

**Swimming Timetable**  
**Easter Holidays 3 – 19 April 2026**

Please note Swimming sessions are currently **non-bookable** (except Aqua Aerobics/Mobility), please arrive 15 minutes before the session to check in at reception. Please check our [Facebook](#) page for any recent timetable changes. **For session descriptions please visit [active.leeds.gov.uk/Swimming](http://active.leeds.gov.uk/Swimming)**

**Cost**

**Adult.** £6.30 Standard, £5.60 Leeds card, £4.90 Leeds card 60 (Peak), £3.60 Leeds card 60 (Off Peak), £3.00 Leeds card Extra (Peak), £2.40 Leeds card Extra (Off Peak)

**Junior.** £3.00 Standard, U3s Free

*Peak. After 16.00 weekdays. Off Peak. opening - 16.00 weekdays & all weekend.*

| Friday 3 April – Main Pool (GOOD FRIDAY) |   |
|--|---|
| Time                                     | Session                                       |
| 07:00 – 08:00                            | Lane Swim                                     |
| 08:00 – 09:30                            | British Triathlon (Private Booking)           |
| 08:15 – 09:15                            | Lane Swim (with 2 Lanes – Restricted Numbers) |
| 09:30 – 10:30                            | Float Fun Swim                                |
| 10:45 – 11:45                            | Public Swim (with 1 Lane)                     |

| Friday 3 April – Small Pool (GOOD FRIDAY) |                 |
|---|-----------------|
| Time                                      | Session         |
| 09:30 – 10:30                             | Family Fun Swim |
| 10:45 – 11:45                             | Family Fun Swim |

| Friday 3 April – Hydrotherapy Pool (GOOD FRIDAY) |   |
|--|---|
| Time   | Session   |
| 11:00 – 11:30                                    | Pre-bookable via reception – screening required |

| Saturday 4 April – Main Pool |                                       |
|------------------------------|---------------------------------------|
| Time                         | Session                               |
| 08:00 – 12:00                | Junior Swimming Lessons               |
| 11:25 – 11:55                | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                | Lane Swim                             |
| 13:30 – 14:30                | Public Swim (with 1 lane)             |
| 14:45 – 15:45                | Float Fun Swim                        |
| 16:00 – 16:45                | Public Swim (with 1 lane)             |
| 17:00 – 18:00                | Lane Swim                             |

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| <b>Saturday 4 April– Small Pool</b> |                                       |
|-------------------------------------|---------------------------------------|
| Time                                | Session                               |
| 08:00 – 12:00                       | Junior Swimming Lessons               |
| 11:25 – 11:55                       | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                       | Family Fun Swim                       |
| 13:30 – 14:30                       | Family Fun Swim                       |
| 14:45 – 15:45                       | Family Fun Swim                       |
| 16:00 – 16:45                       | Family Fun Swim                       |

| <b>Saturday 4 April - Hydrotherapy Pool</b> |   |
|---|---|
| Time  | Session   |
| 13:15 – 13:45                               | Pre-bookable via reception – screening required |

| <b>Sunday 5 April – Main Pool (EASTER SUNDAY)</b> |   |
|---|---|
| Time  | Session                                       |
| 08:00 – 08:55                                     | Lane Swim                                     |
| 09:00 – 10:00                                     | Public Swim (with 1 lane)                     |
| 10:15 – 11:15                                     | Float Fun Swim                                |
| 11:30 – 12:30                                     | Lane Swim                                     |
| 12:45 – 13:45                                     | Float Fun Swim                                |
| 14:00 – 15:00                                     | Float Fun Swim                                |
| 15:15 – 16:00                                     | Public Swim (1 lane)                          |
| 16:15 – 17:00                                     | Private Party Hire / Staff Training           |
| 17:15 – 18:15                                     | Junior Swimming Lessons                       |
| 17:30 – 18:15                                     | Lane Swim (with 2 Lanes – Restricted Numbers) |
| 18:30 – 19:30                                     | Lane Swim                                     |

