

Please note Swimming sessions are currently non-bookable (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/Swimming

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weeks 2 - 5: Monday 28th July – Sunday 24th August

| Monday – Main Pool | | |
|--------------------|----------------------------|--|
| Time | Session | |
| 06.30 - 08.30 | Lane Swim | |
| 10.45 - 11.45 | Fun Swim | |
| 12.15 - 13.15 | Lane Swim | |
| 13.30 - 15.00 | Adult Width Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Public Swim (with 3 Lanes) | |
| 19.15 - 21.15 | Lane Swim | |
| | | |

| | Monday – Small Pool | | |
|---------------|---------------------|---------------------------------|--|
| | Time | Session | |
| 09.15 - 12.05 | | Parent & Child Swimming Lessons | |
| 12.15 - 13.15 | | Family Fun Swim | |
| 13.30 - 14.00 | | Parent & Child Swimming Lessons | |
| 15.30 - 18.00 | | Junior Swimming Lessons | |
| 18.15 - 19.00 | | Family Fun Swim | |
| | | | |

| Tuesday – Main Pool | | |
|---------------------|--|--|
| Time | Session | |
| 06.30 - 08.30 | Lane Swim | |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) | |
| 10.45 - 11.45 | Fun swim | |
| 12.15 - 13.15 | Lane Swim | |
| 13.45 - 14.45 | Inflatable Fun Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Public Swim (with 3 Lanes) & Diving | |
| 19.15 - 20.00 | Aqua Aerobics | |
| 20.15 - 21.15 | Female Lane Swim | |

| Tuesday – Small Pool | |
|----------------------|--|
| Time | Session |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.30 - 12.00 | Parent & Child Swimming Lessons |
| 12.15 - 13.15 | Family Fun Swim |
| 13.45 - 14.45 | Family Fun Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Family Fun Swim |

| Wednesday – Main Pool | |
|-----------------------|--|
| Time | Session |
| 06.30 - 08.30 | Lane Swim |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.45 - 11.45 | Fun Swim |
| 12.15 - 13.15 | Lane Swim |
| 13.30 - 14.15 | Aqua Aerobics |
| 14.30 - 15.15 | Public Swim (with 3 Lanes) |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Public Swim (with 3 Lanes) & Diving |
| 19.15 - 20.00 | Lane Swim |
| 20.05 - 20.35 | Adult Swimming Lessons |
| | |

| Wednesday – Small Pool | | |
|------------------------|--|--|
| Time | Session | |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) | |
| 12.15 - 13.15 | Family Fun Swim | |
| 13.30 - 14.15 | Family Fun Swim | |
| 14.30 - 15.15 | Family fun Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Family Fun Swim | |
| | | |

| Thursday – Main Pool | | |
|----------------------|--|--|
| Time | Session | |
| 06.30 - 08.30 | Lane Swim | |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) | |
| 10.45 - 11.45 | Fun Swim | |
| 12.15 - 13.15 | Lane Swim | |
| 13.45 - 14.45 | Inflatable Fun Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Public Swim (with 3 Lanes + Diving) | |
| 19.15 - 21.15 | Lane Swim | |

| Thursday – Small Pool | |
|-----------------------|--|
| Time | Session |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.30 - 12.00 | Parent & Child Swimming Lessons |
| 12.15 - 13.15 | Family Fun Swim |
| 13.45 - 14.45 | Family Fun Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Family Fun Swim |

| Fr | riday – Main Pool |
|---------------|--|
| Time | Session |
| 06.30 - 08.30 | Lane Swim |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.45 - 11.45 | Fun Swim |
| 12.15 - 13.15 | Lane Swim |
| 13.30 - 15.00 | Disability Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.45 | Rublic Swim (with 3 Lanes) |
| | |

| | Friday – Small Pool | | |
|---------------|---------------------|--|--|
| | Time | Session | |
| 08.30 - 10.30 | | Intensive Swimming Lessons (see holiday timetable) | |
| 10.45 - 11.45 | | Family Fun Swim | |
| 12.15 - 13.15 | | Family Fun Swim | |
| 13.30 - 15.00 | | Family Fun Swim | |
| 15.30 - 18.00 | | Junior Swimming Lessons | |
| 18.15 - 19.00 | | Family Fun Swim | |
| | | | |

