

Swimming Timetable 26 May – 1 June 2025

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception: Please check our [Facebook](#) page for any recent timetable changes: **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Monday 26th May – Main Pool (BANK HOLIDAY)

| Time | Session |
|---------------|----------------------------|
| 07:00 – 08:00 | Lane Swim |
| 08:15 – 09:00 | Lane Swim |
| 10:00 – 11:00 | Public Swim (with 2 Lanes) |
| 12:00 – 13:00 | Lane Swim |

Monday 26th May – Small Pool

| Time | Session |
|---------------|-------------|
| 12:00 – 12:45 | Family Swim |

Tuesday 27th May – Main Pool

| Time | Session |
|---------------|------------------------------------|
| 07:00 – 08:00 | Lane Swim |
| 08:15 – 09:00 | Lane swim |
| 09:15 – 10:15 | Family Swim |
| 10:50 – 11:50 | 1-2-1 Swimming Lessons (bookable*) |
| 12:00 – 13:00 | Lane Swim |
| 14:30 – 15:15 | Adult Width Swim |
| 15:30 – 18:00 | Junior Swimming Lessons |
| 20:15 – 21:30 | Lane Swim |

Tuesday 27th May – Small Pool

| Time | Session |
|---------------|-------------------------|
| 12:00 – 12:45 | Family Swim |
| 15:30 – 18:35 | Junior Swimming Lessons |

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Wednesday 28th May – Main Pool

| Time | Session |
|---------------|------------------------------------|
| 07:00 – 08:00 | Lane Swim |
| 08:15 – 09:00 | Lane Swim |
| 09:05 – 10:05 | Aqua Aerobics |
| 12:00 – 13:00 | Lane Swim |
| 13:10 – 13:40 | 1-2-1 Swimming Lessons (bookable*) |
| 14:00 – 15:00 | Public swim (with 2 lanes) |
| 15:30 – 18:35 | Junior Swimming Lessons |
| 20:45 – 22:00 | Lane swim |

Wednesday 28th May – Small Pool

| Time | Session |
|---------------|-------------------------|
| 12:00 – 12:45 | Family Swim |
| 15:30 – 18:00 | Junior Swimming Lessons |

Thursday 29th May – Main Pool

| Time | Session |
|---------------|------------------------------------|
| 07:00 – 08:00 | Lane Swim |
| 08:15 – 09:00 | Lane Swim |
| 09:15 – 10:00 | Aqua Aerobics |
| 10:15 – 11:15 | Public Swim (with 2 Lanes) |
| 12:00 – 13:00 | Lane Swim |
| 13:10 – 15:00 | 1-2-1 Swimming Lessons (bookable*) |
| 15:30 – 18:00 | Junior Swimming Lessons |
| 18:15 – 19:00 | Public Swim (with 2 Lanes) |
| 19:15 – 20:00 | Aqua Aerobics |
| 20:15 – 21:00 | Female Only Lane Swim |
| 21:00 – 22:00 | Lane Swim |

Thursday 29th May – Small Pool

| Time | Session |
|---------------|-------------------------|
| 12:00 – 12:45 | Family Swim |
| 15:30 – 18:00 | Junior Swimming Lessons |
| 18:15 – 19:00 | Family Swim |

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Friday 30th May – Main Pool

| Time | Session |
|---------------|------------------------------------|
| 07:00 – 08:00 | Lane Swim |
| 08:15 – 09:00 | Lane Swim |
| 09:40 – 10:40 | 1-2-1 Swimming Lessons (bookable*) |
| 10:45 – 11:45 | Public Swim (with 2 Lanes) |
| 12:00 – 13:00 | Lane Swim |
| 15:30 – 18:00 | Junior Swimming Lessons |
| 18:15 – 19:00 | Public Swim (with 2 Lanes) |
| 20:00 – 21:00 | Lane Swim |

Friday 30th May – Small Pool

| Time | Session |
|---------------|-------------------------|
| 12:00 – 12:45 | Family Swim |
| 13:30-14:30 | Family Swim |
| 15:30 – 18:00 | Junior Swimming Lessons |
| 18:15 – 19:00 | Family Swim |

Saturday 31st May – Main Pool

| Time | Session |
|---------------|-------------------------|
| 08:00 - 15:30 | Junior Swimming Lessons |

Saturday 31st May – Small Pool

| Time | Session |
|---------------|-------------------------|
| 08:00 - 15:30 | Junior Swimming Lessons |

Sunday 1st June – Main Pool

| Time | Session |
|---------------|-----------------------------|
| 09:00 – 10:00 | Lane Swim |
| 10:15 – 11:15 | Public Swim (with 2 lanes) |
| 11:30 – 12:30 | Family Swim |
| 13:00 – 14:00 | Public Swim (No Lanes) |
| 14:15 – 14:45 | Disability Swimming Lessons |
| 14:45 – 15:30 | Disability General Swim |
| 16:00 – 17:00 | Lane Swim |

Sunday 1st June – Small Pool

| Time | Session |
|---------------|-------------|
| 09:00 – 10:00 | Family Swim |
| 10:15 – 11:15 | Family Swim |
| 11:30 – 12:30 | Family Swim |
| 13:00 – 14:00 | Family Swim |

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For session descriptions please visit active.leeds.gov.uk/swimming

***121 Lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children and for adults. These can be booked via our online portal at <https://shorturl.at/07R8m>**

For Spring Bank half term junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

SPRING BANK