| <b>Sunday 5 April – Small Pool (EASTER SUNDAY)</b> |                                     |
|--|-------------------------------------|
| Time   | Session                             |
| 09:00 – 10:00                                      | Family Fun Swim                     |
| 10:15 – 11:15                                      | Family Fun Swim                     |
| 11:30 – 12:30                                      | Family Fun Swim                     |
| 12:45 – 13:45                                      | Family Fun Swim                     |
| 14:00 – 15:00                                      | Family Fun Swim                     |
| 15:15 – 16:00                                      | Family Fun Swim                     |
| 16:15 – 17:00                                      | Private Party Hire / Staff Training |

| <b>Sunday 5 April– Hydrotherapy Pool (EASTER SUNDAY)</b> |   |
|--|---|
| Time   | Session   |
| 09:45 – 10:15  | Pre-bookable via reception – screening required |
| 11:30 – 12:00  | Pre-bookable via reception – screening required |

**Swimming Timetable**  
**Easter Holidays 3 – 19 April 2026**

| <b>Monday 6 April – Main Pool (EASTER MONDAY)</b> |   |
|---|---|
| Time  | Session                                       |
| 07:00 – 08:00                                     | Lane Swim                                     |
| 08:00 – 09:30                                     | British Triathlon (Private Booking)           |
| 08:15 – 09:15                                     | Lane Swim (with 2 Lanes – Restricted Numbers) |
| 09:30 – 10:30                                     | Float Fun Swim                                |
| 10:45 – 11:45                                     | Public Swim (with 1 Lane)                     |

| <b>Monday 6 April – Small Pool (EASTER MONDAY)</b> |                 |
|--|-----------------|
| Time   | Session         |
| 09:30 – 10:30                                      | Family Fun Swim |
| 10:45 – 11:45                                      | Family Fun Swim |

| <b>Monday 6 April – Hydrotherapy Pool (EASTER MONDAY)</b> |   |
|---|---|
| Time  | Session   |
| 10:30 – 11:00   | Pre-bookable via reception – screening required |

| <b>Tuesday 7 April – Main Pool</b> |  |
|------------------------------------|--|
| Time                               | Session  |
| 07:00 – 08:00                      | Lane Swim  |
| 08:00 – 09:30                      | British Triathlon (Private Booking)                |
| 08:15 – 09:15                      | Lane Swim (with 2 lanes – Restricted Numbers)      |
| 09:30 – 10:30                      | Adult Swimming Lessons                             |
| 10:30 – 11:45                      | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                      | Lane Swim  |
| 13:15 – 14:00                      | Fun Swim   |
| 14:15 – 15:00                      | Aqua Mobility                                      |
| 15:45 – 18:00                      | Junior Swimming Lessons                            |
| 18:10 – 19:10                      | Public Swim (with 1 Lane)                          |
| 19:15 – 20:15                      | Female Lane Swim*                                  |
| 20:30 – 21:30                      | Lane Swim  |

\*male & female lifeguards on duty

| <b>Tuesday 7 April – Small Pool</b> |  |
|-------------------------------------|--|
| Time                                | Session  |
| 09:30 – 10:30                       | Family Fun Swim                                    |
| 10:30 – 11:45                       | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                       | Family Fun Swim                                    |
| 13:15 – 14:45                       | Parent & Child Swimming Lessons                    |
| 15:45 – 18:15                       | Junior Swimming Lessons                            |
| 18:20 – 19:15                       | Family Fun Swim                                    |

