

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit [active.leeds.gov.uk/swimming](http://active.leeds.gov.uk/swimming)

**Cost**

**Adult.** £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

**Junior.** £3.00 Standard, U3s Free

*Peak: After 16:00 weekdays. Off Peak: opening - 16:00 weekdays & all weekend.*

**Week 1: Monday 21<sup>st</sup> July – Sunday 27<sup>th</sup> July**

Monday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

**Swimming Timetable**  
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Tuesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
13:30 - 14:30	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Tuesday – Small Pool	
Time	Session
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

Wednesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:15 - 19:00	Family Fun Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Thursday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Thursday – Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Friday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Saturday – Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

Sunday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

Sunday – Small Pool	
Time	Session
10:00 - 11:00	Fun Swim
11:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)

For summer junior holiday activities & holiday lesson information please visit [active.leeds.gov.uk](https://active.leeds.gov.uk)

## Swimming Timetable Summer Holidays; 21 July - 31 August 25

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### Cost

**Adult.** £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

**Junior.** £3.00 Standard, U3s Free

*Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.*

## Weeks 2 - 5: Monday 28<sup>th</sup> July – Sunday 24<sup>th</sup> August

Monday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons – Lifesaving

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Tuesday – Small Pool	
Time	Session
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Family Fun Swim

Wednesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday – Small Pool	
Time	Session
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Thursday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson – Stage 8 Competitive
20:30 - 21:15	Lane Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Thursday – Small Pool	
Time	Session
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Parent & Child Swimming Lessons
11:45 - 12:45	Family Fun Swim
14:45 - 15:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

Friday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
14:45 - 15:30	Public Swim (with 3 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Adult Swimming Lessons

Friday – Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Float Swim

Saturday – Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Sunday – Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson – Stage 8 Competitive

Sunday – Small Pool	
Time	Session
10:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)

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Summer Holidays



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**Junior.** £3.00 Standard, U3s Free

*Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.*

**Week 6: Monday 25<sup>th</sup> August – Sunday 31<sup>st</sup> August**

Monday – Main Pool (BANK HOLIDAY)	
Time	Session
08:00 - 08:45	Lane Swim
09:30 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)

Tuesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:15	Public Swim (with 1 Lane)
12:25 - 13:25	Public Swim (with 3 Lanes)
13:30 - 14:30	Public Swim (with 1 Lane)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 18:55	Public Swim (with 2 Lanes)
20:00 - 22:00	Junior Swimming Lessons - Lifesaving

Tuesday - Small Pool	
Time	Session
10:00 - 11:15	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:10 - 18:55	Family Fun Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Wednesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday - Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
18:15 - 19:00	Family Fun Swim

Thursday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:30 - 11:30	Adult Swimming Lessons
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Adult Width Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive
20:30 - 21:15	Lane Swim

Thursday - Small Pool	
Time	Session
10:30 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:30	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Family Fun Swim

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Friday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Public Swim (with 2 Lanes)
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)

Friday - Small Pool	
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Public Swim (with 1 Lane)
15:30 - 16:15	Family Fun Swim

Saturday - Small Pool	
Time	Session
08:00 - 14:00	Junior Swimming Lessons
14:00 - 15:00	Fun Swim
15:30 - 16:15	Family Fun Swim

Sunday - Main Pool	
Time	Session
08:00 - 08:45	Lane Swim
09:00 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:00 - 12:00	Public Swim (with 1 Lane)
12:30 - 13:15	Lane Swim
13:30 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Fun Swim
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive

**Swimming Timetable**  
**Summer Holidays; 21 July - 31 August 25**

Sunday - Small Pool	
Time	Session
10:00 - 11:00	Fun Swim
11:00 - 12:00	Fun Swim
13:30 - 14:15	Fun Swim
14:30 - 15:15	Fun Swim

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Summer Holidays