| Saturday – Main Pool | |
|----------------------|---|
| Time | Session |
| 08.00 - 12.00 | Junior Swimming Lessons |
| 12.15 - 13.45 | Public Swim (with 3 Lanes) & Diving 13.15-13.45 |
| 14.15 - 15.15 | Inflatable Fun Session |
| 15.45 - 17.30 | Private Party Hire |

| Saturday – Small Pool | | |
|-----------------------|-------------------------|--|
| Time | Session | |
| 08.00 - 12.00 | Junior Swimming Lessons | |
| 12.15 - 13.45 | Family Fun Swim | |
| 14.15 - 15.15 | Family Fun Swim | |
| 15.45 - 17.30 | Private Part Hire | |

| Sunday – Main Pool | | |
|--------------------|---|--|
| Time | Session | |
| 07.45 - 08.45 | Lane Swim | |
| 09.00 - 10.00 | Junior Swimming Lessons | |
| 10.30 - 12.00 | Fun Swim | |
| 12.15 - 13.45 | Public Swim (with 3 Lanes) & Diving 13.15-13.45 | |
| 14.15 - 15.15 | Inflatable Fun Session | |
| 15.45 - 16.30 | Private Party Hire | |
| 16.45 - 17.30 | Disability Hub | |
| 17.30 - 18.30 | Disability Swim | |
| 18.45 - 19.45 | Lane Swim | |

| | Sunday | – Small Pool |
|---------------|--------|-------------------------|
| Time | | Session |
| 07.45 - 08.45 | | Family Fun Swim |
| 08.50 - 09.55 | | Junior Swimming Lessons |
| 10.30 - 12.00 | | Family Fun Swim |
| 12.15 - 13.45 | | Family Fun Swim |
| 14.15 - 15.15 | | Fun Swim |
| 16.45 - 17.30 | | Disability Hub |
| | | |

For session descriptions please visit active.levels.gov.uk/swimming

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For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk



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Cost

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

| Monday 25 August – Main Pool (BANK HOLIDAY) | | |
|---|----------------------------|--|
| Time Session | | |
| 08.00 - 09.00 | Lane Swim | |
| 09.15 - 11.45 | Public Swim (with 3 Lanes) | |
| 12.15 - 13.15 | Lane Swim | |
| 13.30 - 14.30 | Adult Width Swim | |
| 14.45 - 15.45 | Fun Swim | |
| | | |

| Monday 25 August – Small Pool | | | | | |
|-------------------------------|----------|-----------|------------|---------|--|
| | IVIO | nuay 25 A | ugust – Sn | | |
| | Time | | | Session | |
| 09.15 - 11.45 | | | Family Fun | Swim | |
| 12.15 - 13.15 | | | Family Fun | Swim | |
| 13.30 - 14.30 | ^ | | Family Fun | Swim | |
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| Tuesday 26 August – Main Pool | | |
|-------------------------------|--|--|
| Time | Session | |
| 06.30 - 08.30 | Lane Swim | |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) | |
| 10.45 - 11.45 | Fun swim | |
| 12.15 - 13.15 | Lane Swim | |
| 13.45 - 14.45 | Inflatable Fun Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Public Swim (with 3 Lanes) & Diving | |
| 19.15 - 20.00 | Aqua Aerobics | |
| 20.15 - 21.15 | Female Lane Swim | |



| Tuesday 26 A | Tuesday 26 August – Small Pool |
|---------------|--|
| Time | Session |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.30 - 12.00 | Parent & child Swimming Lessons |
| 12.15 - 13.15 | Family Fun Swim |
| 13.45 - 14.45 | Family Fun Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Family Fun Swim |
| 18.15 - 19.00 | Family Fun Swim |

| Adult Swimming Lessons | 20.05 - 20.35 |
|--|---------------|
| Lane Swim | 19.15 - 20.00 |
| Public Swim (with 3 Lanes) & Diving | 18.15 - 19.00 |
| Junior Swimming Lessons | 15.30 - 18.00 |
| Public Swim (with 3 Lanes) | 14.30 - 15.15 |
| Aqua Aerobics | 13.30 - 14.15 |
| Lane Swim | 12.15 - 13.15 |
| Fun Swim | 10.45 - 11.45 |
| Intensive Swimming Lessons (see holiday timetable) | 08.30 - 10.30 |
| Lane Swim | 06.30 - 08.30 |
| Session | Time |
| Wednesday 27 August – Main Pool | Wednesday 27 |
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| Wednesday 27 | Wednesday 27 August – Small Pool |
|---------------|--|
| Time | Session |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.45 - 11.45 | Family Fun swim |
| 12.15 - 13.15 | Family Fun Swim |
| 13.30 - 14.15 | Family Fun Swim |
| 14.30 - 15.15 | Family fun Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Family Fun Swim |
| | |

