

Swimming Timetable
Summer Holidays; 21 July - 31 August 25

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/Swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weeks 2 - 5: Monday 28th July – Sunday 24th August

Monday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
10.45 - 11.45	Fun Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Adult Width Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes)
19.15 - 21.15	Lane Swim

Monday – Small Pool	
Time	Session
09.15 - 12.05	Parent & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.30 - 14.00	Parent & Child Swimming Lessons
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Tuesday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

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Tuesday – Small Pool

Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Parent & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Wednesday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 14.15	Aqua Aerobics
14.30 - 15.15	Public Swim (with 3 Lanes)
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving
19.15 - 20.00	Lane Swim
20.05 - 20.35	Adult Swimming Lessons

Wednesday – Small Pool

Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family fun Swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.15	Family Fun Swim
14.30 - 15.15	Family fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Thursday – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes + Diving)
19.15 - 21.15	Lane Swim

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Thursday – Small Pool	
Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Parent & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Friday – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Fun Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 3 Lanes)

Friday – Small Pool	
Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
14.00 - 15.00	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Saturday – Main Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 13.45	Public Swim (with 3 Lanes)
14.15 - 15.15	Inflatable Fun Session
15.45 - 17.30	Private Party Hire

Saturday – Small Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 13.45	Family Fun Swim
14.15 - 15.15	Family Fun Swim
15.45 - 17.30	Private Part Hire

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Sunday – Main Pool	
Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.30 - 12.00	Fun Swim
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45
14.15 - 15.15	Inflatable Fun Session
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

Sunday – Small Pool	
Time	Session
07.45 - 08.45	Family Fun Swim
08.50 - 09.55	Junior Swimming Lessons
10.30 - 12.00	Family Fun Swim
12.15 - 13.45	Family Fun Swim
14.15 - 15.15	Fun Swim
16.45 - 17.30	Disability Hub

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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

Monday 25 August – Main Pool (BANK HOLIDAY)

Time	Session
08.00 - 09.00	Lane Swim
09.15 - 10.45	Fun Swim
11.00 - 12.00	Public Swim (with 3 Lanes)
12.15 - 13.15	Lane Swim
13.30 - 14.30	Adult Width Swim
14.45 - 15.45	Fun Swim

Monday 25 August – Small Pool

Time	Session
09.15 - 10.45	Family Fun Swim
11.00 - 12.00	Family Fun swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.30	Family Fun Swim

Tuesday 26 August – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving
19.15 - 20.00	Aqua Aerobics
20.15 - 21.15	Female Lane Swim

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Tuesday 26 August – Small Pool

Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.30 - 12.00	Parent & child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Wednesday 27 August – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.30 - 14.15	Aqua Aerobics
14.30 - 15.15	Public Swim (with 3 Lanes)
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes) & Diving
19.15 - 20.00	Lane Swim
20.05 - 20.35	Adult Swimming Lessons

Wednesday 27 August – Small Pool

Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun swim
12.15 - 13.15	Family Fun Swim
13.30 - 14.15	Family Fun Swim
14.30 - 15.15	Family fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Thursday 28 August – Main Pool

Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Float Swim
12.15 - 13.15	Lane Swim
13.45 - 14.45	Inflatable Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Public Swim (with 3 Lanes + Diving)
19.15 - 21.15	Lane Swim

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Thursday 28 August – Small Pool	
Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
11.30 - 12.00	Parent & Child Swimming Lessons
12.15 - 13.15	Family Fun Swim
13.45 - 14.45	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Friday 29 August – Main Pool	
Time	Session
06.30 - 08.30	Lane Swim
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Fun Swim
12.15 - 13.15	Lane Swim
13.30 - 15.00	Disability Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.45	Public Swim (with 3 Lanes)

Friday 29 August – Small Pool	
Time	Session
08.30 - 10.30	Intensive Swimming Lessons (see holiday timetable)
10.45 - 11.45	Family Fun Swim
12.15 - 13.15	Family Fun Swim
14.00 - 15.00	Family Fun Swim
15.30 - 18.00	Junior Swimming Lessons
18.15 - 19.00	Family Fun Swim

Saturday 30 August – Main Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45
14.15 - 15.15	Inflatable Fun Session
15.45 - 17.30	Private Party Hire

Saturday 30 August – Small Pool	
Time	Session
08.00 - 12.00	Junior Swimming Lessons
12.15 - 13.45	Family Fun Swim
14.15 - 15.15	Family Fun Swim
15.45 - 17.30	Private Part Hire

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Sunday 31 August – Main Pool	
Time	Session
07.45 - 08.45	Lane Swim
09.00 - 10.00	Junior Swimming Lessons
10.30 - 12.00	Fun Swim
12.15 - 13.45	Public Swim (with 3 Lanes) & Diving 13.15-13.45
14.15 - 15.15	Inflatable Fun Session
15.45 - 16.30	Private Party Hire
16.45 - 17.30	Disability Hub
17.30 - 18.30	Disability Swim
18.45 - 19.45	Lane Swim

Sunday 31 August– Small Pool	
Time	Session
07.45 - 08.45	Family Fun Swim
08.50 - 09.55	Junior Swimming Lessons
10.30 - 12.00	Family Fun Swim
12.15 - 13.45	Family Fun Swim
14.15 - 15.15	Fun Swim
16.45 - 17.30	Disability Hub

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