

Swimming Timetable

October Half Term; 27 October – 2 November 2025

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/swimming

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Monday 27 October– Hydrotherapy Pool	
Time	Session
09.20-12.15	Junior Swimming Lessons
13.00-13.30	Junior Swimming Lessons

Monday 27 October– Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.15	Aqua Mobility
10.20-11.15	Public Swim (with 2 Lanes)
11.30-12.55	Lane Swim
13.30-14.15	Pool Inflatable 8-16yrs (Bookable)
14.30-15.15	Pool Inflatable 8-16yrs (Bookable)
15.40-18.30	Junior Swimming Lessons
18.30-19.30	Adult Swimming Lessons
19.35-20.15	Lane Swim

Monday 27 October – Small Pool	
Time	Session
09.15-10.00	Junior Swimming Lessons
12.00-12.45	Family Fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

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Tuesday 28 October – Hydrotherapy Pool

Time	Session
09.20-11.45	Junior Swimming Lessons
12.15-13.00	Hydrotherapy General
12.15-13.00	Hydrotherapy Access
13.00-13.30	Junior Swimming Lessons
18.30-19.15	Hydrotherapy General
18.30-19.15	Hydrotherapy Access

Tuesday 28 October – Main Pool

Time	Session
07.15-09.15	Lane Swim
10.00-10.45	Aqua Zumba
11.00-11.45	Disability Swim / Lane Swim
12.00-12.55	Lane Swim
13.00-15.00	Public Swim
15.40-18.00	Junior Swimming Lessons
18.00-18.55	Public Swim (with 2 Lanes)
19.00-20.00	Female Lane Swim
20.00-22.00	Lane Swim

Tuesday 28 October – Small Pool

Time	Session
09.15-10.00	Family Fun Swim
10.30-11.30	Junior Swimming Lessons
12.00-12.45	Family Fun Swim
14.15-15.00	Family Fun Swim
15.40-18.00	Junior Swimming Lessons

Wednesday 29 October – Hydrotherapy Pool

09.20-12.15	Junior Swimming Lessons
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General
18.30-19.15	Hydrotherapy Access
18.30-19.15	Hydrotherapy General

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Wednesday 29 October – Main Pool	
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (with 2 Lanes)
10.45-11.45	Family Fun Swim
12.00-12.55	Lane Swim
13.30-14.15	Pool Inflatable 8+yrs (Bookable)
14.30-15.15	Pool Inflatable 8+yrs (Bookable)
15.40-18.00	Junior Swimming Lessons
18.00-18.45	Public Swim (with 2 Lanes)
21.15-22.00	Lane Swim

Wednesday 29 October – Small Pool	
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim
12.00-12.45	Family Fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

Thursday 30 October – Hydrotherapy Pool	
Time	Session
12.15-13.00	Hydrotherapy Access
12.15-13.00	Hydrotherapy General

Thursday 30 October – Main Pool	
Time	Session
07.15-09.15	Lane Swim
09.30-10.30	Public Swim (with 2 Lanes)
12.00-12.55	Lane Swim
13.00-15.00	Public Swim
15.40-18.00	Junior Swimming Lessons
18.00-18.45	Public Swim (with 2 Lanes)
20.10-20.55	Aqua Zumba
21.00-22.00	Lane Swim

Thursday 30 October – Small Pool	
Time	Session
09.30-11.30	Family Fun Swim
12.00-12.45	Family Fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

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Friday 31 October – Hydrotherapy Pool

Time	Session
09.30-11.00	Junior Swimming Lessons
11.00-12.05	Junior Swimming Lessons

Friday 31 October - Main Pool

Time	Session
07.15-09.15	Lane Swim
10.45 - 11.45	Public swim
12.00-12.55	Lane Swim
15.40-18.00	Junior Swimming Lessons
20.00-21.00	Lane Swim

Friday 31 October – Small Pool

Time	Session
09.30-10.30	Family Fun Swim
10.45-11.45	Family Fun Swim
12.00-12.45	Family Fun Swim
15.40-18.00	Junior Swimming Lessons
18.15-19.00	Family Fun Swim

Saturday 1 November – Main Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Swimming Lessons
14.30-15.15	Private Pool Hire (Enquire Now)
15.30-16.30	Adult Swimming Lessons
16.45-18.00	Lane Swim

Saturday 1 November – Small Pool

Time	Session
08.00-13.00	Junior Swimming Lessons
13.00-14.00	Additional Needs Swimming Lessons
14.15-15.00	Family Fun Swim
15:15 – 16:00	Private Pool Hire (Enquire Now)

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Sunday 2 November– Hydrotherapy Pool	
Time	Session
12.00-12.45	Hydrotherapy Access
12.00-12.45	Hydrotherapy General

Sunday 2 November – Main Pool	
Time	Session
08.15-09.15	Lane Swim
09.30-10.30	Fun Float Swim
10.30-11.30	Fun Float Swim
11.30-12.30	Fun float Swim
12.45-14.45	Lane Swim
19.05-20.05	Lane Swim

Sunday 2 November – Small Pool	
Time	Session
09.30-10.30	Family Fun Swim
10.30-11.30	Family Fun Swim
11.30-12.30	Family Fun Swim
13.00-14.00	Family Fun Swim
15.00-15.45	Private Pool Hire (Enquire Now)

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

For the inflatable fun swim please call **0113 3760398** to book or see a member of the reception team to book a place.