

Rothwell Swimming Timetable – Term Time

Timetable in place during term time, there will be a change to the timetable for school holiday/bank holidays, they will be displayed on the website and Active Leeds App.

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult: £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

| Monday – Main Pool | |
|--------------------|--|
| Time | Session |
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 09:00 | Lane Swim |
| 09:15 - 10:00 | Aqua Aerobics |
| 10:10 - 11:30 | Public Swim (with 1 Lane) |
| 11:45 - 12:45 | Lane Swim |
| 12:55 - 13:40 | Adult Width Swim |
| 13:45 - 14:30 | Aqua Mobility |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:10 - 19:10 | Junior Swimming Lesson – Stage 8 Competitive |
| 19:15 - 20:15 | Female Only Lane Swim |
| 20:30 - 21:30 | Lane Swim |

| Monday – Small Pool | |
|---------------------|--------------------------------|
| Time | Session |
| 09:00 - 09:45 | Fun Swim |
| 10:30 - 12:00 | Adult & Child Swimming Lessons |
| 12:00 - 12:45 | Fun Swim |
| 13:00 - 14:30 | Adult & Child Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |

| Tuesday – Main Pool | |
|---------------------|---------------------------|
| Time | Session |
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 09:00 | Lane Swim |
| 09:05 - 09:50 | Aqua Aerobics |
| 10:00 - 11:30 | School Swimming Lessons |
| 11:45 - 12:45 | Lane Swim |
| 13:00 - 14:30 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:15 - 19:15 | Public Swim (with 1 Lane) |
| 19:30 - 20:30 | Lane Swim |
| 20:30 - 21:30 | SwimFit |

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Tuesday – Small Pool

| Time | Session |
|---------------|-------------------------|
| 09:00 - 09:45 | Fun Swim |
| 10:00 - 11:30 | School Swimming Lessons |
| 11:45 - 12:45 | Fun Swim |
| 13:00 - 14:30 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |

Wednesday – Main Pool

| Time | Session |
|---------------|---------------------------|
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 09:45 | Lane Swim |
| 10:00 - 11:00 | Disability Swim |
| 11:45 - 12:45 | Lane Swim |
| 13:00 - 15:00 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:15 - 19:00 | Public Swim (with 1 Lane) |
| 19:00 - 20:25 | Kippax SC |
| 20:30 - 21:30 | Lane Swim |

Wednesday – Small Pool

| Time | Session |
|---------------|-------------------------|
| 09:00 - 09:45 | Fun Swim |
| 11:45 - 12:45 | Fun Swim |
| 13:00 - 15:00 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |

Thursday – Main Pool

| Time | Session |
|---------------|---------------------------|
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 09:00 | Lane Swim |
| 09:05 - 09:50 | Aqua Zumba |
| 10:00 - 11:30 | School Swimming Lessons |
| 11:45 - 12:45 | Lane Swim |
| 13:00 - 14:30 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:15 - 19:15 | Public Swim (with 1 Lane) |
| 19:30 - 20:15 | Aqua Zumba |
| 20:30 - 21:30 | Lane swim |

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Thursday – Small Pool

| Time | Session |
|---------------|-------------------------|
| 09:00 - 09:45 | Fun Swim |
| 10:00 - 11:00 | School Swimming Lessons |
| 11:45 - 12:45 | Fun Swim |
| 13:00 - 14:30 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |

Friday – Main Pool

| Time | Session |
|---------------|--|
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 09:45 | Lane Swim |
| 10:15 - 11:20 | Adult Swimming Lessons |
| 11:45 - 12:45 | Lane Swim |
| 13:00 - 14:00 | School Swimming Lessons |
| 14:30 - 15:30 | Staff Training |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:00 - 19:10 | Junior Swimming Lesson – Stage 8 Competitive |
| 19:30 - 21:00 | Lane Swim |

Friday – Small Pool

| Time | Session |
|---------------|-------------------------|
| 09:00 - 09:45 | Fun Swim |
| 11:45 - 12:45 | Fun Swim |
| 13:00 - 14:00 | School Swimming Lessons |
| 15:45 - 18:00 | Junior Swimming Lessons |
| 18:15 - 19:00 | Fun Swim |

Saturday – Main Pool

| Time | Time |
|---------------|-----------------------------------|
| 06:45 - 07:45 | Lane Swim |
| 08:00 - 12:45 | Junior Swimming Lessons |
| 13:00 - 14:15 | Public Swim (with 1 Lane) |
| 14:30 - 15:15 | Private Party Hire (Enquire Now!) |
| 15:45 - 16:30 | Lane Swim |

Saturday – Small Pool

| Time | Session |
|---------------|-----------------------------------|
| 08:00 - 12:45 | Junior Swimming Lessons |
| 13:00 - 14:15 | Fun Swim |
| 14:30 - 15:15 | Private Party Hire (Enquire Now!) |
| 15:45 - 16:30 | Fun Swim |

Rothwell Swimming Timetable – Term Time

| Sunday – Main Pool | |
|--------------------|-----------------------------------|
| Time | Session |
| 08:45 - 09:45 | Lane Swim |
| 10:00 - 11:00 | Public Swim (with 1 Lane) |
| 11:05 - 12:10 | Junior Swimming Lessons |
| 12:15 - 13:15 | Public Swim (with 1 Lane) |
| 13:30 - 14:30 | Lane Swim |
| 15:00 - 15:45 | Private Party Hire (Enquire Now!) |

| Sunday – Small Pool | |
|---------------------|-----------------------------------|
| Time | Session |
| 08:45 - 09:45 | Fun Swim |
| 10:00 - 11:00 | Fun Swim |
| 11:05 - 12:10 | Junior Swimming Lessons |
| 12:15 - 13:15 | Fun Swim |
| 13:30 - 14:30 | Fun Swim |
| 15:00 - 15:45 | Private Party Hire (Enquire Now!) |
| 16:00 - 16:45 | SENsory Family Fun Swim |

For session descriptions please visit active.leeds.gov.uk/swimming