

Please note Swimming sessions are currently non-bookable (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our Facebook page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/Swimming

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Weeks 2 - 5: Monday 28th July – Sunday 24th August

Monda	y – Main Pool
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 – 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
19:30 - 20:30	Public Swim (with 3 Lanes)
20:45 - 21:30	Lane Swim

Monday – Small Pool		
Time	Session	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:00 - 11:30	Family Fun Swim	
11:45 - 12:45	Family Fun Swim	
14:45 - 15:30	Family Fun Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:15 19:00	Family Fun Swim	

Tuesday – Main Pool		
Time	Session	
07:00 - 07:45	Lane Swim	
08:00 - 08:45	Lane Swim	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:00 - 11:15	Public Swim (with 1 Lane)	
13:45 – 14:30	Public Swim (with 1 Lane)	
15:45 - 18:00	Junior Swimming Lessons	
18:10 - 18:55	Public Swim (with 2 Lanes)	
20:00 - 22:00	Junior Swimming Lessons – Lifesaving	



Tuesday – Small Pool		
Time	Session	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:00 - 11:15	Family Fun Swim	
11:45 - 12:45	Family Fun Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:10 - 18:55	Family Fun Swim	

Wednesday – Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 1 Lane)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:45 – 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday – Small Pool		
	Time	Session
08:45 - 10:00		Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30		Family Fun Swim
11:45 - 12:45		Family Fun Swim
14:45 - 15:30		Family Fun Swim
15:45 - 18:00		Junior Swimming Lessons
18:15 - 19:00	.6	Family Fun Swim

Thursday – Main Pool		
Time	Session	
07:00 - 07:45	Lane Swim	
08:00 - 08:45	Lane Swim	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
11:45 - 12:45	Public Swim (with 3 Lanes)	
13:45 – 14:30	Public Swim (with 1 Lane)	
14:45 - 15:30	Adult Width Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Public Swim (with 2 Lanes)	
19:15 - 20:15	Junior Swimming Lesson – Stage 8 Competitive	
20:30 - 21:15	Lane Swim	



Thursday – Small Pool		
Time	Session	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:30 - 11:30	Parent & Child Swimming Lessons	
11:45 - 12:45	Family Fun Swim	
14:45 - 15:30	Family Fun Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Family Fun Swim	

Friday – Main Pool		
Time	Session	
07:00 - 07:45	Lane Swim	
08:00 - 08:45	Lane Swim	
08:45 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:00 – 11:30	Public Swim (with 1 Lane)	
11:45 - 12:45	Public Swim (with 3 Lanes)	
13:45 – 14:30	Public Swim (with 1 Lane)	
14:45 - 15:30	Public Swim (with 3 Lanes)	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Public Swim (with 2 Lanes)	
19:15 - 20:15	Adult Swimming Lessons	

Friday – Small Pool		
	Time	Session
10:00 - 11:30		Family Fun Swim
11:45 - 12:45		Family Fun Swim
15:45 - 18:00	d/	Junior Swimming Lessons

Saturday – Main Pool		
Time	Session	
08:00 - 08:45	Lane Swim	
09:00 - 14:00	Junior Swimming Lessons	
14:00 - 15:00	Public Swim (with 1 Lane)	
15:30 - 16:15	Family Float Swim	

Saturday – Small Pool		
Time	Session	
08:00 - 14:00	Junior Swimming Lessons	
14:00 - 15:00	Fun Swim	
15:30 - 16:15	Family Fun Swim	



Sunday – Main Pool		
Time	Session	
08:00 - 08:45	Lane Swim	
09:00 - 09:45	Lane Swim	
10:00 - 12:00	Public Swim (with 1 Lane)	
12:30 - 13:15	Lane Swim	
13:30 - 14:15	Public Swim (with 1 Lane)	
14:30 - 15:15	Fun Swim	
16:30 - 17:30	Junior Swimming Lesson – Stage 8 Competitive	

Sunday – Small Pool		
Time	Session	
10:00 - 12:00	Fun Swim	
13:30 - 14:15	Fun Swim	
14:30 - 15:15	Fun Swim	

For session descriptions please visit active.leeds.gov.uk/swimming

For summer junior holiday activities & holiday lesson information please visit <u>active.leeds.gov.uk</u>





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Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Week 6: Monday 25th August – Sunday 31st August

