

JUNIOR GYM HOURS

SPRING BANK HALF TERM 2026

AIREBOROUGH

Mon 10.00-13.00
Tues-Thurs 12.00-17.30
Fri 12.00-19.00
Sat & Sun 12.00-15.00

ARMLEY

Mon 10.00-13.00
Tues-Fri 10.00-17.30
Sat & Sun 10.00-12.00

FEARNVILLE

Tues 15.00-18.00
Thurs 15.00-18.00

GARFORTH

Mon 10.00-13.00
Tues-Thurs 12.00-17.30
Fri 12.00-19.00
Sat & Sun 10.00-12.30

HOLT PARK ACTIVE

Mon 10.00-12.00
Tues-Thurs 12.00-17.30
Fri 12.00-19.00
Sat & Sun 11.00-14.00

JOHN CHARLES

Tues - Fri 16.30-18.30

JOHN SMEATON

Mon 10.00-12.00
Tues-Thurs 10.00-12.00 & 15.00-17.30
Tues-Thurs 10.00-12.00 & 15.00-19.00
Sat & Sun 11.00-14.00

MIDDLETON

Mon 10.00-13.00
Tues - Fri 12.00-17.30
Sat & Sun 10.00-13.00

MORLEY

Mon 10.00-12.00
Tues-Thurs 10.00-12.00 & 15.00-17.30
Fri 10.00-12.00 & 15.00-19.00
Sat 11.00-14.00
Sun 11.00-14.00 & 17.00-19.00

PUDSEY

Mon 10.00-12.00
Tues-Thurs 10.00-17.30
Fri 10.00-19.00
Sat & Sun 10.30-13.30

ROTHWELL

Mon 11.00-13.00
Tues-Thurs 10.00-12.00 & 15.00-17.30
Fri 10.00-12.00 & 15.00-19.00
Sat & Sun 11.00-14.00

SCOTT HALL

Mon 09.30-11.30
Tues-Thurs 09.30-11.30 & 15.00-17.30
Fri 09.30-11.30 & 15.00-19.00
Sat & Sun 11.00-14.00

WETHERBY

Mon 10.00-12.00
Tues/Thurs 15.00-17.30
Sun 10.00-12.00