**Swimming Timetable**  
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| <b>Tuesday 7 April – Hydrotherapy Pool</b> |   |
|--|---|
| Time                                       | Session   |
| 10:30 – 11:00                              | Pre-bookable via reception – screening required |
| 12:05 – 12:35                              | Pre-bookable via reception – screening required |
| 13:30 – 14:00                              | Pre-bookable via reception – screening required |
| 18:00 – 18:30                              | Pre-bookable via reception – screening required |

| <b>Wednesday 8 April – Main Pool</b> |  |
|--------------------------------------|--|
| Time                                 | Session  |
| 07:00 – 08:00                        | Lane Swim  |
| 08:00 – 09:30                        | British Triathlon (Private Booking)                |
| 08:15 – 09:15                        | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30                        | Float Fun Swim                                     |
| 10:30 – 11:45                        | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                        | Lane Swim  |
| 13:15 – 14:00                        | Fun Swim   |
| 14:00 – 15:00                        | Sports Camp & Swim (PreBookable)                   |
| 15:45 – 19:00                        | Junior Swimming Lessons                            |
| 19:00 – 19:30                        | Adult Swimming Lessons                             |
| 19:45 – 20:45                        | Leeds & Bradford Triathlon Club (Private Booking)  |
| 20:45 – 21:30                        | Lane Swim  |

| <b>Wednesday 8 April – Small Pool</b> |  |
|---------------------------------------|--|
| Time                                  | Session  |
| 09:30 – 10:30                         | Family Fun Swim                                    |
| 10:30 – 11:45                         | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                         | Family Fun Swim                                    |
| 13:15 – 14:00                         | Family Fun Swim                                    |
| 15:00 – 18:15                         | Junior Swimming Lessons                            |
| 18:20 – 19:15                         | Family Fun Swim                                    |

| <b>Wednesday 8 April – Hydrotherapy Pool</b> |   |
|--|---|
| Time   | Session   |
| 12:05 – 12:35                                | Pre-bookable via reception – screening required |
| 18:00 – 18:30                                | Pre-bookable via reception – screening required |

**Swimming Timetable**  
**Easter Holidays 3 – 19 April 2026**

| <b>Thursday 9 April – Main Pool</b> |  |
|-------------------------------------|--|
| Time                                | Session  |
| 07:00 – 08:00                       | Lane Swim  |
| 08:00 – 09:30                       | British Triathlon (Private Booking)                |
| 08:15 – 09:15                       | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:15                       | Aqua Aerobics                                      |
| 10:30 – 11:45                       | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                       | Lane Swim  |
| 13:15 – 14:00                       | Fun Swim   |
| 14:15 – 15:00                       | Disability Swim                                    |
| 15:45 – 18:00                       | Junior Swimming Lessons                            |
| 18:10 – 19:10                       | Public Swim (with 1 Lane)                          |
| 19:15 – 20:00                       | Aqua Aerobics                                      |
| 20:10 – 21:10                       | Female Only Public Swim (with 1 Lane)              |
| 21:15 – 22:00                       | Lane Swim  |

| <b>Thursday 9 April – Small Pool</b> |  |
|--------------------------------------|--|
| Time                                 | Session  |
| 09:30 – 10:30                        | Family Fun Swim                                    |
| 10:30 – 11:45                        | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                        | Family Fun Swim                                    |
| 13:05 – 18:15                        | Junior Swimming Lessons                            |
| 18:20 – 19:15                        | Family Fun Swim                                    |

| <b>Thursday 9 April – Hydrotherapy Pool</b> |   |
|---|---|
| Time  | Session   |
| 12:05 – 12:35                               | Pre-bookable via reception – screening required |
| 13:30 – 14:00                               | Pre-bookable via reception – screening required |
| 18:00 – 18:30                               | Pre-bookable via reception – screening required |

| <b>Friday 10 April – Main Pool</b> |  |
|------------------------------------|--|
| Time                               | Session  |
| 07:00 – 08:00                      | Lane Swim  |
| 08:00 – 09:30                      | British Triathlon (Private Booking)                |
| 08:15 – 09:15                      | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30                      | Float Fun Swim                                     |
| 10:30 – 11:45                      | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                      | Lane Swim  |
| 13:15 – 14:00                      | Public Swim (with 1 Lane)                          |
| 14:15 – 15:15                      | Fun Swim   |
| 15:45 – 18:00                      | Junior Swimming Lessons                            |
| 18:10 – 19:10                      | Public Swim (with 1 Lane)                          |
| 19:15 – 20:00                      | Lane Swim  |
| 20:15 – 21:15                      | Leeds & Bradford Triathlon Club (Private Booking)  |

