

SPRING BANK HALF TERM SWIMMING LESSONS

26 May - 1 June 2025

SCAN TO BOOK ONLINE	
OR CLICK HERE	

AIREBOROUGH	ARMLEY	FEARNVILLE	HOLT PARK ACTIVE	JOHN SMEATON	KIPPAX
Non-Swimmer Intensive Tues-Fri 09.45-10.15 Beginner Intensive Tues-Fri 08.35-09.05, 09.10-09.40 Improver Intensive Tues-Fri 08.35-09.05 Advanced Intensive Tues-Fri 09.10-09.40, 09.45-10.15	Beginner Intensive Tues-Fri 13.00-13.30, 13.30-14.00 Improver Intensive Tues-Fri 13.00-13.30, 13.30-14.00	Non- Swimmer Intensive Tues-Fri 10.40-11.10 Beginner Intensive Tues-Fri 09.30-10.00 Improver Intensive Tues-Fri 09.30-10.00, 10.05-10.35 Advanced Intensive Tues-Fri 10.05-10.35 Challenge Award (Stage 7+) Tues-Wed 10.05-11.05 Intro to Rookie Lifesaving Thurs 10.05-11.05	Beginner Intensive Tues-Fri 09.00-09.30 1-2-1 Lesson (30min slots) Tues / Wed / Thurs / Fri 10.30-11.00 Swim Stroke Technique Backstroke Tues 11.00-11.30 Breaststroke Wed 11.00-11.30 Frontcrawl Thurs 11.00-11.30 Butterfly Fri 11.00-11.30	Beginner Intensive Tues-Fri 10.30-11.00 Improver Intensive Tues-Fri 10.00-10.30	Beginner Intensive Tues-Fri 13.15-13.45 Improver Intensive Tues-Fri 13.45-14.15
MORLEY	PUDSEY	SCOTT HALL	WETHERBY	PRIC	ING*
				INTENSIVE	LESSONS

Beginner Intensive
Wed-Fri 13.45-14.15

Improver Intensive

Tues-Fri 09.30-10.00

Non-Swimmer Intensive
Tues-Fri 11.15-11.45

Beginner Intensive

Tues-Fri 11.15-11.45

Beginner Intensive

Tues-Fri 08.45-09.15

Improver Intensive
Tues-Fri 09.20-09.50

1-2-1 Lesson (30min slots)

Tues 13.30-14.30 Wed 13.30-15.00 Thurs 9.30-11.30, 13.30-14.30 Fri 10.00-11.30, 13.30-14.30 £31.00 ST / £23.00 LCX (4 DAY) £23.25 ST / £17.25 LCX (3 DAY)

> 1-2-1 LESSON £23.25 ST / £16.75 LCX

SWIM STROKE IMPROVEMENT & INTRO TO...
£7.75 ST / £5.75 LCX

CHALLENGE AWARD £15.50 ST / £11.50 LCX

*ST = STANDARD AND LCX = LEEDSCARD EXTRA

For further information or to make a booking please visit <u>active.leeds.gov.uk/swimming</u>, contact a member of our customer services team on 0113 3760398

Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.



SPRING BANK HALF TERM SWIMMING LESSONS **DESCRIPTIONS & INFORMATION**



NON-SWIMMER
INTENSIVE

BEGINNER INTENSIVE

IMPROVER INTENSIVE

ADVANCED INTENSIVE

1-2-1 LESSON

INTRODUCTION TO...

For children aged 3+ with no swimming experience. The children will work towards the preschool or Stage 1 Swim England outcomes.

For children ages 5+ with some experience in the water. The children will work towards the Stage 1 or Stage 2 Swim England outcomes.

For children ages 5+ who are enrolled on Stage 3 or 4 or are able to swim a minimum of 5m on the front and back unaided. The children will work towards the Stage 3 or Stage 4 Swim England outcomes.

For children ages 5+ who are enrolled on Stage 5+ or are able to swim a minimum of 20m on the front and back unaided. The children will work towards the Stage 5 or Stage 6/7 Swim England outcomes.

These 1-2-1 lessons are suitable for either new swimmers or those who wish to have individual and specialised teaching to improve a stroke or a particular skill. Lessons available for children (Stage 2 & above) and for adults.

