

Swimming Timetable

Summer Holidays; 21 July - 31 August 25

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 1: Monday 21st July – Sunday 27th July

Monday 21 July – Hydrotherapy Pool

| Time | Session |
|-------------|-------------------------|
| 09.20-12.15 | Junior Swimming Lessons |
| 13.00-13.30 | Junior Swimming Lessons |

Monday 21 July – Main Pool

| Time | Session |
|-------------|----------------------------|
| 07.15-09.15 | Lane Swim |
| 09.30-10.15 | Aqua Mobility |
| 10.20-11.20 | Public Swim (with 2 Lanes) |
| 11.30-12.55 | Lane Swim |
| 15.40-18.30 | Junior swimming Lessons |
| 18.30-19.30 | Adult Swimming Lessons |
| 19.35-20.15 | Lane Swim |

Monday 21 July – Small Pool

| Time | Session |
|-------------|-------------------------|
| 10.00-10.30 | Junior Swimming Lessons |
| 12.05-12.55 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family fun Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Tuesday 22 July – Hydrotherapy Pool

| Time | Session |
|-------------|-------------------------|
| 09.20-11.45 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy General |
| 12.15-13.00 | Hydrotherapy Access |
| 13.00-13.30 | Junior Swimming Lessons |
| 18.30-19.15 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |

Tuesday 22 July – Main Pool

| Time | Session |
|-------------|-----------------------------|
| 07.15-09.15 | Lane Swim |
| 10.00-10.45 | Aqua Zumba |
| 11.00-11.45 | Disability Swim / Lane Swim |
| 12.00-12.55 | Lane Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.55 | Public Swim (With 2 Lanes) |
| 19.00-20.00 | Female Lane Swim |
| 20.00-22.00 | Lane Swim |

Tuesday 22 July – Small Pool

| Time | Session |
|-------------|-------------------------|
| 09.15-10.00 | Family Fun Swim |
| 10.30-11.30 | Junior Swimming Lessons |
| 12.00-12.45 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |

Wednesday 23 July – Hydrotherapy Pool

| | |
|-------------|-------------------------|
| 09.20-12.15 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |
| 18.30-19.15 | Hydrotherapy General |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Wednesday 23 July – Main Pool | |
|-------------------------------|----------------------------|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (With 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 15.40-18.00 | Junior swimming Lessons |
| 18.00-18.45 | Public Swim (With 2 Lanes) |
| 21.15-22.00 | Lane Swim |

| Wednesday 23 July – Small Pool | |
|--------------------------------|-------------------------|
| 09.30-10.30 | Family fun Swim |
| 10.45-11.45 | Family fun Swim |
| 12.00-12.55 | Family fun Swim |
| 14.15-15.00 | Family fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family fun Swim |

| Thursday 24 July – Hydrotherapy Pool | |
|--------------------------------------|----------------------|
| Time | Session |
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |

| Thursday 24 July – Main Pool | |
|------------------------------|----------------------------|
| Time | Session |
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 12.00-12.55 | Lane Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.45 | Public Swim (with 2 Lanes) |
| 20.10-20.55 | Aqua Zumba |
| 21.00-22.00 | Lane Swim |

| Thursday 24 July – Small Pool | |
|-------------------------------|-------------------------|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Friday 25 July – Hydrotherapy Pool

| Time | Session |
|-------------|-------------------------|
| 09.30-11.00 | Junior Swimming Lessons |
| 11.00-12.05 | Junior Swimming Lessons |

Friday 25 July – Main Pool

| Time | Session |
|-------------|----------------------------|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 20.00-21.00 | Lane Swim |

Friday 25 July – Small Pool

| Time | Session |
|-------------|-------------------------|
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

Saturday 26 July – Main Pool

| Time | Session |
|-------------|-----------------------------------|
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.30-15.15 | Private Pool Hire (Enquire Now) |
| 15.30-16.30 | Adult Swimming Lessons |
| 16.45-18.00 | Lane Swim |

Saturday 26 July – Small Pool

| Time | Session |
|-------------|-----------------------------------|
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.15-15.00 | Family Fun Swim |
| 15.15-16.00 | Private Pool Hire (Enquire Now) |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Sunday 27 July – Hydrotherapy Pool | |
|------------------------------------|----------------------|
| Time | Session |
| 12.00-12.45 | Hydrotherapy Access |
| 12.00-12.45 | Hydrotherapy General |

| Sunday 27 July – Main Pool | |
|----------------------------|-----------|
| Time | Session |
| 08.15-09.15 | Lane Swim |
| 09.30-10.30 | Fun Swim |
| 10.30-11.30 | Fun Swim |
| 11.30-12.30 | Fun Swim |
| 12.45-14.45 | Lane Swim |
| 19.05-20.05 | Lane Swim |

| Sunday 27 July – Small Pool | |
|-----------------------------|---------------------------------|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.30-11.30 | Family Fun Swim |
| 11.30-12.30 | Family Fun Swim |
| 13.00-14.00 | Family Fun Swim |
| 15.00-15.45 | Private Pool Hire (Enquire Now) |

