

## Holt Park Swimming Timetable – Term Time

Timetable in place during term time, there will be a change to the timetable for school holiday/bank holidays, they will be displayed on the website and Active Leeds App.

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes: **For session descriptions please visit [active.leeds.gov.uk/swimming](http://active.leeds.gov.uk/swimming)**

### Cost

**Adult:** £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

**Junior.** £3.00 Standard, U3s Free

*Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.*

Monday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:15 – 14:00	Public Swim (with 1 lane)
14:15 – 15:00	Lane Swim*
15:45 – 19:05	Junior Swimming Lessons
19:15 – 20:15	Disability Swim (½ pool) / Adult Swim (½ pool)
20:30 – 21:30	Lane Swim

*\*Please note the 14.15-15.00 Lane Swim will be cancelled on the last Monday of every month due to staff training*

Monday – Small Pool	
Time	Session
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Family Fun Swim
13:20 – 15:00	Parent & Child Swimming Lessons
15:45 – 18:15	Junior Swimming Lessons
18:30 – 19:15	Family Fun Swim

Monday – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:00 – 12:30	Pre-bookable via reception – screening required
18:15 – 18:45	Pre-bookable via reception – screening required

## Holt Park Swimming Timetable – Term Time

Tuesday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:15	Adult Swimming Lessons
10:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:15 – 14:00	Public Swim (with 1 Lane)
14:15 – 15:00	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 1 Lane)
19:15 – 20:15	Female Lane Swim*
20:30 – 21:30	Lane Swim

\*male & female lifeguards on duty

Tuesday – Small Pool	
Time	Session
09:30 – 10:15	Family Fun Swim
10:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Family Fun Swim
13:15 – 14:00	Family Fun Swim
15:45 – 18:15	Junior Swimming Lessons
18:30 – 19:15	Family Fun Swim

Tuesday – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:00 – 12:30	Pre-bookable via reception – screening required
13:30 – 14:00	Pre-bookable via reception – screening required
18:15 – 18:45	Pre-bookable via reception – screening required

Wednesday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:30 – 14:30	School Swimming Lessons
14:30 – 15:30	Staff Training
15:45 – 18:00	Junior Swimming Lessons
18:00 – 19:00	Staff Training
19:00 – 19:30	Adult Swimming Lessons
19:45 – 20:45	Leeds & Bradford Triathlon Club (Private Booking)
20:45 – 21:30	Lane Swim

## Holt Park Swimming Timetable – Term Time

Wednesday – Small Pool	
Time	Session
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Family Fun Swim
13:30 – 14:30	School Swimming Lessons
15:00 – 18:15	Junior Swimming Lessons
18:30 – 19:15	Family Fun Swim

Wednesday – Hydro Pool	
Time	Session
12:00 – 12:30	Pre-bookable via reception – screening required
18:15 – 18:45	Pre-bookable via reception – screening required

Thursday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:30 – 10:15	Aqua Aerobics
10:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:15 – 14:00	Public Swim (with 1 Lane)
14:15 – 15:00	Disability Swim
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 1 Lane)
19:15 – 20:00	Aqua Aerobics
20:15 – 21:00	Female Only Public Swim (with 1 Lane)
21:15 – 22:00	Lane Swim

Thursday – Small Pool	
Time	Session
09:30 – 10:15	Family Fun Swim
10:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Family Fun Swim
13:05 – 18:15	Junior Swimming Lessons
18:30 – 19:15	Family Fun Swim

Thursday – Hydro Pool	
Time	Session
12:00 – 12:30	Pre-bookable via reception – screening required
13:30 – 14:00	Pre-bookable via reception – screening required
18:15 – 18:45	Pre-bookable via reception – screening required

## Holt Park Swimming Timetable – Term Time

Friday – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Lane Swim
13:30 – 14:30	School Swimming Lessons
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 1 Lane)
19:15 – 20:00	Lane Swim
20:15 – 21:15	Leeds & Bradford Triathlon Club (Private Booking)

Friday – Small Pool	
Time	Session
09:30 – 11:30	School Swimming Lessons
12:00 – 13:00	Family Fun Swim
13:30 – 14:30	School Swimming Lessons
15:45 – 18:15	Junior Swimming Lessons
18:30 – 19:15	Family Fun Swim

Friday – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:00 – 12:30	Pre-bookable via reception – screening required

Saturday – Main Pool	
Time	Session
08:00 – 12:00	Junior Swimming Lessons
11:25 – 11:55	Disability Swimming Lessons (Juniors)
12:15 – 13:00	Lane Swim
13:15 – 14:15	Public Swim (1 lane)
14:30 – 15:30	Fun Swim
15:45 – 16:30	Private Party Hire (ENQUIRE NOW!)
17:00 – 18:00	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 – 12:00	Junior Swimming Lessons
11:25 – 11:55	Disability Swimming Lessons (Juniors)
12:15 – 13:00	Family Fun Swim
13:15 – 14:15	Family Fun Swim
14:30 – 15:30	Family Fun Swim
15:45 – 16:30	Private Party Hire (ENQUIRE NOW!)

## Holt Park Swimming Timetable – Term Time

Saturday - Hydro Pool	
Time	Session
12:15 – 12:45	Pre-bookable via reception – screening required

Sunday – Main Pool	
Time	Session
08:00 – 08:45	Lane Swim
09:00 – 10:00	Public Swim (1 lane)
10:15 – 11:15	Fun Swim
11:30 – 12:30	Lane Swim
12:45 – 13:45	Public Swim (1 lane)
14:00 – 15:00	Fun Swim
15:15 – 16:00	Private Party Hire (ENQUIRE NOW!)
16:15 – 17:00	Private Party Hire (ENQUIRE NOW!) / Staff Training
17:30 – 19:15	Lane Swim

Sunday – Small Pool	
Time	Session
09:00 – 10:00	Family Fun Swim
10:15 – 11:15	Family Fun Swim
11:30 – 12:30	Family Fun Swim
12:45 – 13:45	Family Fun Swim
14:00 – 15:00	Family Fun Swim
15:15 – 16:00	Private Party Hire (ENQUIRE NOW!)
16:15 – 17:00	Private Party Hire (ENQUIRE NOW!) / Staff Training

Sunday – Hydro Pool	
Time	Session
10:15 – 10:45	Pre-bookable via reception – screening required
11:30 – 12:00	Pre-bookable via reception – screening required

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)