An introductory lesson covering the skills essential to the specific discipline i.e. rookie, diving water polo

Swimmers must be in Stage 7 or above for rookie lifesaving

CHALLENGE AWARD

Learners will be challenged to develop a wide range of skills and stamina to achieve the Awards, focusing on good stroke style. Bronze, Silver, Gold and Honours Awards are available for all to complete.

Swimmers must be in Stage 7 or above

SWIM STROKE IMPROVEMENT

For children in Swim England Stage 4 swimming lessons upwards. The full class working only on stroke technique. You never know, it might help you move up to the next stage.

PRICING*

INTENSIVE LESSONS £31.00 ST / £23.00 LCX (4 DAY) £23.25 ST / £17.25 LCX (3 DAY)

> 1-2-1 **LESSON** £23.25 ST / £16.75 LCX

SWIM STROKE IMPROVEMENT & INTRO TO... £7.75 ST / £5.75 LCX

> **CHALLENGE AWARD** £15.50 ST / £11.50 LCX

*ST = STANDARD AND LCX = LEEDSCARD EXTRA

Interested in signing up for swimming lessons with **Active Leeds?**

Use our handy questionnaire to determine the stage for you/your child & check availability





For further information or to make a booking please visit active.leeds.gov.uk/swimming, contact a member of our customer services team on 0113 3760398 Please note not all activities available at all sites. If you are attending intensive lessons as a new customer, attendance does not guarantee a place on our lesson programme.

AIREBOROUGH SPRING BANK HALF TERM DRYSIDE ACTIVITIES



26 May - 1 June 2025

JUNIOR ROLLER DISCO (8-15YRS)

Dates Available: 27 May Time: 16.30-17.30

Come along with your friends and celebrate the school holidays with our roller disco. Have fun skating or scooting to the good tunes!

BOUNCY CASTLE (2-7YRS)

Dates Available: 30 May Time: 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

FAMILY ROLLER DISCO (5YRS+)

Dates Available: 30 May Time: 16.30-17.30

Adults you must be accompanied by a child! Children you must be accompanied by an adult!

Have fun skating or scooting to some good tunes!

MULTI-SPORT CAMP & SWIM (8-12YRS)

Dates Available: 27 May, 28 May, 29 May

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Pricing*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

Roller Disco / Bouncy Castle £5.75 ST / £4.25 LCX

*ST = standard and LCX = Leedscard Extra





ARMLEY SPRING BANK HALF TERM DRYSIDE ACTIVITIES

26 May - 1 June 2025

MINI ACTIVITIES (4-7YRS)

Dates Available: 28 May

Time: 13.00-15.00

Mix of dry-side activities/ sports to burn off some energy. Our staff will organise and lead different activities and games, ensuring that everybody is active and having fun.

Children must be accompanied by an adult!

NEW JUNGLE GYM BOUNCY CASTLE!

Available: 29 May

09.00-10.00 (2-4yrs), 10.15-11.15 (2-7yrs), 11.30-12.30 (8-12yrs)

Bigger, Bouncier & More Fun! What to Expect?

Huge Jungle-Themed Bouncy Castle

Slides, Obstacles & Soft Play Areas

Climbing Challenges & Fun Games

Safe & Supervised Playtime for Kids

Let your little explorers jump, climb & play in a fun and active environment!

Children under 8 must be accompanied by an adult

Pricing*

Mini Activities £6.00 per person

Jungle Gym Inflatable £3.75 per person - PROMOTIONAL PRICE



HOLT PARK SPRING BANK HALF TERM DRYSIDE ACTIVITIES



26 May - 1 June 2025

BOUNCY CASTLE & SOFT PLAY (3-8YRS)

Dates Available: 27 May

Times: 10.00-10.45 or 11.00-11.45

Jump and move around to burn off some energy on our bouncy castle and soft play equipment. Adults must remain in the room but are not permitted on the bouncy castle

MULTI-SPORT CAMP & SWIM (8-12YRS)