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

Swimming Timetable

Summer Holidays; 21 July - 31 August 25

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility/Hydrotherapy pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weeks 2 - 5: Monday 28th July – Sunday 24th August

| Monday – Hydrotherapy Pool | |
|----------------------------|-------------------------|
| Time | Session |
| 09.20-12.15 | Junior Swimming Lessons |
| 13.00-13.30 | Junior Swimming Lessons |

| Monday – Main Pool | |
|--------------------|--|
| Time | Session |
| 07.15-09.15 | Lane Swim |
| 09.30-10.15 | Aqua Mobility |
| 10.20-11.20 | Public Swim (with 2 Lanes) |
| 11.30-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.30 | Junior swimming Lessons |
| 18.30-19.30 | Adult Swimming Lessons |
| 19.35-20.15 | Lane Swim |

| Monday – Small Pool | |
|---------------------|--|
| Time | Session |
| 10.00-10.30 | Junior Swimming Lessons |
| 12.05-12.55 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family fun Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Tuesday – Hydrotherapy Pool

| Time | Session |
|-------------|-------------------------|
| 09.20-11.45 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy General |
| 12.15-13.00 | Hydrotherapy Access |
| 13.00-13.30 | Junior Swimming Lessons |
| 18.30-19.15 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |

Tuesday – Main Pool

| Time | Session |
|-------------|--|
| 07.15-09.15 | Lane Swim |
| 10.00-10.45 | Aqua Zumba |
| 11.00-11.45 | Disability Swim / Lane Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.55 | Public Swim (With 2 Lanes) |
| 19.00-20.00 | Female Lane Swim |
| 20.00-22.00 | Lane Swim |

Tuesday – Small Pool

| Time | Session |
|-------------|--|
| 09.15-10.00 | Family Fun Swim |
| 10.30-11.30 | Junior Swimming Lessons |
| 12.00-12.45 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |

Wednesday – Hydrotherapy Pool

| | |
|-------------|-------------------------|
| 09.20-12.15 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |
| 18.30-19.15 | Hydrotherapy General |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Wednesday – Main Pool | |
|-----------------------|--|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (With 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior swimming Lessons |
| 18.00-18.45 | Public Swim (With 2 Lanes) |
| 21.15-22.00 | Lane Swim |

| Wednesday – Small Pool | |
|------------------------|--|
| 09.30-10.30 | Family fun Swim |
| 10.45-11.45 | Family fun Swim |
| 12.00-12.55 | Family fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family fun Swim* |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family fun Swim |

- No session 6th August due to private hire.

| Thursday – Hydrotherapy Pool | |
|------------------------------|----------------------|
| Time | Session |
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |

| Thursday – Main Pool | |
|----------------------|--|
| Time | Session |
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.45 | Public Swim (with 2 Lanes) |
| 20.10-20.55 | Aqua Zumba |
| 21.00-22.00 | Lane Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Thursday – Small Pool | |
|-----------------------|--|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

| Friday – Hydrotherapy Pool | |
|----------------------------|-------------------------|
| Time | Session |
| 09.30-11.00 | Junior Swimming Lessons |
| 11.00-12.05 | Junior Swimming Lessons |

| Friday – Main Pool | |
|--------------------|--|
| Time | Session |
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 20.00-21.00 | Lane Swim |

| Friday – Small Pool | |
|---------------------|--|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Saturday – Main Pool | |
|----------------------|-----------------------------------|
| Time | Session |
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.30-15.15 | Private Pool Hire (Enquire Now) |
| 15.30-16.30 | Adult Swimming Lessons |
| 16.45-18.00 | Lane Swim |

| Saturday – Small Pool | |
|-----------------------|-----------------------------------|
| Time | Session |
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.15-15.00 | Family Fun Swim |
| 14.30-15.15 | Private Pool Hire (Enquire Now) |

| Sunday – Hydrotherapy Pool | |
|----------------------------|----------------------|
| Time | Session |
| 12.00-12.45 | Hydrotherapy Access |
| 12.00-12.45 | Hydrotherapy General |

| Sunday – Main Pool | |
|--------------------|-----------|
| Time | Session |
| 08.15-09.15 | Lane Swim |
| 09.30-10.30 | Fun Swim |
| 10.30-11.30 | Fun Swim |
| 11.30-12.30 | Fun Swim |
| 12.45-14.45 | Lane Swim |
| 19.05-20.05 | Lane Swim |

| Sunday – Small Pool | |
|---------------------|---------------------------------|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.30-11.30 | Family Fun Swim |
| 11.30-12.30 | Family Fun Swim |
| 13.00-14.00 | Family Fun Swim |
| 15.00-15.45 | Private Pool Hire (Enquire Now) |

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Swimming Timetable

Summer Holidays; 21 July - 31 August 25

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Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

| Monday 25 August– Main Pool (Bank Holiday) | |
|--|----------------------------|
| Time | Session |
| 07.15-09.15 | Lane Swim |
| 09.30-10.15 | Public Swim (with 2 Lanes) |
| 10.30-11.30 | Public Swim |
| 11.45-12.45 | Lane Swim |

| Monday 25 August – Small Pool | |
|-------------------------------|-----------------|
| Time | Session |
| 09.30-10.15 | Family Fun Swim |
| 10.30-11.30 | Family Fun Swim |
| 11.45-12.45 | Family Fun Swim |

| Tuesday 26 August – Hydrotherapy Pool | |
|---------------------------------------|-------------------------|
| Time | Session |
| 09.20-11.45 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy General |
| 12.15-13.00 | Hydrotherapy Access |
| 13.00-13.30 | Junior Swimming Lessons |
| 18.30-19.15 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Tuesday 26 August – Main Pool

| Time | Session |
|-------------|--|
| 07.15-09.15 | Lane Swim |
| 10.00-10.45 | Aqua Zumba |
| 11.00-11.45 | Disability Swim / Lane Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.55 | Public Swim (With 2 Lanes) |
| 19.00-20.00 | Female Lane Swim |
| 20.00-22.00 | Lane Swim |

Tuesday 26 August – Small Pool

| Time | Session |
|-------------|--|
| 09.15-10.00 | Family Fun Swim |
| 10.30-11.30 | Junior Swimming Lessons |
| 12.00-12.45 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |

Wednesday 27 August – Hydrotherapy Pool

| | |
|-------------|-------------------------|
| 09.20-12.15 | Junior Swimming Lessons |
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |
| 18.30-19.15 | Hydrotherapy Access |
| 18.30-19.15 | Hydrotherapy General |

Wednesday 27 August – Main Pool

| | |
|-------------|--|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (With 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior swimming Lessons |
| 18.00-18.45 | Public Swim (With 2 Lanes) |
| 21.15-22.00 | Lane Swim |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Wednesday 27 August – Small Pool

| | |
|-------------|--|
| 09.30-10.30 | Family fun Swim |
| 10.45-11.45 | Family fun Swim |
| 12.00-12.55 | Family fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family fun Swim |

Thursday 28 August – Hydrotherapy Pool

| Time | Session |
|-------------|----------------------|
| 12.15-13.00 | Hydrotherapy Access |
| 12.15-13.00 | Hydrotherapy General |

Thursday 28 August – Main Pool

| Time | Session |
|-------------|--|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.00-18.45 | Public Swim (with 2 Lanes) |
| 20.10-20.55 | Aqua Zumba |
| 21.00-22.00 | Lane Swim |

Thursday 28 August – Small Pool

| Time | Session |
|-------------|--|
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

Friday 29 August – Hydrotherapy Pool

| Time | Session |
|-------------|-------------------------|
| 09.30-11.00 | Junior Swimming Lessons |
| 11.00-12.05 | Junior Swimming Lessons |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Friday 29 August – Main Pool

| Time | Session |
|-------------|--|
| 07.15-09.15 | Lane Swim |
| 09.30-10.30 | Public Swim (with 2 Lanes) |
| 10.45-11.45 | Fun Swim |
| 12.00-12.55 | Lane Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 20.00-21.00 | Lane Swim |

Friday 29 August – Small Pool

| Time | Session |
|-------------|--|
| 09.30-10.30 | Family Fun Swim |
| 10.45-11.45 | Family Fun Swim |
| 12.00-12.55 | Family Fun Swim |
| 13.00-14.00 | Intensive Swimming Lessons (see holiday timetable) |
| 14.15-15.00 | Family Fun Swim |
| 15.40-18.00 | Junior Swimming Lessons |
| 18.15-19.00 | Family Fun Swim |

Saturday 30 August – Main Pool

| Time | Session |
|-------------|-----------------------------------|
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.30-15.15 | Private Pool Hire (Enquire Now) |
| 15.30-16.30 | Adult Swimming Lessons |
| 16.45-18.00 | Lane Swim |

Saturday 30 August – Small Pool

| Time | Session |
|-------------|-----------------------------------|
| 08.00-13.00 | Junior Swimming Lessons |
| 13.00-14.00 | Additional Needs Swimming Lessons |
| 14.15-15.00 | Family Fun Swim |
| 15.15-16.00 | Private Pool Hire (Enquire Now) |

Sunday 31 August – Hydrotherapy Pool

| Time | Session |
|-------------|----------------------|
| 12.00-12.45 | Hydrotherapy Access |
| 12.00-12.45 | Hydrotherapy General |

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

| Sunday 31 August – Main Pool | |
|------------------------------|-----------|
| Time | Session |
| 08.15-09.15 | Lane Swim |
| 09.30-10.30 | Fun Swim |
| 10.30-11.30 | Fun Swim |
| 11.30-12.30 | Fun Swim |
| 12.45-14.45 | Lane Swim |
| 19.05-20.05 | Lane Swim |

| Sunday 31 August – Small Pool | |
|-------------------------------|---------------------------------|
| Time | Session |
| 09.30-10.30 | Family Fun Swim |
| 10.30-11.30 | Family Fun Swim |
| 11.30-12.30 | Family Fun Swim |
| 13.00-14.00 | Family Fun Swim |
| 15.00-15.45 | Private Pool Hire (Enquire Now) |

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