

Please note Swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. **For session descriptions please visit** <u>active.leeds.gov.uk/Swimming</u>

#### <u>Cost</u>

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

# Week 1: Monday 21<sup>st</sup> July – Sunday 27<sup>th</sup> July

Monday 21 July – Main Pool			
Session			
Lane Swim			
Lane Swim			
Adult Width Swim			
Junior Swimming Lessons			
Public Swim (with 3 Lanes)			
Lane Swim			

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Monday 21 July – Small Pool			
	Time	Session	
09.15 - 12.05		Parent & Child Swimming Lessons	
12.15 - 13.15	<b>NV</b>	Family Fun Swim	
13.30 - 14.00		Parent & Child Swimming Lessons	
15.30 - 18.00		Junior Swimming Lessons	
18.15 - 19.00		Family Fun Swim	

Tuesday 22 July – Main Pool			
Time	Session		
06.30 - 08.30	Lane Swim		
12.15 - 13.15	Lane Swim		
13.45 - 14.45	Inflatable Fun Swim		
15.30 - 18.00	Junior Swimming Lessons		
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving		
19.15 - 20.00	Aqua Aerobics		
20.15 - 21.15	Female Lane Swim		

Tuesday 22 July – Small Pool		
Time Session		
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Wednesday 23 July – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
09.00 - 11.00	Fun swim	
12.15 - 13.15	Lane Swim	
13.30 - 14.15	Aqua Aerobics	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving	
19.15 - 20.00	Lane Swim	
20.05 - 20.35	Adult Swimming Lessons	

Wednesday 23 July – Small Pool			
	Time	Session	
08.30 - 10.30		Intensive Swimming Lessons (see holiday timetable)	
09.00 - 11.00		Family Fun swim	
12.15 - 13.15	$\wedge$	Family Fun Swim	
13.30 - 14.15		Family Fun Swim	
15.30 - 18.00		Junior Swimming Lessons	
18.15 - 19.00		Family Fun Swim	

Thursday 24 July – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
09.00 - 11.00	Fun Swim	
12.15 - 13.15	Lane Swim	
13.45 - 14.45	Inflatable Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes + Diving)	
19.15 - 21.15	Lane Swim	

Thursday 24 July – Small Pool		
Time Session		
09.00 - 10.00	Family Fun swim	
10.30 - 12.00	Parent & Child Swimming lessons	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Friday 25 July – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
09.00 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.30 - 15.00	Disability Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.45	Public Swim (with 3 Lanes)	

Friday 25 July – Small Pool			
	Time		Session
09.00 - 11.45			Family Fun Swim
12.15 - 13.15			Family Fun Swim
15.30 - 18.00			Junior Swimming Lessons
18.15 - 19.00		$\sim$	Family Fun Swim

Saturday 26 July – Main Pool			
Time	Session		
08.00 - 12.00	Junior Swimming Lessons		
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45		
14.15 - 15.15	Inflatable Fun Session		
15.45 - 17.30	Private Party Hire		

Saturday 26 July – Small Pool			
	Time	Session	
08.00 - 12.00		Junior Swimming Lessons	
12.15 - 13.45		Family Fun Swim	
14.15 - 15.15		Family Fun Swim	
15.45 - 17.30		Private Part Hire	

Sunday 27 July – Main Pool		
Time	Session	
07.45 - 08.45	Lane Swim	
09.00 - 10.00	Junior Swimming Lessons	
10.30 - 12.00	Fun Swim	
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45	
14.15 - 15.15	Inflatable Fun Session	
15.45 - 16.30	Private Party Hire	
16.45 - 17.30	Disability Hub	
17.30 - 18.30	Disability Swim	
18.45 - 19.45	Lane Swim	
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Sunday 27 July – Small Pool		
Time		Session
07.45 - 08.45		Family Fun Swim
08.50 - 09.55		Junior Swimming Lessons
10.30 - 12.00		Family Fun Swim
12.15 - 13.45		Family Fun Swim
14.15 - 15.15		Fun Swim
16.45 - 17.30		Disability Hub

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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#### Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

# Weeks 2 - 5: Monday 28<sup>th</sup> July – Sunday 24<sup>th</sup> August

Monday – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.30 - 15.00	Adult Width Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes)	
19.15 - 21.15	Lane Swim	

	Monday – Small Pool		
	Time		Session
09.15 - 12.05			Parent & Child Swimming Lessons
12.15 - 13.15			Family Fun Swim
13.30 - 14.00			Parent & Child Swimming Lessons
15.30 - 18.00			Junior Swimming Lessons
18.15 - 19.00			Family Fun Swim

Tuesday – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun swim	
12.15 - 13.15	Lane Swim	
13.45 - 14.45	Inflatable Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving	
19.15 - 20.00	Aqua Aerobics	
20.15 - 21.15	Female Lane Swim	

Tuesday – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.30 - 12.00	Parent & Child Swimming Lessons	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Wednesday – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.30 - 14.15	Aqua Aerobics	
14.30 - 15.15	Public Swim (with 3 Lanes)	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving	
19.15 - 20.00	Lane Swim	
20.05 - 20.35	Adult Swimming Lessons	

Wednesday – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
12.15 - 13.15	Family Fun Swim	
13.30 - 14.15	Family Fun Swim	
14.30 - 15.15	Family fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Thursday – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.45 - 14.45	Inflatable Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes + Diving)	
19.15 - 21.15	Lane Swim	

Thursday – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.30 - 12.00	Parent & Child Swimming Lessons	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Fri	day – Main Pool
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Fun Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 3 Lanes)