Monday – Main Pool (BANK HOLIDAY)		
Time	Session	
08:00 - 08:45	Lane Swim	
09:30 - 11:30	Public Swim (with 1 Lane)	
11:45 - 12:45	Public Swim (with 3 Lanes)	

	Tuesday - Main Pool		
	Time	Session	
07:00 - 07:45		Lane Swim	
08:00 - 08:45		Lane Swim	
09:00 - 10:00		Intensive Swimming Lessons (see holiday timetable)	
10:00 - 11:15		Public Swim (with 1 Lane)	
12:25 - 13:25		Public Swim (with 3 Lanes)	
13:30 - 14:30		Public Swim (with 1 Lane)	
15:45 - 18:00		Junior Swimming Lessons	
18:10 - 18:55	4	Public Swim (with 2 Lanes)	
20:00 - 22:00		Junior Swimming Lessons - Lifesaving	

Tuesday - Small Pool		
Time	Session	
10:00 - 11:15	Family Fun Swim	
11:45 - 12:45	Family Fun Swim	
18:10 - 18:55	Family Fun Swim	



Wednesday - Main Pool	
Time	Session
07:00 - 07:45	Lane Swim
08:00 - 08:45	Lane Swim
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)
10:00 - 11:30	Public Swim (with 2 Lanes)
11:45 - 12:45	Public Swim (with 3 Lanes)
13:00 - 14:30	Public Swim (with 1 Lane)
14:45 - 15:30	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 2 Lanes)
20:30 - 21:15	Lane Swim

Wednesday - Small Pool		
Time	Session	
10:00 - 11:30	Family Fun Swim	
11:45 - 12:45	Family Fun Swim	
18:15 - 19:00	Family Fun Swim	

Thursday - Main Pool		
Time	Session	
07:00 - 07:45	Lane Swim	
08:00 - 08:45	Lane Swim	
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:30 - 11:30	Adult Swimming Lessons	
11:45 - 12:45	Public Swim (with 3 Lanes)	
13:00 - 14:30	Public Swim (with 1 Lane)	
14:45 - 15:30	Adult Width Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Public Swim (with 2 Lanes)	
19:15 - 20:15	Junior Swimming Lesson - Stage 8 Competitive	
20:30 - 21:15	Lane Swim	

Thursday - Small Pool		
Time	Session	
10:30 - 11:30	Adult & Child Swimming Lessons	
11:45 - 12:30	Family Fun Swim	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Family Fun Swim	



Friday - Main Pool		
Time	Session	
07:00 - 07:45	Lane Swim	
08:00 - 08:45	Lane Swim	
09:00 - 10:00	Intensive Swimming Lessons (see holiday timetable)	
10:00 - 11:30	Public Swim (with 1 Lane)	
11:45 - 12:45	Public Swim (with 3 Lanes)	
13:00 - 14:30	Public Swim (with 1 Lane)	
14:45 - 15:30	Public Swim (with 2 Lanes)	
15:45 - 18:00	Junior Swimming Lessons	
18:15 - 19:00	Public Swim (with 2 Lanes)	

Frida	y - Small Pool
Time	Session
10:00 - 11:30	Family Fun Swim
11:45 - 12:45	Family Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Saturday - Main Pool		
	Time	Session
08:00 - 08:45	•	Lane Swim
09:00 - 14:00		Junior Swimming Lessons
14:00 - 15:00	•	Public Swim (with 1 Lane)
15:30 - 16:15		Family Fun Swim

Saturday - Small Pool			
	Time	Session	
08:00 - 14:00		Junior Swimming Lessons	
14:00 - 15:00		Fun Swim	
15:30 - 16:15		Family Fun Swim	

Sunday - Main Pool		
Time	Session	
08:00 - 08:45	Lane Swim	
09:00 - 09:45	Lane Swim	
10:00 - 11:00	Public Swim (with 1 Lane)	
11:00 - 12:00	Public Swim (with 1 Lane)	
12:30 - 13:15	Lane Swim	
13:30 - 14:15	Public Swim (with 1 Lane)	
14:30 - 15:15	Fun Swim	
16:30 - 17:30	Junior Swimming Lesson - Stage 8 Competitive	



Sunday - Small Pool		
Time	Session	
10:00 - 11:00	Fun Swim	
11:00 - 12:00	Fun Swim	
13:30 - 14:15	Fun Swim	
14:30 - 15:15	Fun Swim	

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