**Swimming Timetable**  
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| Friday 10 April – Small Pool |  |
|------------------------------|--|
| Time                         | Session  |
| 09:30 – 10:30                | Family Fun Swim                                    |
| 10:30 – 11:45                | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                | Family Fun Swim                                    |
| 13:15 – 14:00                | Family Fun Swim                                    |
| 14:15 – 15:15                | Family Fun Swim                                    |
| 15:45 – 18:15                | Junior Swimming Lessons                            |
| 18:20 – 19:15                | Family Fun Swim                                    |

| Friday 10 April – Hydrotherapy Pool |   |
|-------------------------------------|---|
| Time                                | Session   |
| 11:00 – 11:30                       | Pre-bookable via reception – screening required |
| 12:05 – 12:35                       | Pre-bookable via reception – screening required |

| Saturday 11 April – Main Pool |                                       |
|-------------------------------|---------------------------------------|
| Time                          | Session                               |
| 08:00 – 12:00                 | Junior Swimming Lessons               |
| 11:25 – 11:55                 | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                 | Lane Swim                             |
| 13:30 – 14:30                 | Public Swim (with 1 lane)             |
| 14:45 – 15:45                 | Float Fun Swim                        |
| 16:00 – 16:45                 | Public Swim (with 1 lane)             |
| 17:00 – 18:00                 | Lane Swim                             |

| Saturday 11 April – Small Pool |                                       |
|--------------------------------|---------------------------------------|
| Time                           | Session                               |
| 08:00 – 12:00                  | Junior Swimming Lessons               |
| 11:25 – 11:55                  | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                  | Family Fun Swim                       |
| 13:30 – 14:30                  | Family Fun Swim                       |
| 14:45 – 15:45                  | Family Fun Swim                       |
| 16:00 – 16:45                  | Family Fun Swim                       |

| Saturday 11 April - Hydrotherapy Pool |   |
|---------------------------------------|---|
| Time                                  | Session   |
| 13:15 – 13:45                         | Pre-bookable via reception – screening required |

**Swimming Timetable**  
**Easter Holidays 3 – 19 April 2026**

| Sunday 12 April – Main Pool |   |
|-----------------------------|---|
| Time                        | Session                                       |
| 08:00 – 08:55               | Lane Swim                                     |
| 09:00 – 10:00               | Public Swim (with 1 lane)                     |
| 10:15 – 11:15               | Float Fun Swim                                |
| 11:30 – 12:30               | Lane Swim                                     |
| 12:45 – 13:45               | Float Fun Swim                                |
| 14:00 – 15:00               | Float Fun Swim                                |
| 15:15 – 16:00               | Public Swim (1 lane)                          |
| 16:15 – 17:00               | Private Party Hire / Staff Training           |
| 17:15 – 18:15               | Junior Swimming Lessons                       |
| 17:30 – 18:30               | Lane Swim (with 2 Lanes – Restricted Numbers) |
| 18:30 – 19:30               | Lane Swim                                     |

| Sunday 12 April – Small Pool |                                     |
|------------------------------|-------------------------------------|
| Time                         | Session                             |
| 09:00 – 10:00                | Family Fun Swim                     |
| 10:15 – 11:15                | Family Fun Swim                     |
| 11:30 – 12:30                | Family Fun Swim                     |
| 12:45 – 13:45                | Family Fun Swim                     |
| 14:00 – 15:00                | Family Fun Swim                     |
| 15:15 – 16:00                | Family Fun Swim                     |
| 16:15 – 17:00                | Private Party Hire / Staff Training |

| Sunday 12 April – Hydrotherapy Pool |   |
|-------------------------------------|---|
| Time                                | Session   |
| 09:45 – 10:15                       | Pre-bookable via reception – screening required |
| 11:30 – 12:00                       | Pre-bookable via reception – screening required |

