

Swimming Timetable October Half Term; 27 October - 2 November 25

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. For session descriptions please visit active.leeds.gov.uk/swimming

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

*Inflatable Session – £3.00 for all Juniors, limited spaces (Bookable in advance)

R = restricted lanes, pool may be shared with another booking

Monday – Main Pool	
Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:15 - 10:00	Aqua Aerobics
10:10 - 11:10	STA Award course (bookable)
11:15 - 12:00	Public Swim
12:05 - 12:50	Lane Swim
13:00 - 13:45	Adult Width Swim
13:45 - 14:30	Aqua Mobility
14:45 - 15:45	STA 50p Swimming lessons (bookable online)
15:45 - 18:00	Junior Swimming Lessons
18:10 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:15 - 20:15	Female Only Lane Swim
20:30 - 21:30	Lane Swim

Monday – Small Pool	
Time	Session
09:00 - 09:45	Fun Swim
10:00 - 10:30	Adult & Child Swimming Lessons
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:30 - 12:00	Adult & Child Swimming Lessons
12:00 - 12:45	Fun Swim
13:00 - 14:30	Adult & Child Swimming Lessons
15:45 - 18:00	Junior Swimming Lessons

Tuesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Aerobics
10:00 - 10:50	Fun Swim
10:55 - 11:55	STA 50p Swimming lessons (bookable online)
12:00 - 12:50	Lane Swim
13:15 - 14:05	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
14:25 - 15:15	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:30	Lane Swim
20:30 - 21:30	SwimFit

Tuesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
13:10 - 14:00	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Wednesday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
09:50 - 10:50	Disability Swim
10:50 - 11:50	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:50	Lane Swim
13:15 - 14:05	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
14:25 - 15:15	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Public Swim (with 1 Lane)
19:00 - 20:25	Kippax SC
20:30 - 21:30	Lane Swim

Wednesday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:00 - 11:30	Adult & Child Swimming Lessons
11:45 - 12:45	Fun Swim
13:15 - 14:05	Fun Swim
15:45 - 19:00	Junior Swimming Lessons

Thursday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:00	Lane Swim
09:05 - 09:50	Aqua Zumba
10:05 - 10:50	Public Swim (with 1 lane)
10:50 - 11:50	Intensive Swimming Lessons (see holiday timetable)
12:00 - 12:50	Lane Swim
13:15 - 14:05	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
14:25 - 15:15	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:15	Public Swim (with 1 Lane)
19:30 - 20:15	Aqua Aerobics
20:30 - 21:30	Lane swim

Thursday – Small Pool

Time	Session
09:00 - 10:00	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
15:45 - 18:00	Junior Swimming Lessons

Friday – Main Pool

Time	Session
06:45 - 07:45	Lane Swim
08:00 - 09:45	Lane Swim
10:15 - 11:20	Adult Swimming Lessons
12:00 - 12:50	Lane Swim
13:15 - 14:10	*Inflatable Fun Swim (8-16yr olds only) BOOKABLE
14:30 - 15:30	Staff Training
15:45 - 18:00	Junior Swimming Lessons
18:00 - 19:10	Junior Swimming Lesson – Stage 8 Competitive
19:30 - 21:00	Lane Swim

Friday – Small Pool

Time	Session
09:00 - 09:45	Fun Swim
10:30 - 11:30	Intensive Swimming Lessons (see holiday timetable)
11:45 - 12:45	Fun Swim
15:45 - 18:00	Junior Swimming Lessons
18:15 - 19:00	Fun Swim

Saturday – Main Pool	
Time	Time
06:45 - 07:45	Lane Swim
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Public Swim (with 1 Lane)
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Lane Swim

Saturday – Small Pool	
Time	Session
08:00 - 12:45	Junior Swimming Lessons
13:00 - 14:15	Fun Swim
14:30 - 15:15	Private Party Hire (Enquire Now!)
15:45 - 16:30	Fun Swim

Sunday – Main Pool	
Time	Session
08:45 - 09:45	Lane Swim
10:00 - 11:00	Public Swim (with 1 Lane)
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Public Swim (with 1 Lane)
13:30 - 14:30	Lane Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)

Sunday – Small Pool	
Time	Session
08:45 - 09:45	Fun Swim
10:00 - 11:00	Fun Swim
11:05 - 12:10	Junior Swimming Lessons
12:15 - 13:15	Fun Swim
13:30 - 14:30	Fun Swim
15:00 - 15:45	Private Party Hire (Enquire Now!)
16:00 - 16:45	SENSory Family Fun Swim

For session descriptions please visit active.leeds.gov.uk/swimming

For the inflatable fun swim please call **0113 3760398** to book or see a member of the reception team to book a place.

For junior holiday activities & holiday lesson information please visit active.leeds.gov.uk

STA 50p swimming lessons are delivered as part of the swim teachers qualification to allow candidates to complete their practical course element, please visit <https://shorturl.at/2LWg4>