Dates Available: 28 May

Time: 10.00-15.00

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

PRICING*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

Bouncy Castle & Soft Play £5.75 ST / £4.25 LCX per day

*ST = Standard Price and LCX = Leedscard Extra



PUDSEY SPRING BANK HALF TERM DRYSIDE ACTIVITIES

26 May - 1 June 2025

FOOTBALL FUN (8-12YRS)

Available: 30 May 10.00-11.00

INFLATABLE SPECIAL

Children under the age of 8 must have a parent/guardian with them at all times Available:

27 May: 10.30-11.30 (2-12yrs), 12.00-13.00 (2-12yrs), 13.30-14.30 (2-12yrs)

30 May: 12.00-13.00 (2-8yrs) Terminator & Bouncy Castle Only

MULTI-SPORT CAMP & SWIM (8-12YRS)

Enjoy a morning of activities and games, quick pit stop for lunch (don't forget a pack up) and then in to the pool for a fun swim. An action packed day sure to tire any child out!

Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

Dates Available: 28 May, 29 May

Time: 10.00-15.00

PRICING*

Multi Sports Camp £11.75 ST / £8.25 LCX per day

Football/Inflatables £3.75 - PROMOTIONAL PRICE

*ST = Standard Price and LCX = Leedscard Extra





SCOTT HALL SPRING BANK HALF TERM DRYSIDE ACTIVITIES

26 May - 1 June 2025

MULTI-SPORT & SWIM CAMP (8-12YRS)

Dates Available: 28 May

Time: 09.30-11.30

Enjoy an hour activities and then in to the pool for a fun swim. An action morning sure to tire any child out!

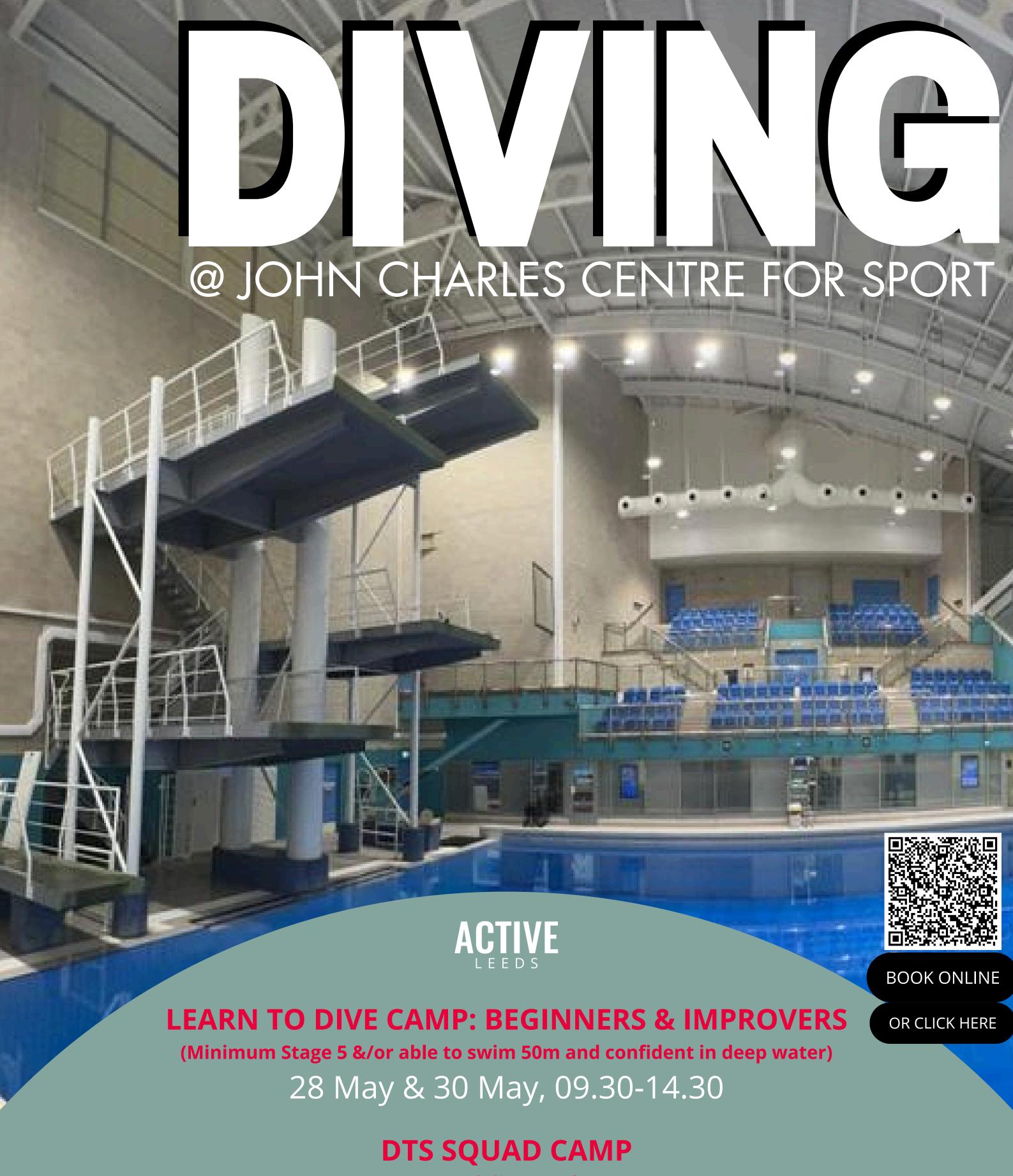
Children must be aged 8-12 years and be confident in water. Please wear suitable indoor clothing and trainers, and remember swimwear/towel for the pool session

