

Please note swimming sessions are currently <u>non-bookable</u> (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our <u>Facebook</u> page for any recent timetable changes. **For session descriptions please visit <u>active.leeds.gov.uk/swimming</u>**

Cost

Adult. £6.30 Standard, £5.60 Leedscard, £4.90 Leedscard 60 (Peak), £3.60 Leedscard 60 (Off Peak), £3.00 Leedscard Extra (Peak), £2.40 Leedscard Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

R = restricted lanes, pool may be shared with another booking

Monday 27 October – Main Pool	
Time	Session
08:00 - 09:00	Lane Swim
09:45 – 10:30	Aqua Aerobics
10:45 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19.15 – 20.00	Aqua Zumba
20:15 – 21:15	Lane Swim

Monday 27 October – Small Pool		
Time	Session	
09:15 – 09:45	Adult and Child Swimming Lesson	
10:45 – 12:15	Family Swim	
12:30 – 13:15	Family Swim	
13:30 – 14:30	Family Swim	
15:45 – 18:45	Junior Swimming Lessons	

Tuesday 28 October – Main Pool		
Time	Session	
08:00 - 09:00	Lane Swim	
09:15 – 11:00	Intensive Swimming Lessons (See Holiday Timetable)	
11:15 – 12:15	Fun Swim	
12:30 – 13:15	Lane Swim	
13:30 – 14:15	Fun Swim	
15:45 – 19:00	Junior Swimming Lessons	
20:30 – 21:15	Lane Swim	



Tuesday 28 October – Small Pool		
Time	Session	
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)	
11:15 – 12:15	Family Swim	
12:30 – 13:15	Family Swim	
13:30 – 14:15	Family Swim	
15:45 – 19:00	Junior Swimming Lessons	

Wednesday 29 October – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:15	1-1 Swimming Lesson
15:45 – 18:00	Junior Swimming Lessons
18:00 – 18:45	Disability Swim
19:00 – 20:00	Adult Swimming Lessons
20:30 – 21:30	Lane Swim

Wednesday 29 October – Small Pool		
Time	Session	
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)	
11:15 – 12:15	Family Swim	
12:30 – 13:15	Family Swim	
13:30 – 14:30	Family Swim	
15:45 – 18:00	Junior Swimming Lessons	

Thursday 30 October – Main Pool	
Time	Session
08:00 - 09:00	Lane Swim
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:30	Fun Swim
14:45 – 15:45	1-1 Swimming Lesson
15:45 – 19:00	Junior Swimming Lessons
20:30 – 21:15	Female Only Public Swim 2 Lanes



Thursday 30 October – Small Pool		
Time	Session	
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)	
11:15 – 12:00	Family Swim	
12:15 – 12:45	Adult & Child swimming Lesson	
13:30 – 14:30	Family swim	
15:45 – 19:00	Junior Swimming Lessons	

Friday 31 October - Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 11:00	Intensive Swimming lessons (See Holiday Timetable)
11:15 – 12:15	Fun Swim
12:30 – 13:15	Lane Swim
13:30 – 14:15	Fun Swim
14:30 – 15:15	Aqua Mobility
15:45 – 18:00	Junior Swimming Lessons
18:15 – 19:00	Public Swim (with 2 Lanes)
19:15 – 20.00	Aqua Aerobics
20:15 – 21.00	Lane Swim

Friday 31 October – Small Pool		
	Time	Session
09:15 - 11:00		Intensive Swimming lessons (See Holiday Timetable)
11:15 – 12:15		Family Swim
12:30 – 13:15		Family Swim
13:30 – 14:15		Family Swim
15:45 – 18:00		Junior Swimming Lessons

Saturday 1 November – Main Pool		
Time	Session	
08:30 – 12:15	Junior Swimming Lessons	
12:30 – 13:30	Family Fun Swim	
13:45 – 14:45	Public Swim (with 2 Lanes)	
15:00 – 15.45	Lane Swim	

Saturday 1 November – Small Pool	
Time	Session
08:30 – 12:15	Junior Swimming Lessons
12:30 – 13:30	Family Fun Swim



Sunday 2 November – Main Pool		
Time	Session	
08:30 – 09:15	Lane Swim	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Public Swim (with 2 lanes)	
12:30 – 13:30	Lane Swim	
13:45 – 14:45	Family Fun Swim	
15:00 – 15:45	Female Only Family Swim	
16:00 – 16:45	Female Only Public Swim (with 3 Lanes)	

Sunday 2 November – Small Pool		
Time	Session	
09:30 – 10:15	SENsory Family Fun Swim	
10:30 – 12:15	Family Swim	
13:45 – 14:45	Family Fun Swim	

For session descriptions please visit active.leeds.gov.uk/swimming

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk