

Please note swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility & Hydro Pool), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit active.leeds.gov.uk/swimming**

Cost

Adult. £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

Junior. £3.00 Standard, U3s Free

Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.

Monday 22 December – Main Pool

Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim
15:30 – 16:30	Public Swim (with 1 lane)
16:45 – 17:45	Lane Swim
18:00 – 19:00	Public Swim (with 1 lane)
19:15 – 20:15	Disability Swim
20:30 – 21:30	Lane Swim

Monday 22 December – Small Pool

Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim
15:30 – 16:30	Family Fun Swim
16:45 – 17:45	Family Fun Swim
18:00 – 19:00	Family Fun Swim

Monday 22 December – Hydro Pool

Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required
18:00 – 18:35	Pre-bookable via reception – screening required

Tuesday 23 December – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim
13:30 – 14:30	Public Swim (with 1 lane)
15:30 – 16:30	Public Swim (with 1 lane)
16:45 – 17:45	Lane Swim
18:00 – 19:00	Public Swim (with 1 lane)
19:15 – 20:15	Female Lane Swim
20:30 – 21:30	Lane Swim

Tuesday 23 December – Small Pool	
Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim
13:30 – 14:30	Family Fun Swim
15:30 – 16:30	Family Fun Swim
16:45 – 17:45	Family Fun Swim
18:00 – 19:00	Family Fun Swim

Tuesday 23 December – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required
13:30 – 14:00	Pre-bookable via reception – screening required
18:00 – 18:30	Pre-bookable via reception – screening required

Wednesday 24 December – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim

Wednesday 24 December – Small Pool	
Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim

Wednesday 24 December – Hydro Pool	
Time	Session
12:05 – 12:35	Pre-bookable via reception – screening required

Thursday 25 December
CLOSED

Friday 26 December
CLOSED

Saturday 27 December – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 10:15	Public Swim (with 1 lane)
10:30 – 11:30	Public Swim (with 1 lane)

Saturday 27 December – Small Pool	
Time	Session
08:00 – 09:00	Family Fun Swim
09:15 – 10:15	Family Fun Swim
10:30 – 11:30	Family Fun Swim

Sunday 28 December– Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 10:15	Public Swim (with 1 lane)
10:30 – 11:30	Public Swim (with 1 lane)

Sunday 28 December – Small Pool	
Time	Session
08:00 – 09:00	Family Fun Swim
09:15 – 10:15	Family Fun Swim
10:30 – 11:30	Family Fun Swim

Monday 29 December – Main Pool

Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim
13:30 – 14:30	Lane Swim
14:45 – 15:30	Public Swim (with 1 lane)

Monday 29 December – Small Pool

Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim
13:30 – 14:30	Family Fun Swim
14:45 – 15:30	Family Fun Swim

Monday 29 December – Hydro Pool

Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required

Tuesday 30 December – Main Pool

Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim
13:30 – 14:30	Lane Swim
14:45 – 15:30	Public Swim (with 1 lane)

Tuesday 30 December – Small Pool

Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim
13:30 – 14:30	Family Fun Swim
14:45 – 15:30	Family Fun Swim

Tuesday 30 December – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required

Wednesday 31 December – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim

Wednesday 31 December – Small Pool	
Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim

Wednesday 31 December – Hydro Pool	
Time	Session
12:05 – 12:35	Pre-bookable via reception – screening required

Thursday 1 January	
CLOSED	

Friday 2 January – Main Pool	
Time	Session
07:00 – 08:00	Lane Swim
08:00 – 09:30	British Triathlon (Private Booking)
09:45 – 10:45	Public Swim (with 1 lane)
11:00 – 12:00	Public Swim (with 1 lane)
12:15 – 13:15	Lane Swim
13:30 – 14:30	Lane Swim (with 1 lane)
14:45 – 15:30	Public Swim (with 1 lane)

Friday 2 January – Small Pool	
Time	Session
09:45 – 10:45	Family Fun Swim
11:00 – 12:00	Family Fun Swim
12:15 – 13:15	Family Fun Swim
13:30 – 14:30	Family Fun Swim
14:45 – 15:30	Family Fun Swim

Friday 2 January – Hydro Pool	
Time	Session
10:30 – 11:00	Pre-bookable via reception – screening required
12:05 – 12:35	Pre-bookable via reception – screening required

Saturday 3 January – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 10:15	Public Swim (with 1 lane)
10:30 – 11:30	Public Swim (with 1 lane)

Saturday 3 January – Small Pool	
Time	Session
08:00 – 09:00	Family Fun Swim
09:15 – 10:15	Family Fun Swim
10:30 – 11:30	Family Fun Swim

Sunday 4 January – Main Pool	
Time	Session
08:00 – 09:00	Lane Swim
09:15 – 10:15	Public Swim (with 1 lane)
10:30 – 11:30	Public Swim (with 1 lane)

Sunday 4 January – Small Pool	
Time	Session
08:00 – 09:00	Family Fun Swim
09:15 – 10:15	Family Fun Swim
10:30 – 11:30	Family Fun Swim

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