	Friday – Small Pool		
	Time	Session	
08.30 - 10.30		Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45		Family Fun Swim	
12.15 - 13.15		Family Fun Swim	
13.30 - 15.00		Family Fun Swim	
15.30 - 18.00		Junior Swimming Lessons	
18.15 - 19.00		Family Fun Swim	

Saturday – Main Pool		
Time	Session	
08.00 - 12.00	Junior Swimming Lessons	
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45	
14.15 - 15.15	Inflatable Fun Session	
15.45 - 17.30	Private Party Hire	

Saturday – Small Pool		
Time	Session	
08.00 - 12.00	Junior Swimming Lessons	
12.15 - 13.45	Family Fun Swim	
14.15 - 15.15	Family Fun Swim	
15.45 - 17.30	Private Part Hire	

Sunday – Main Pool		
Time	Session	
07.45 - 08.45	Lane Swim	
09.00 - 10.00	Junior Swimming Lessons	
10.30 - 12.00	Fun Swim	
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45	
14.15 - 15.15	Inflatable Fun Session	
15.45 - 16.30	Private Party Hire	
16.45 - 17.30	Disability Hub	
17.30 - 18.30	Disability Swim	
18.45 - 19.45	Lane Swim	

Sunday – Small Pool		
Time	Session	
07.45 - 08.45	Family Fun Swim	
08.50 - 09.55	Junior Swimming Lessons	
10.30 - 12.00	Family Fun Swim	
12.15 - 13.45	Family Fun Swim	
14.15 - 15.15	Fun Swim	
16.45 - 17.30	Disability Hub	

For session descriptions please visit active.levels.gov.uk/swimming

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For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk



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#### Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

# Week 6: Monday 25<sup>th</sup> August – Sunday 31<sup>st</sup> August

Monday 25 August – Main Pool (BANK HOLIDAY)		
Time	Session	
08.00 - 09.00	Lane Swim	
09.15 - 11.45	Public Swim (with 3 Lanes)	
12.15 - 13.15	Lane Swim	
13.30 - 14.30	Adult Width Swim	
14.45 - 15.45	Fun Swim	

Monday 25 August Creall Deal					
Monday 25 August – Small Pool					
	Time			Session	
09.15 - 11.45			Family Fun	Swim	
12.15 - 13.15			Family Fun	Swim	
13.30 - 14.30	<b>^</b>		Family Fun	Swim	

Tuesday 26 August – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun swim	
12.15 - 13.15	Lane Swim	
13.45 - 14.45	Inflatable Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving	
19.15 - 20.00	Aqua Aerobics	
20.15 - 21.15	Female Lane Swim	

Tuesday 26 August – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.30 - 12.00	Parent & child Swimming Lessons	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Wednesday 27 August – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.30 - 14.15	Aqua Aerobics	
14.30 - 15.15	Public Swim (with 3 Lanes)	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving	
19.15 - 20.00	Lane Swim	
20.05 - 20.35	Adult Swimming Lessons	

Wednesday 27 August – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Family Fun swim	
12.15 - 13.15	Family Fun Swim	
13.30 - 14.15	Family Fun Swim	
14.30 - 15.15	Family fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Thursday 28 August – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.45 - 14.45	Inflatable Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Public Swim (with 3 Lanes + Diving)	
19.15 - 21.15	Lane Swim	

Thursday 28 August – Small Pool		
Time	Session	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
11.30 - 12.00	Parent & Child Swimming Lessons	
12.15 - 13.15	Family Fun Swim	
13.45 - 14.45	Family Fun Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.00	Family Fun Swim	

Friday 29 August – Main Pool		
Time	Session	
06.30 - 08.30	Lane Swim	
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45	Fun Swim	
12.15 - 13.15	Lane Swim	
13.30 - 15.00	Disability Swim	
15.30 - 18.00	Junior Swimming Lessons	
18.15 - 19.45	Public Swim (with 3 Lanes)	

Friday 29 August – Small Pool			
	Time	Session	
08.30 - 10.30		Intensive Swimming Lessons (see holiday timetable)	
10.45 - 11.45		Family Fun Swim	
12.15 - 13.15		Family Fun Swim	
13.30 - 15.00		Family Fun Swim	
15.30 - 18.00		Junior Swimming Lessons	
18.15 - 19.00		Family Fun Swim	
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Saturday 30 August – Main Pool		
Time	Session	
08.00 - 12.00	Junior Swimming Lessons	
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45	
14.15 - 15.15	Inflatable Fun Session	
15.45 - 17.30	Private Party Hire	

Saturday 30 August – Small Pool		
Time	Session	
08.00 - 12.00	Junior Swimming Lessons	
12.15 - 13.45	Family Fun Swim	
14.15 - 15.15	Family Fun Swim	
15.45 - 17.30	Private Part Hire	

Sunday 31 August – Main Pool		
Time	Session	
07.45 - 08.45	Lane Swim	
09.00 - 10.00	Junior Swimming Lessons	
10.30 - 12.00	Fun Swim	
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45	
14.15 - 15.15	Inflatable Fun Session	
15.45 - 16.30	Private Party Hire	
16.45 - 17.30	Disability Hub	
17.30 - 18.30	Disability Swim	
18.45 - 19.45	Lane Swim	

Sunday 31 August– Small Pool		
Time	Session	
07.45 - 08.45	Family Fun Swim	
08.50 - 09.55	Junior Swimming Lessons	
10.30 - 12.00	Family Fun Swim	
12.15 - 13.45	Family Fun Swim	
14.15 - 15.15	Fun Swim	
16.45 - 17.30	Disability Hub	

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