

Please note weekdays on week's 1-5 are the same for all dates, the weekends for these weeks are displayed separately. For the bank holiday week, this is shown to the end of this document.

Please note swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/Swimming</u>**

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

(R) = restricted lanes, pool may be shared with another booking

Weekdays for weeks 1-5: Monday 21st July - Friday 22nd August

Monday		
	Time	Session
07:00-08:30		Lane Swim 25m (R)
09:30-10:30		Lane Swim 25m (R)
12:00-13:00		Lane Swim 25m (R)
12:00-13:00		Swim Fit Lane Swim 25m (R)
13:30-14:30		Lane Swim 25m (R)
20:30-21:30		Lane Swim 25m (R)

Tuesday		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
19:00-20:00	Lane Swim 25m (R)	

Wednesday		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
17:30-18:30	Lane Swim 25m (R)	
19:30-20:30	Lane Swim 25m (R)	



Thursday		
Time Session		
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
18:00-19:00	Lane Swim 25m (R)	

Friday		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Disability Swim	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
17:30-18:30	Lane Swim 25m (R)	



Please note Swimming sessions are currently <u>non-bookable</u> (except Atlantis Pool Inflatable), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/Swimming</u>**

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Atlantis Pool Inflatable Waterpark: £10.00 per person. Book online here

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weekends for weeks 1-6: Saturday 26th July – Sunday 24th August

Saturday 26 July 2025		
Time	Session	
07:30-08:30	Masters Lane Swim 25m	
09:30-10:30	Lane Swim 25m *	
10:45-11:45	Lane Swim 25m *	
12:30-13:30	Lane Swim 25m *	
14:00-15:00	Lane Swim 25m *	

Sunday 27 July 2025		
	Time	Session
08:30-09:30		Lane Swim 25m *
10:00-11:00		Lane Swim 25m *
11:30-12:30		Lane Swim 25m *
12:45-13:45		Lane Swim 25m *
14:00-15:00		Lane Swim 25m *

Saturday 2 August 2025		
Time	Session	
07:30-08:30	Masters Lane Swim 25m	
09:30-10:30	Lane Swim 25m *	
10:45-11:45	Lane Swim 25m *	
12:30-13:30	Lane Swim 25m *	
14:00-15:00	Lane Swim 25m *	

Sunday 3 August
Closed for an Event



Saturday 9 August 2025		
Time Session		
07:30-08:30	Masters Lane Swim 25m	
09:00-10:00	Lane Swim 25m	
11:00-12:00	Atlantis Pool Inflatable (pre bookable)	
12:45-13:45	Atlantis Pool Inflatable (pre bookable)	
14:30-15:30	Atlantis Pool Inflatable (pre bookable)	

Sunday 10 August 2025		
Time	Session	
08:30-09:30	Lane Swim 25m *	
10:00-11:00	Atlantis Pool Inflatable (pre bookable)	
11:45-12:45	Atlantis Pool Inflatable (pre bookable)	

Saturday 16 August 2025		
	Time	Session
07:30-08:30		Masters Lane Swim 25m
09:00-10:00		Lane Swim 25m
11:00-12:00		Atlantis Pool Inflatable (pre bookable)
12:45-13:45		Atlantis Pool Inflatable (pre bookable)
14:30-15:30		Atlantis Pool Inflatable (pre bookable)

Sunday 17 August 2025		
	Time	Session
08:30-09:30		Lane Swim 25m *
10:00-11:00		Atlantis Pool Inflatable (pre bookable)
11:45-12:45		Atlantis Pool Inflatable (pre bookable)

Saturday 23 August 2025		
Time	Session	
07:30-08:30	Masters Lane Swim 25m	
09:30-10:30	Lane Swim 25m *	
10:45-11:45	Lane Swim 25m *	
12:30-13:30	Lane Swim 25m *	
14:00-15:00	Lane Swim 25m *	

Sunday 24 August 2025		
Time Session		
08:30-09:30	Lane Swim 25m *	
10:00-11:00	Lane Swim 25m *	
11:30-12:30	Lane Swim 25m *	
12:45-13:45	Lane Swim 25m *	
14:00-15:00	Lane Swim 25m *	



Please note swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/Swimming</u>**

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

(R) = restricted lanes, pool may be shared with another booking

Week 6: Monday 25th August – Friday

Monday 25 August (BANK HOLIDAY)		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
11:00–12:00	Lane Swim 25m (R)	

Tuesday 26 August		
Time Session		
07:00-08:30		Lane Swim 25m (R)
09:30-10:30		Lane Swim 25m (R)
12:00-13:00		Lane Swim 25m (R)
13:30-14:30		Lane Swim 25m (R)
19:00-20:00		Lane Swim 25m (R)

Wednesday 27 August		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
17:30-18:30	Lane Swim 25m (R)	
19:30-20:30	Lane Swim 25m (R)	



Thursday 28 August		
Time Session		
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
18:00-19:00	Lane Swim 25m (R)	

Friday 29 August		
Time	Session	
07:00-08:30	Lane Swim 25m (R)	
09:30-10:30	Lane Swim 25m (R)	
12:00-13:00	Disability Swim	
12:00-13:00	Lane Swim 25m (R)	
13:30-14:30	Lane Swim 25m (R)	
17:30-18:30	Lane Swim 25m (R)	

Saturday 30 August 2025			
	Time		Session
07:30-08:30			Masters Lane Swim 25m
09:30-10:30			Lane Swim 25m *
10:45-11:45			Lane Swim 25m *
12:30-13:30			Lane Swim 25m *
14:00-15:00			Lane Swim 25m *

Sunday 31 August 2025		
Time	Session	
08:30-09:30	Lane Swim 25m *	
10:00-11:00	Lane Swim 25m *	
11:30-12:30	Lane Swim 25m *	
12:45-13:45	Lane Swim 25m *	
14:00-15:00	Lane Swim 25m *	

For summer junior holiday activities & holiday lesson information please visit <u>active.leeds.gov.uk</u>