| Monday 13 April – Main Pool |  |
|-----------------------------|--|
| Time                        | Session  |
| 07:00 – 08:00               | Lane Swim  |
| 08:00 – 09:30               | British Triathlon (Private Booking)                |
| 08:15 – 09:15               | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30               | Float Fun Swim                                     |
| 10:30 – 11:45               | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05               | Lane Swim  |
| 13:15 – 14:00               | Fun Swim   |
| 14:15 – 15:00               | Lane Swim  |
| 15:45 – 19:05               | Junior Swimming Lessons                            |
| 19:15 – 20:15               | Disability Swim                                    |
| 20:30 – 21:45               | Lane Swim  |

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| <b>Monday 13 April – Small Pool</b> |  |
|-------------------------------------|--|
| Time                                | Session  |
| 09:30 – 10:30                       | Family Fun Swim                                    |
| 10:30 – 11:45                       | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                       | Family Fun Swim                                    |
| 13:20 – 15:00                       | Parent & Child Swimming Lessons                    |
| 15:45 – 18:15                       | Junior Swimming Lessons                            |
| 18:20 – 19:15                       | Family Fun Swim                                    |

| <b>Monday 13 April – Hydrotherapy Pool</b> |   |
|--|---|
| Time                                       | Session   |
| 10:30 – 11:00                              | Pre-bookable via reception – screening required |
| 12:05 – 12:35                              | Pre-bookable via reception – screening required |
| 18:00 – 18:30                              | Pre-bookable via reception – screening required |

| <b>Tuesday 14 April – Main Pool</b> |  |
|-------------------------------------|--|
| Time                                | Session  |
| 07:00 – 08:00                       | Lane Swim  |
| 08:00 – 09:30                       | British Triathlon (Private Booking)                |
| 08:15 – 09:15                       | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30                       | Adult Swimming Lessons                             |
| 10:30 – 11:45                       | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                       | Lane Swim  |
| 13:15 – 14:00                       | Fun Swim   |
| 14:15 – 15:00                       | Aqua Mobility                                      |
| 15:45 – 18:00                       | Junior Swimming Lessons                            |
| 18:10 – 19:10                       | Public Swim (with 1 Lane)                          |
| 19:15 – 20:15                       | Female Lane Swim*                                  |
| 20:30 – 21:30                       | Lane Swim  |

\*male & female lifeguards on duty

| <b>Tuesday 14 April – Small Pool</b> |  |
|--------------------------------------|--|
| Time                                 | Session  |
| 09:30 – 10:30                        | Family Fun Swim                                    |
| 10:30 – 11:45                        | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                        | Family Fun Swim                                    |
| 13:15 – 14:45                        | Parent & Child Swimming Lessons                    |
| 15:45 – 18:15                        | Junior Swimming Lessons                            |
| 18:20 – 19:15                        | Family Fun Swim                                    |

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| <b>Tuesday 14 April – Hydrotherapy Pool</b> |   |
|---|---|
| Time  | Session   |
| 10:30 – 11:00                               | Pre-bookable via reception – screening required |
| 12:05 – 12:35                               | Pre-bookable via reception – screening required |
| 13:30 – 14:00                               | Pre-bookable via reception – screening required |
| 18:00 – 18:30                               | Pre-bookable via reception – screening required |

| <b>Wednesday 15 April – Main Pool</b> |  |
|---------------------------------------|--|
| Time                                  | Session  |
| 07:00 – 08:00                         | Lane Swim  |
| 08:00 – 09:30                         | British Triathlon (Private Booking)                |
| 08:15 – 09:15                         | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30                         | Float Fun Swim                                     |
| 10:30 – 11:45                         | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                         | Lane Swim  |
| 13:15 – 14:00                         | Fun Swim   |
| 14:00 – 15:00                         | Sports Camp & Swim (Pre Bookable)                  |
| 15:45 – 18:00                         | Junior Swimming Lessons                            |
| 18:00 – 19:00                         | Staff Training                                     |
| 19:00 – 19:30                         | Adult Swimming Lessons                             |
| 19:45 – 20:45                         | Leeds & Bradford Triathlon Club (Private Booking)  |
| 20:45 – 21:30                         | Lane Swim  |

