

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/swimming

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

*Inflatable Session – £3.00 for all Juniors, Limited Spaces

R = restricted lanes, pool may be shared with another booking

Week 1: Monday 21st July – Sunday 27th July

Monday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:30 - 11:30	Public Swim
12:00 - 12:50	Lane Swim
12:55 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 12:00	Adult & Child Swimming Lessons
12:00 - 12:45	Fun Swim
13:00 - 14:30	Adult & Child Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:10 - 11:00	Fun Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
09:50 - 10:50	Disability Swim
10:50 - 11:50	Intensive Swimming Lessons (see holiday timetable)
11:55 - 12:55	Lane Swim
13:15 - 14:05	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:15 - 14:05	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:05 - 10:50	Public Swim (1 lane)
10:50 - 11:50	Intensive Swimming Lessons (see holiday timetable)
11:55 - 12:55	Lane Swim
13:15 - 14:05	*Inflatable Fun Session
14:25 - 15:15	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
11:45 - 12:45	Lane Swim
13:15 - 14:10	*Inflatable Fun Session
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 13:45	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Saturday – Main Pool	
Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENsory Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

*Inflatable Session – £3.00 for all Juniors, Limited Spaces

R = restricted lanes, pool may be shared with another booking

Week 2: Monday 28th July – Sunday 3rd August

Monday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:30 - 11:30	Public Swim
12:00 - 12:50	Lane Swim
12:55 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
14:45 - 15:15	Swim Assessments (bookable)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 12:00	Adult & Child Swimming Lessons
12:00 - 12:45	Fun Swim
13:00 - 14:30	Adult & Child Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:10 - 11:00	Fun Swim
11:00 - 11:50	Intensive Swimming Lessons (see holiday timetable)
11:50 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:00	Disability Swim
11:50 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:05 - 10:50	Public Swim (1 lane)
10:50 - 11:50	Intensive Swimming Lessons (see holiday timetable)
11:55 - 12:55	Lane Swim
13:15 - 14:05	*Inflatable Fun Session
14:25 - 15:15	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool	
Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
11:45 - 12:45	Lane Swim
13:15 - 14:10	*Inflatable Fun Session
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 13:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Saturday – Main Pool	
Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENsory Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

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Cost

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

*Inflatable Session – £3.00 for all Juniors, Limited Spaces

R = restricted lanes, pool may be shared with another booking

Weeks 3 & 4: Monday 4th August – Sunday 17th August

Monday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:30 - 11:30	Public Swim
12:00 - 12:50	Lane Swim
12:55 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
14:30 – 15:30	STA Swim Teachers Course (bookable)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 12:00	Adult & Child Swimming Lessons
12:00 - 12:45	Fun Swim
13:00 - 14:30	Adult & Child Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:00 - 10:45	Public Swim
11:50 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:30 - 15:30	STA Swimming Lessons (bookable)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:00	Disability Swim
11:50 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:10 - 11:00	Fun Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool	
Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
11:45 - 12:45	Lane Swim
13:15 - 14:10	*Inflatable Fun Session
14:30 - 15:30	STA Lessons (Bookable)
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 13:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Saturday – Main Pool	
Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENSory Family Fun Swim

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Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

*Inflatable Session – £3.00 for all Juniors, Limited Spaces

R = restricted lanes, pool may be shared with another booking

Week 5: Monday 18th August – Sunday 24th August

Monday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:30 - 11:30	Public Swim
12:00 - 12:50	Lane Swim
12:55 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
14:45 – 15:15	Swim Assessments (bookable)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 12:00	Adult & Child Swimming Lessons
12:00 - 12:45	Fun Swim
13:00 - 14:30	Adult & Child Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:10 - 11:00	Fun Swim
11:00 – 11:50	Intensive Swimming Lessons (see holiday timetable)
11:50 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
09:50 - 10:50	Disability Swim
10:50 – 11:50	Intensive Swimming Lessons (see holiday timetable)
11:55 – 12:55	Lane Swim
13:15 - 14:05	*Inflatable Fun Session
14:25 - 15:15	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:10 - 11:00	Fun Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
11:45 - 12:45	Lane Swim
13:15 - 14:10	*Inflatable Fun Session
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
12:00 - 13:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Saturday – Main Pool	
Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENSory Family Fun Swim

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Junior. £3.00 Standard, U3s Free

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Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

Monday 25 August – Main Pool (Bank Holiday)	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 10:00	Lane Swim
10:30 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Lane Swim

Monday 25 August – Small Pool	
Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Fun Swim
11:45 - 12:45	Fun Swim

Tuesday 26 August – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:10 - 11:00	Fun Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday 26 August – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday 27 August – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:00 - 11:00	Disability Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday 27 August – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday 28 August – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:10 - 11:00	Fun Swim
11:45 - 12:45	Lane Swim
13:10 - 14:00	*Inflatable Fun Session
14:20 - 15:10	*Inflatable Fun Session
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday 28 August – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday 29 August – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
11:45 - 12:45	Lane Swim
13:15 - 14:10	*Inflatable Fun Session
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday 29 August – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 13:45	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Saturday 30 – Main Pool

Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday 30 August– Small Pool

Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday 31 August – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday 31 August – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENsory Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit active.leeds.gov.uk