PRICING

£6.00 ST / £5.00 LCX per day

*ST = Standard Price and LCX = Leedscard Extra





(squad divers only)

27 May & 29 May, 09.30-14.30

Cost £33.00 standard or £24.00 Leedscard Extra (per day)

Remember a pack up! Where possible please do not send nuts within pack ups due to others being in close proximity potentially with an allergy. Children under 8 must have an adult in the building for the duration.

COMPETITIVE SWIMMING SESSIONS @ AQUATICS CENTRE, JOHN CHARLES

SWIM STROKE TECHNIQUE CAMPS*

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available:

IM Skills Fly-Back 27 May 09.30-14.30
IM Skills Breaststroke - Freestyle 29 May 09.30-14.30
Cost £33.00 standard or £24.00 Leedscard Extra

DIVE START CLINIC

(Stage 8 Competitive Swimming, County East/West & Regional Fast track)

Dates Available: 28 May 09.00-12.00

Cost £25.00 standard or £18.00 Leedscard Extra

*Children booking on to camps will enjoy a morning of dryland & pool activities, quick pit stop for lunch (don't forget a pack up) and then the same again in the afternoon. Where possible please do not send nuts within your child's pack up due to others being in close proximity potentially with an allergy.

Children under 8 must have an adult in the building for the duration

Bookings now been taken, book online or call 0113 3760398 to book your child's place











BRAND NEW
BOUNCY
CASTLE!
BOOK ON
TODAY!

THURSDAY 29 MAY

09.00-10.00 2-4YRS 10.15-11.15 2-7YRS 11.30-12.30 8-12YRS

£3.75 PER CHILD



BOOK VIA
RECEPTION OR CALL
0113 3760398







LEEDS SAILING & ACTIVITY CENTRE SPRING BANK HALF TERM ACTIVITY PROGRAMME

26 May - 1 June 2025

JUNIOR MULTI ACTIVITY DAYS £55.00 PER DAY	JUNIOR SAILING TASTER £30.00	JUNIOR WINDSURFING TASTER £30.00	JUNIOR PADDLESPORT (MULTICRAFT) TASTER £30.00	JUNIOR PADDLESPORT DISCOVER £125.00 PER COURSE	JUNIOR BUSHCRAFT & SURVIVAL SKILLS £30.00
Tues 27 May Wed 28 May Thurs 29 May Fri 30 May 09.30-15.30 A day experiencing a variety of the different activities offered at LSAC. A range of wet and dry activities daily (weather dependant). Individual days to be booked.	Tues 27 May 09.30-11.30 A two-hour introduction to sailing for juniors, no experience needed. Enjoy the experience of sailing on the water and pick up basic boat handling skills.	Tues 27 May 13.00-15.00 A 2 hour Introduction to windsurfing for complete beginners. Enjoy the feeling of windsurfing, picking up the basics of how to steer & get afloat safely.	Tues 27 May 13.00-15.00 Wed 28 May 09.30-11.30 13.00-15.00 Thurs 29 May 13.00-15.00 Fri 30 May 09.30-11.30 A two-hour introduction to paddlesport crafts such as canoe, kayak and stand-up paddleboard This taster introduces techniques needed to get you on your way towards enjoying aspects of paddlesport.	Thurs 29 & Fri 30 May 09.30-15.30 A two-day beginner course for juniors with little or no experience of paddlesport. Work through various competencies, skills and gain knowledge using a variety of paddlesport crafts such as canoe, kayak and stand-up paddleboard.	Wed 38 May 09.30-11.30 A day experiencing a variety of the different activities offered at LSAC. A range of wet and dry activities daily (weather dependant). Individual days to be booked.
JUNIOR SAILING COURSE STAGE 1-2 £145.00	JUNIOR SAILING COURSE STAGE 2-3 £145.00	JUNIOR WINDSURFING STAGE 1 (AGE 10+) £145.00	Nood to drop the bide off		