| <b>Wednesday 15 April – Small Pool</b> |  |
|--|--|
| Time                                   | Session  |
| 09:30 – 10:30                          | Family Fun Swim                                    |
| 10:30 – 11:45                          | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                          | Family Fun Swim                                    |
| 13:15 – 14:00                          | Family Fun Swim                                    |
| 15:00 – 18:15                          | Junior Swimming Lessons                            |
| 18:20 – 19:15                          | Family Fun Swim                                    |

| <b>Wednesday 15 April – Hydrotherapy Pool</b> |   |
|---|---|
| Time  | Session   |
| 12:05 – 12:35                                 | Pre-bookable via reception – screening required |
| 18:00 – 18:30                                 | Pre-bookable via reception – screening required |

**Swimming Timetable**  
**Easter Holidays 3 – 19 April 2026**

| <b>Thursday 16 April – Main Pool</b> |  |
|--------------------------------------|--|
| Time                                 | Session  |
| 07:00 – 08:00                        | Lane Swim  |
| 08:00 – 09:30                        | British Triathlon (Private Booking)                |
| 08:15 – 09:15                        | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:15                        | Aqua Aerobics                                      |
| 10:30 – 11:45                        | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                        | Lane Swim  |
| 13:15 – 14:00                        | Fun Swim   |
| 14:15 – 15:00                        | Disability Swim                                    |
| 15:45 – 18:00                        | Junior Swimming Lessons                            |
| 18:10 – 19:10                        | Public Swim (with 1 Lane)                          |
| 19:15 – 20:00                        | Aqua Aerobics                                      |
| 20:10 – 21:10                        | Female Only Public Swim (with 1 Lane)              |
| 21:15 – 22:00                        | Lane Swim  |

| <b>Thursday 16 April – Small Pool</b> |  |
|---------------------------------------|--|
| Time                                  | Session  |
| 09:30 – 10:30                         | Family Fun Swim                                    |
| 10:30 – 11:45                         | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                         | Family Fun Swim                                    |
| 13:05 – 18:15                         | Junior Swimming Lessons                            |
| 18:20 – 19:15                         | Family Fun Swim                                    |

| <b>Thursday 16 April – Hydrotherapy Pool</b> |   |
|--|---|
| Time   | Session   |
| 12:05 – 12:35                                | Pre-bookable via reception – screening required |
| 13:30 – 14:00                                | Pre-bookable via reception – screening required |
| 18:00 – 18:30                                | Pre-bookable via reception – screening required |

| <b>Friday 17 April – Main Pool</b> |  |
|------------------------------------|--|
| Time                               | Session  |
| 07:00 – 08:00                      | Lane Swim  |
| 08:00 – 09:30                      | British Triathlon (Private Booking)                |
| 08:15 – 09:15                      | Lane Swim (with 2 Lanes – Restricted Numbers)      |
| 09:30 – 10:30                      | Float Fun Swim                                     |
| 10:30 – 11:45                      | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                      | Lane Swim  |
| 13:15 – 14:00                      | Public Swim (with 1 Lane)                          |
| 14:15 – 15:15                      | Fun Swim   |
| 15:45 – 18:00                      | Junior Swimming Lessons                            |
| 18:10 – 19:10                      | Public Swim (with 1 Lane)                          |
| 19:15 – 20:00                      | Lane Swim  |
| 20:15 – 21:15                      | Leeds & Bradford Triathlon Club (Private Booking)  |

