaton	Middleton	Morley	Pudsey	Rothwell	Scott Hall	Wetherby
Monday 7 & 14 April	12:00-17:30	10:00-17:30	N/P	12:00-17:30	14:00-17:30	16:30-18:30	10:00-17:30	12:00-17:30	10:00-12:00 15:00-17.30	10:00-17:30	10:00-12:00 15:00-17.30	09:30-11:30 15:00-17:30	15:00-17:30
Tuesday 8 & 15 April	12:00-17:30	10:00-17:30	16:00-18:00	12:00-17:30	14:00-17:30	16:30-18:30	10:00-17:30	12:00-17:30	10:00-12:00 15:00-17.30	10:00-17:30	10:00-12:00 15:00-17.30	09:30-11:30 15:00-17:30	15:00-17:30
Wednesday 9 & 16 April	12:00-17:30	10:00-17:30	N/P	12:00-17:30	14:00-17:30	16:30-18:30	10:00-17:30	12:00-17:30	10:00-12:00 15:00-17.30	10:00-17:30	10:00-12:00 15:00-17.30	09:30-11:30 15:00-17:30	N/P
Thursday 10 & 17 April	12:00-17:30	10:00-17:30	16:00-18:00	12:00-17:30	14:00-17:30	16:30-18:30	10:00-17:30	12:00-17:30	10:00-12:00 15:00-17.30	10:00-17:30	10:00-12:00 15:00-17.30	09:30-11:30 15:00-17:30	15:00-17:30
Friday 11 April	12:00-17:30	10:00-17:30	N/P	12:00-19:00	14:00-19:00	16:30-18:30	10:00-17:30	12:00-17:30	10:00-12:00 15:00-19:00	10:00-19:00	10:00-12:00 15:00-19:00	09:30-11:30 15:00-19:00	N/P
Saturday 12 April	11:00-14:00	10:00-12:00	N/P	10:00-12:30	11:00-14:00	N/P	11:00-14:00	10:00-13:00	11:00-14:00	11:00-14:00	11:00-14:00	11:00-14:00	N/P
Sunday 13 April	11:00-14:00	10:00-12:00	N/P	10:00-12:30	11:00-13:00	N/P	11:00-14:00	10:00-13:00	11:00-14:00 17:00-20:00	11:00-14:00	11:00-14:00	11:00-14:00	10:00-12:00
Friday 18 April BANK HOL	11:00-14:00	10:00-13:00	CLOSED	10:00-13:00	11:00-14:00	N/P	10:00-12:00	10:00-13:00	11:00-14:00	10:00-13:00	11:00-14:00	09:30-11:30	N/P
Saturday 19 April	11:00-14:00	10:00-12:00	N/P	10:00-12:30	11:00-14:00	N/P	11:00-14:00	10:00-13:00	11:00-14:00	11:00-14:00	11:00-14:00	11:00-14:00	N/P
Sunday 20 April	11:00-14:00	10:00-12:00	N/P	10:00-12:30	11:00-14:00	N/P	11:00-14:00	10:00-13:00	11:00-14:00 17:00-19:00	11:00-14:00	11:00-14:00	11:00-14:00	10:00-12:00
Monday 21 April BANK HOL	11:00-14:00	10:00-13:00	CLOSED	10:00-13:00	11:00-14:00	N/P	10:00-12:00	10:00-13:00	11:00-14:00	10:00-13:00	11:00-14:00	09:30-11:30	N/P

For normal operational hours of our junior gym visit <u>active.leeds.gov.uk</u> and select your preferred centre