Tues 27 & Wed 28 May

09.30-16.00

Two days sailing for beginners or those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.

Thurs 29 & Fri 30 May

09.30-16.00

Two days sailing for those with Stage 1. Learn to control your own boat following the RYA course for Start Sailing.

Wed 28 & Thurs 29 May

09.30-16.00

An introduction to the basic principles of getting on the water and sailing the board across the wind and back. Develop skills needed to sail around a course, understanding the basic principles needed to become a confident sailor.

Need to drop the kids off enroute to the office? Book them in for 'Breakfast Club' 08.30-09.30, the team will have some games & activities set up until they start their activity at 09.30!

Please note no food will be provided. Please note a seperate transactions are required when using the online platform to book on to multiple sessions.

> **SCAN** TO BOOK ONLINE OR CLICK HERE



For further information or to make a booking please scan the QR code, email sailing.centre@leeds.gov.uk or call our customer services team on 0113 3760398 Promotion for activities at Leeds Sailing & Activity Centre only. Participant waiver must be completed prior to starting activity.

JUNIOR GYM HOURS SPRING BANK HALF TERM 2025

AIREBOROUGH	Mon 11.00-14.00 Tues-Fri 12.00-17.30 Sat & Sun 11.00-14.00
ARMLEY	Mon 10.00-13.00 Tues-Fri 10.00-17.30 Sat & Sun 10.00-12.00
FEARNVILLE	Tues 16.00-18.00 Thurs 16.00-18.00
GARFORTH	Mon 10.00-13.00 Tues-Thurs 12.00-17.30 Fri 12.00-19.00 Sat & Sun 10.00-12.30
HOLT PARK ACTIV	Mon 11.00-14.30 Tues-Thurs 12.00-17.30 Fri 12.00-19.00 Sat 11.00-14.00 Sun 10.30-13.00
JOHN CHARLES	Tues - Fri 16.30-18.30
JOHN SMEATON	Mon 10.00-12.00 Tues-Fri 10.00-17.30 Sat & Sun 11.00-14.00
MIDDLETON	Mon 10.00-12.00 Tues - Fri 12.00-17.30 Sat & Sun 10.00-13.00
MORLEY	Mon 11.00-14.00 Tues-Thurs 10.00-12.00 & 15.00-17.30 Fri 10.00-12.00 & 15.00-19.00 Sat 11.00-14.00 Sun 11.00-14.00 & 17.00-19.00
PUDSEY	Mon 10.00-13-00 Tues-Thurs 10.00-17.30 Fri 10.00-19.00 Sat & Sun 11.00-14.00
ROTHWELL	Mon 11.00-14.00 Tues-Thurs 10.00-12.00 & 15.00-17.30 Fri 10.00-12.00 & 15.00-19.00 Sat & Sun 11.00-14.00
SCOTT HALL	Mon 09.30-11.30 Tues-Thurs 09.30-11.30 & 15.00-17.30 Fri 09.30-11.30 & 15.00-19.00 Sat & Sun 11.00-14.00
WETHERBY	Mon 10.00-12.00 Tues/Thurs 15.00-17.30



Tues/Thurs 15.00-17.30

Sun 10.00-12.00