**Swimming Timetable**  
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| Friday 17 April – Small Pool |  |
|------------------------------|--|
| Time                         | Session  |
| 09:30 – 10:30                | Family Fun Swim                                    |
| 10:30 – 11:45                | Intensive Swimming Lessons (see holiday timetable) |
| 12:05 – 13:05                | Family Fun Swim                                    |
| 13:15 – 14:00                | Family Fun Swim                                    |
| 14:15 – 15:15                | Family Fun Swim                                    |
| 15:45 – 18:15                | Junior Swimming Lessons                            |
| 18:20 – 19:15                | Family Fun Swim                                    |

| Friday 17 April – Hydrotherapy Pool |   |
|-------------------------------------|---|
| Time                                | Session   |
| 11:00 – 11:30                       | Pre-bookable via reception – screening required |
| 12:05 – 12:35                       | Pre-bookable via reception – screening required |

| Saturday 18 April – Main Pool |                                       |
|-------------------------------|---------------------------------------|
| Time                          | Session                               |
| 08:00 – 12:00                 | Junior Swimming Lessons               |
| 11:25 – 11:55                 | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                 | Lane Swim                             |
| 13:30 – 14:30                 | Public Swim (with 1 lane)             |
| 14:45 – 15:45                 | Float Fun Swim                        |
| 16:00 – 16:45                 | Public Swim (with 1 lane)             |
| 17:00 – 18:00                 | Lane Swim                             |

| Saturday 18 April – Small Pool |                                       |
|--------------------------------|---------------------------------------|
| Time                           | Session                               |
| 08:00 – 12:00                  | Junior Swimming Lessons               |
| 11:25 – 11:55                  | Disability Swimming Lessons (Juniors) |
| 12:15 – 13:15                  | Family Fun Swim                       |
| 13:30 – 14:30                  | Family Fun Swim                       |
| 14:45 – 15:45                  | Family Fun Swim                       |
| 16:00 – 16:45                  | Family Fun Swim                       |

| Saturday 18 April - Hydrotherapy Pool |   |
|---------------------------------------|---|
| Time                                  | Session   |
| 13:15 – 13:45                         | Pre-bookable via reception – screening required |

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| Sunday 19 April – Main Pool |   |
|-----------------------------|---|
| Time                        | Session                                       |
| 08:00 – 08:55               | Lane Swim                                     |
| 09:00 – 10:00               | Public Swim (with 1 lane)                     |
| 10:15 – 11:15               | Float Fun Swim                                |
| 11:30 – 12:30               | Lane Swim                                     |
| 12:45 – 13:45               | Float Fun Swim                                |
| 14:00 – 15:00               | Float Fun Swim                                |
| 15:15 – 16:00               | Public Swim (1 lane)                          |
| 16:15 – 17:00               | Private Party Hire / Staff Training           |
| 17:15 – 18:15               | Junior Swimming Lessons                       |
| 17:30 – 18:30               | Lane Swim (with 2 Lanes – Restricted Numbers) |
| 18:30 – 19:30               | Lane Swim                                     |

| Sunday 19 April – Small Pool |                                     |
|------------------------------|-------------------------------------|
| Time                         | Session                             |
| 09:00 – 10:00                | Family Fun Swim                     |
| 10:15 – 11:15                | Family Fun Swim                     |
| 11:30 – 12:30                | Family Fun Swim                     |
| 12:45 – 13:45                | Family Fun Swim                     |
| 14:00 – 15:00                | Family Fun Swim                     |
| 15:15 – 16:00                | Family Fun Swim                     |
| 16:15 – 17:00                | Private Party Hire / Staff Training |

| Sunday 19 April – Hydrotherapy Pool |   |
|-------------------------------------|---|
| Time                                | Session   |
| 09:45 – 10:15                       | Pre-bookable via reception – screening required |
| 11:30 – 12:00                       | Pre-bookable via reception – screening required |

For session descriptions please visit [active.leeds.gov.uk/swimming](https://active.leeds.gov.uk/swimming)

For junior holiday activities & holiday lesson information please visit [active.leeds.gov.uk](https://active.leeds.gov.uk)