

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Please note weekdays on week's 1-5 are the same for all dates, the weekends for these weeks are displayed separately. For the bank holiday week, this is shown to the end of this document.

Please note swimming sessions are currently non-bookable (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

(R) = restricted lanes, pool may be shared with another booking

Weekdays for weeks 1-5: Monday 21st July – Friday 22nd August

Monday	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
12:00-13:00	Swim Fit Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
20:30-21:30	Lane Swim 25m (R)

Tuesday	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
19:00-20:00	Lane Swim 25m (R)

Wednesday	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
17:30-18:30	Lane Swim 25m (R)
19:30-20:30	Lane Swim 25m (R)

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Thursday	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
18:00-19:00	Lane Swim 25m (R)

Friday	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Disability Swim
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
17:30-18:30	Lane Swim 25m (R)

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weekends for weeks 1-6: Saturday 26th July – Sunday 24th August

Saturday 26 July 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:30-10:30	Lane Swim 25m *
10:45-11:45	Lane Swim 25m *
12:30-13:30	Lane Swim 25m *
14:00-15:00	Lane Swim 25m *

Sunday 27 July 2025	
Time	Session
08:30-09:30	Lane Swim 25m *
10:00-11:00	Lane Swim 25m *
11:30-12:30	Lane Swim 25m *
12:45-13:45	Lane Swim 25m *
14:00-15:00	Lane Swim 25m *

Saturday 2 August 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:30-10:30	Lane Swim 25m *
10:45-11:45	Lane Swim 25m *
12:30-13:30	Lane Swim 25m *
14:00-15:00	Lane Swim 25m *

Sunday 3 August	
Closed for an Event	

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Saturday 9 August 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:00-10:00	Lane Swim 25m
11:00-12:00	Atlantis Pool Inflatable TBC
12:45-13:45	Atlantis Pool Inflatable TBC
14:30-15:30	Atlantis Pool Inflatable TBC

Sunday 10 August 2025	
Time	Session
08:30-09:30	Lane Swim 25m *
10:00-11:00	Atlantis Pool Inflatable TBC
11:45-12:45	Atlantis Pool Inflatable TBC

Saturday 16 August 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:00-10:00	Lane Swim 25m
11:00-12:00	Atlantis Pool Inflatable TBC
12:45-13:45	Atlantis Pool Inflatable TBC
14:30-15:30	Atlantis Pool Inflatable TBC

Sunday 17 August 2025	
Time	Session
08:30-09:30	Lane Swim 25m *
10:00-11:00	Atlantis Pool Inflatable TBC
11:45-12:45	Atlantis Pool Inflatable TBC

Saturday 23 August 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:30-10:30	Lane Swim 25m *
10:45-11:45	Lane Swim 25m *
12:30-13:30	Lane Swim 25m *
14:00-15:00	Lane Swim 25m *

Sunday 24 August 2025	
Time	Session
08:30-09:30	Lane Swim 25m *
10:00-11:00	Lane Swim 25m *
11:30-12:30	Lane Swim 25m *
12:45-13:45	Lane Swim 25m *
14:00-15:00	Lane Swim 25m *

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Junior. £3.00 Standard, U3s Free

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Week 6: Monday 25th August – Friday

Monday 25 August (BANK HOLIDAY)	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
11:00-12:00	Lane Swim 25m (R)

Tuesday 26 August	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
19:00-20:00	Lane Swim 25m (R)

Wednesday 27 August	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
17:30-18:30	Lane Swim 25m (R)
19:30-20:30	Lane Swim 25m (R)

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Thursday 28 August	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
18:00-19:00	Lane Swim 25m (R)

Friday 29 August	
Time	Session
07:00-08:30	Lane Swim 25m (R)
09:30-10:30	Lane Swim 25m (R)
12:00-13:00	Disability Swim
12:00-13:00	Lane Swim 25m (R)
13:30-14:30	Lane Swim 25m (R)
17:30-18:30	Lane Swim 25m (R)

Saturday 30 August 2025	
Time	Session
07:30-08:30	Masters Lane Swim 25m
09:30-10:30	Lane Swim 25m
10:45-11:45	Lane Swim 25m
12:30-13:30	Inflatable Session TBC
14:15-15:15	Inflatable Session TBC

Sunday 31 August 2025	
Time	Session
08:30-09:30	Lane Swim 25m *
10:00-11:00	Lane Swim 25m *
11:45-12:45	Inflatable Session TBC
13:30-14:30	Inflatable Session TBC

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk