

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 1: Monday 21st July – Sunday 27th July

Monday 21 July	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.00-11.45	Aqua Mobility
12.20-13.05	Lane Swim
14.15-15.15	Disability Swim
15.30-18.30	Junior Swimming Lessons
18.45-19.45	Lane Swim
20.00-20.45	Aqua Aerobics

Tuesday 22 July	
Time	Session
07.00-07.45	Public Swim (with 2 Lanes)
08.00-08.45	Adult Width Swim
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
13.20- 14.05	Family Float Swim
14.30-15.15	Public Swim
15.30-19.00	Junior Swimming Lessons
19.30-20.30	Lane Swim
20.40-21.40	Lane Swim

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Wednesday 23 July	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
13.20-14.05	Family Float Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.30-19.15	Public Swim (with 2 Lanes)
19.30-20.15	Lane Swim

Thursday 24 July	
Time	Session
07.00-07.45	Lane Swim
08.00-09.00	Public Swim (with 2 Lanes)
09.15-10.00	Aqua Aerobics
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Family Float Swim
12.20-13.05	Lane Swim
13.15-14.15	Public Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.05-18.50	Lane Swim

Friday 25 July	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Public Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Family Float Swim
12.20-13.05	Lane Swim
13.20-14.05	Family Float Swim
14.20-15.05	Public Swim (with 2 lanes)
15.30-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim

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Saturday 26 July	
Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.15	Disability Swim
14.30-15.30	Public Swim

Sunday 27 July	
Time	Session
08.00-09.00	Lane Swim
09.15-10.00	Family Fun Swim
12.15-13.15	Public Swim (with 1 Lane)
13.30-14.15	Family Fun Swim
14.30-15.30	Junior Swimming Lessons – Stage 8 Comp
17.00-18.00	Lane Swim

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For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weeks 2 - 5: Monday 28th July – Sunday 24th August

Monday	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Public Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.00-11.45	Aqua Mobility
12.20-13.05	Lane Swim
14.15-15.15	Disability Swim
15.30-18.30	Junior Swimming Lessons
18.45-19.45	Lane Swim
20.00-20.45	Aqua Aerobics

Tuesday	
Time	Session
07.00-07.45	Public Swim (with 2 Lanes)
08.00-08.45	Adult Width Swim
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
14.15-15.15	Public Swim
15.30-19.00	Junior Swimming Lessons
19.30-20.30	Lane Swim
20.40-21.40	Lane Swim

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Wednesday	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.30-19.15	Public Swim (with 2 Lanes)
19.30-20.15	Lane Swim

Thursday	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.15-10.00	Aqua Aerobics
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Family Float Swim
12.20-13.05	Lane Swim
14.15-15.15	Public Swim
15.30-18.00	Junior Swimming Lessons
18.05-18.50	Lane Swim

Friday	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Public Swim
10.00-10.45	Family Float Swim
11.00-11.45	Public Swim (1 Lane)
12.20-13.05	Lane Swim
14:15 – 15:15	Family Float Swim
15.30-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim

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Saturday	
Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.15	Disability Swim
14.30-15.30	Public Swim

Sunday	
Time	Session
08.00-09.00	Lane Swim
09.15-10.00	Family Fun Swim
10.30-12.10	Junior Swimming Lessons
12.15-13.15	Public Swim (with 1 Lane)
13.30-14.15	Family Fun Swim
14.30-15.30	Junior Swimming Lessons – Stage 8 Comp
15.30-17.00	Junior Swimming Lessons
17.00-18.00	Lane Swim

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

Monday 25 August (Bank Holiday)	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Family Float Swim
10.00-11.00	Public Swim (2 lanes)
11.15-12.00	Public Swim

Tuesday 26 August	
Time	Session
07.00-07.45	Public Swim (with 2 Lanes)
08.00-08.45	Adult Width Swim
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
13.15- 14.00	Family Float Swim
14.15-15.15	Public Swim
15.30-19.00	Junior Swimming Lessons
19.30-20.30	Lane Swim
20.40-21.40	Lane Swim

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Wednesday 27 August	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Family Float Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Public Swim (with 1 Lane)
12.20-13.05	Lane Swim
13.15-14.15	Family Float Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.30-19.15	Public Swim (with 2 Lanes)
19.30-20.15	Lane Swim

Thursday 28 August	
Time	Session
07.00-07.45	Lane Swim
08.00-09.00	Public Swim (with 2 Lanes)
09.15-10.00	Aqua Aerobics
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Family Float Swim
12.20-13.05	Lane Swim
13.15-14.15	Public Swim
14.30-15.15	Adult Width Swim
15.30-18.00	Junior Swimming Lessons
18.05-18.50	Lane Swim

Friday 29 August	
Time	Session
07.00-07.45	Lane Swim
08.00-08.45	Public Swim (with 2 Lanes)
09.00-09.45	Public Swim
10.00-11.00	Intensive Swimming Lessons (see holiday timetable)
11.15-12.00	Family Float Swim
12.20-13.05	Lane Swim
13.10-14.00	Family Float Swim
14.15-15.15	Public Swim (with 2 lanes)
15.30-18.00	Junior Swimming Lessons
18.15-19.00	Lane Swim

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Saturday 30 August	
Time	Session
08.00-13.30	Junior Swimming Lessons
13.30-14.15	Disability Swim
14.30-15.30	Public Swim

Sunday 31 August	
Time	Session
08.00-09.00	Lane Swim
09.15-10.00	Family Fun Swim
12.15-13.15	Public Swim (with 1 Lane)
13.30-14.15	Family Fun Swim
14.30-15.30	Junior Swimming Lessons – Stage 8 Comp
17.00-18.00	Lane Swim

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