| Thursday 28 A | Thursday 28 August – Main Pool |
|---------------|--|
| Time | Session |
| 06.30 - 08.30 | Lane Swim |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) |
| 10.45 - 11.45 | Fun Swim |
| 12.15 - 13.15 | Lane Swim |
| 13.45 - 14.45 | Inflatable Fun Swim |
| 15.30 - 18.00 | Junior Swimming Lessons |
| 18.15 - 19.00 | Public Swim (with 3 Lanes + Diving) |
| 19.15 - 21.15 | Lane Swim |

| Thursday 28 August – Small Pool | | |
|---------------------------------|--|--|
| Time | Session | |
| 08.30 - 10.30 | Intensive Swimming Lessons (see holiday timetable) | |
| 11.30 - 12.00 | Parent & Child Swimming Lessons | |
| 12.15 - 13.15 | Family Fun Swim | |
| 13.45 - 14.45 | Family Fun Swim | |
| 15.30 - 18.00 | Junior Swimming Lessons | |
| 18.15 - 19.00 | Family Fun Swim | |

| Friday 29 August – Main Pool | | |
|------------------------------|--|--|
| Time Session | | |
| 06.30 - 08.30 | | Lane Swim |
| 08.30 - 10.30 | | Intensive Swimming Lessons (see holiday timetable) |
| 10.45 - 11.45 | | Fun Swim |
| 12.15 - 13.15 | | Lane Swim |
| 13.30 - 15.00 | | Disability Swim |
| 15.30 - 18.00 | | Junior Swimming Lessons |
| 18.15 - 19.45 | | Public Swim (with 3 Lanes) |
| | | |

| Friday 29 August – Small Pool | | | |
|-------------------------------|-----------------|--|--|
| Time Session | | | |
| 08.30 - 10.30 | | Intensive Swimming Lessons (see holiday timetable) | |
| 10.45 - 11.45 | | Family Fun Swim | |
| 12.15 - 13.15 | | Family Fun Swim | |
| 13.30 - 15.00 | | Family Fun Swim | |
| 15.30 - 18.00 | | Junior Swimming Lessons | |
| 18.15 - 19.00 | | Family Fun Swim | |
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| Saturday 30 August – Main Pool | | |
|--------------------------------|---|--|
| Time | Session | |
| 08.00 - 12.00 | Junior Swimming Lessons | |
| 12.15 - 13.45 | Public Swim (with 3 Lanes) & Diving 13.15-13.45 | |
| 14.15 - 15.15 | Inflatable Fun Session | |
| 15.45 - 17.30 | Private Party Hire | |

| Saturday 30 August – Small Pool | | |
|---------------------------------|-------------------------|--|
| Time | Session | |
| 08.00 - 12.00 | Junior Swimming Lessons | |
| 12.15 - 13.45 | Family Fun Swim | |
| 14.15 - 15.15 | Family Fun Swim | |
| 15.45 - 17.30 | Private Part Hire | |

| Sunday 31 August – Main Pool | | |
|------------------------------|---|--|
| Time | Session | |
| 07.45 - 08.45 | Lane Swim | |
| 09.00 - 10.00 | Junior Swimming Lessons | |
| 10.30 - 12.00 | Fun Swim | |
| 12.15 - 13.45 | Public Swim (with 3 Lanes) & Diving 13.15-13.45 | |
| 14.15 - 15.15 | Inflatable Fun Session | |
| 15.45 - 16.30 | Private Party Hire | |
| 16.45 - 17.30 | Disability Hub | |
| 17.30 - 18.30 | Disability Swim | |
| 18.45 - 19.45 | Lane Swim | |

| Sunday 31 August– Small Pool | |
|------------------------------|--|
| Session | |
| Family Fun Swim | |
| Junior Swimming Lessons | |
| Family Fun Swim | |
| Family Fun Swim | |
| Fun Swim | |
| Disability Hub | |
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For session descriptions please visit active.levels.gov.uk/swimming

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